ACHIEVE+

Around Cultural Heritage Investigate European Values with Erasmus+

Cultural Heritage Journal

Let's Find out Cultural Heritage of the following European countries: Portugal, Greece, Czech Republic, Italy, Romania and Bulgaria



Website: http://twinspace.etwinning.net/74790





The Achieve+ team organised several international meetings: five short-term exchanges of groups of pupils and one short join staff training event. Several topics were discussed during the activities: monuments, religion, cultural and social environment, traditional arts and crafts, festivals, local cuisine and historical characters, legends, web 2.0 tools to create educational IT games, just to give some examples. In the following pages, you can find this and our **DNA encyclopaedia of European Monuments**, our Traditional European Cookbook and our Book of European Legends.

Agrupamento de Escolas de Idães, Felgueiras - Portugal



"Teaching through Cultural Heritage!"

1st meeting - Short Join Staff Training Event C6 meeting in Idães, Portugal
13.11 - 19.11.2018
(PROJECT WORKING DAYS 14.11 - 18.11.2018)



2018 – 2021

Website: http://twinspace.etwinning.net/74790



JOINT STAFF TRAINING EVENT AT IDÃES CONSORTIUM OF SCHOOLS PORTUGAL

The first "Transnational Meeting" took place in Portugal, from 15th to 19th October 2018.

Teachers working in six different schools in different countries – Portugal, Greece, Italy, Romania, Czech Republic and Bulgaria – gathered at School Cluster of Idães in Felgueiras, Portugal, for the first transnational meeting of the **Erasmus+ "ACHIEVE+" Project**, where they had the opportunity to articulate multidisciplinary knowledge and share different pedagogical experiences. They got to know each others' cultures. They shared innovative practices and developed their language and IT skills.

During this week, partners were offered a wide variety of activities which main theme was European Cultural Heritage: Kick off Meeting/International Conference "Achieve+ conference" / Teacher Training About eTwinning / Teacher Training in Curricular Flexibility and CLIL Methodology / Teacher Training - Romanesque Route and Romanesque Interpretive Center/ Cultural Activities in Felgueiras, Guimarães and Porto.

It was a memorable week. There was time to work, to learn, to share and to create bonds. Despite a little rain, the energy, the smiles, the complicity went on all week long.

School visit – getting acquainted with school facilities / meeting with the school management





**Kick off Meeting (1st project meeting) - discuss strategies for creating, publishing and evaluating main products implementation details, managing, disseminating and evaluating results, and how to ensure project sustainability.

**Attending CLIL and Flexible Curriculum class

Training sessions for teachers: - the teachers from the partner schools (Greece, Italy Czech Republic, Romania and Bulgaria) participated in some activities and attended a Maths and Art class where CLIL and Flexible Curriculum methodologies were used. There was the opportunity to demonstrate and share different and innovative pedagogical methodologies, like CLIL and Flexible Curriculum approaches, which can improve the quality of the learning process in order to meet the pupils' needs.







Results: to expand teachers' knowledge about European teaching / learning standards in Portuguese schools, sharing effective CLIL and Curricular Flexibility methods with intention of implementing some ideas in their schools. Teachers will be trained on the newest tools which are useful for project implementation.

Benefits for teachers: They have learnt different methods related to the curriculum and CLIL flexibility programme and will be able to use them in their school work. All partners are interested in innovative teaching methods that can increase education levels in each of the partner schools.

** 2nd project meeting – (preparing 1^{st} year activity, and implementation details):

Define all first year's activities: creation of an eTwinning working platform; Logo contest; Mascot contest; Newsletter; Cultural Heritage Journal; "Let's create a Monumental Postcard"; Mini multilingual dictionary "DNA Encyclopaedia"; "My mask has history"; Glossaries; Educational games "Play with monuments"; Learning/ Teaching activities.

Tuesday, October 16th

Meeting with local educational authorities and visiting a traditional sponge cake factory - cultural heritage of the hosting country - 'Sharing the roots and finding common European heritage'.

- Town councillor responsible for Culture and Education, Ms Ana Medeiros, held a meeting with the team of the Project Erasmus + Achieve+ at the Town Hall. There were 20 teachers from Portugal, Greece, Czech Republic, Romania, Italy and Bulgaria.
- The town councillor welcomed the teachers and highlighted the importance of these projects in the development of the educational process. She also emphasized that the municipality of Felgueiras has a lot of touristic attractions and invited everybody to come back in order to enjoy its natural and cultural treasures.
- A promotional film about the natural, historical and cultural heritage of Felgueiras was exhibited.



Visiting a traditional sponge cake factory - cultural heritage of

the hosting country

• Teachers visited the *Pão de Ló* (traditional sponge cake) factory in Margaride.

Factory and Museum of Pão de Ló de Margaride

It is a delicious sponge cake that dates back about 300 years.





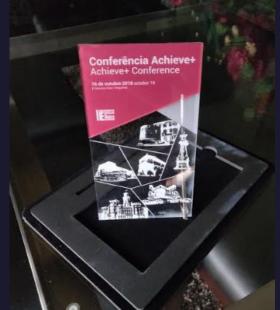
** International Achieve+ Conference - Training sessions for teachers, Students, Parents and Local community

On October 16th, 2018, the Idães Consortium of Schools organized an international Achieve+ conference at the county's theatre "Casa das Artes". This conference was an opportunity to share and improve participant's knowledge and ideas about Cultural Heritage of the following European countries: Portugal, Greece, Czech Republic, Romania, Italy and Bulgaria.

This event was accredited by the school association training center (CFAE), as part of the teacher training and professional development.







This event witnessed the participation of 141 attendees, mainly students, teachers, parents and tutors, workers in tourism and citizens who are interested in cultural heritage. There were also 19 teachers from Greece, Czech Republic, Romania, Italy and Bulgaria.





Speakers at the opening ceremony included: the Culture and Education Deputy Mayor Councillor, Ms Ana Medeiros; the European Projects teacher coordinator, Ms Daniela Guimarães; the president of the General Council of the Idães Consortium of Schools, Mr Nuno Rocha; the Idães Consortium of Schools headmaster, Mr Amândio Azevedo; and considering the training quality of this event, the school association training center (CFAE) director, Mr António Campos. They all talked about the importance of this type of events.



• On the second part of the conference, six speakers, including teachers from foreign countries and the responsible for the touristic and cultural development of the "Romanesque Route" Project, talked about the diversity of European Cultural Heritage. Several topics were covered: monuments, religion; cultural and social environment; traditional arts and crafts; festivals; local cuisine; historical characters.





Bulgaria

Name of speaker: Mariana Moneva

Mrs. Mariana Moneva has been teaching English both children and adults for more than 15 years. She is a member of the Bulgarian English Teachers Association. She works on both national and international projects on different topics. Possesses Cambridge certificate for international teacher. She is experienced in teaching abroad, more specifically in Malta.

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Italy

Name of speaker: **Giuseppe Ammaccapane**

Mr. Giuseppe Ammaccapane is a Math and Science teacher, moreover he is also a member of the Headmaster's team in which he deals with evaluation and is part of the school Innovation Team'.



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Greece

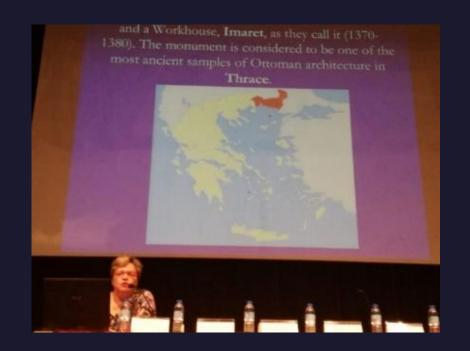
Speaker's name: Sophia Souvatzoglou

Mrs. Sophia Souvatzoglou is a Greek language, literature and history teacher. She has taught in various public Greek schools for almost 25 years (namely in the 4thJunior High School of Komotini since 2002).

She has also taught English for 3 years in a private school of foreign languages and Greek as a foreign language to foreign students in a Summer School, organized by the local University.

She participated in many Erasmus+ projects during the last decade (on cultural, theatrical and environmental issues). She has organized on her own extracurricular activities on local history and health education, as well as a radio broadcast.

She has attended the first two courses of ICT for teachers organized by the Greek Ministry of Education. She has often presented novels and short stories to the public in Komotini





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Romania

The name of the speaker is: Mihaela Constantin

Mrs. Mihaela Constantin is an English teacher, for over twenty-five years at Mihail Sadoveanu School.

She is also the vice president of an NGO "Änima Caste" (Pure Souls) whose scope is the financial and moral support for the young people, at social risk but capable of performance.





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Czech Republic

Name of speaker: Pavel Kavřík

Mr. Pavel Kavřík is the Headmaster of grammar school Gymnázium Jírovcova

He teaches Sports and computers for over 15 years.

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Portugal

Speaker's name: Duarte Pinto

Mr. Duarte Pinto has graduated in Tourism in 2002, in ISCET – Instituto Superior de Ciências Empresariais e do Turismo.

In 2013, he concluded his master's degree in Cultural Heritage and Tourism, in Minho University.

He has worked in travel agencies, hotels, airline companies and has been the responsible for "Terra-Mãe, Limited", a job training company in tourism and craftsmanship, for ten years.

In September 2007 he joined the Urban Community of Vale do Sousa, namely the responsible team for the "Rota do Românico" (The Romanesque Route) in the area of tourism, after he concluded his post-graduation in Integrated Marketing of Communication and Promotion of Tourism, in Universidade Fernando Pessoa.





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In the conference there was time for debate which was moderated by Ms Daniela Guimarães, Coordinator of the European Projects in Idães Consortium of Schools.





Finally, a student had the opportunity to interview Duarte Pinheiro, who is responsible for the touristic and cultural development of the "Romanesque Route" Project.

One of the main goals of this conference, which was the creation of synergies among all the stakeholders in what Education and European Cultural heritage value is concerned, was accomplished.

Wednesday, October 17th - Teaching/training sessions for teachers:

Twinning

TEACHER TRAINING ABOUT ETWINNING PLATFORM AT IDÃES SCHOOL CONSORTIUM

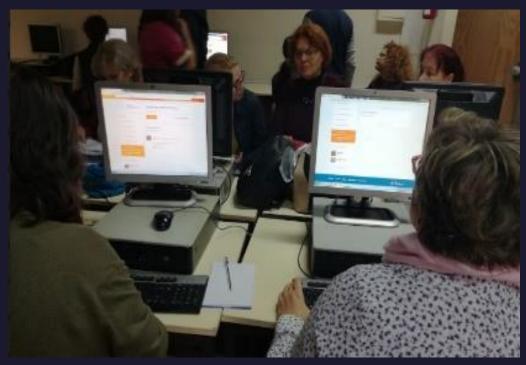
On October 17th, there was a teachers' training session in Idães Consortium of Schools about eTwinning platform – "eTwinning as platform to promote collaborative work and learning through project", ran by Daniela Guimarães, eTwinning Ambassador.



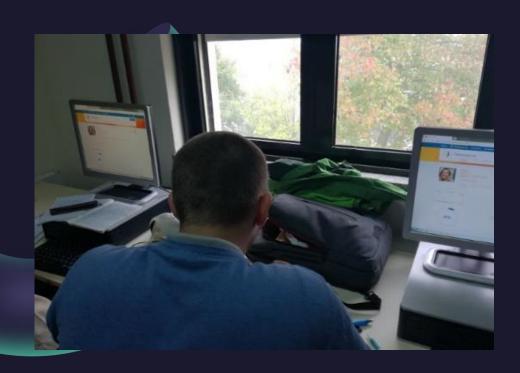


There were 24th teachers from Portugal, Greece, Czech Republic, Romania, Bulgaria and Italy in this training three-hour session. It was accredited by the school association training center (CFAE) as part of the teacher training and professional development.





The goal of the course was to expose participants to resources which are available at eTwinning live, find eTwinners (partners) and tools to develop a collaborative eTwinning project, and the Twinspace as platform for the project.





As the emerging technologies play an increasing role in people's lives, schools face a powerful challenge. Technologies aren't just simple resources to be used at school work. They have enormous potential to improve teaching/learning quality. So, the learning process and pedagogical strategies must be revised in order to meet pupils' needs.

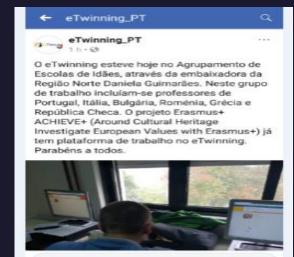
The eTwinning platform provides a virtual environment where teachers and students can learn, collaborate and develop projects.

The development of interpersonal skills provided by collaborative work was one of the main goals of this course. Participants learned new positive strategies that can help them to motivate their students and offer everybody enriching experiences in accordance with the official document - Student's Profile in the end of Compulsory School.

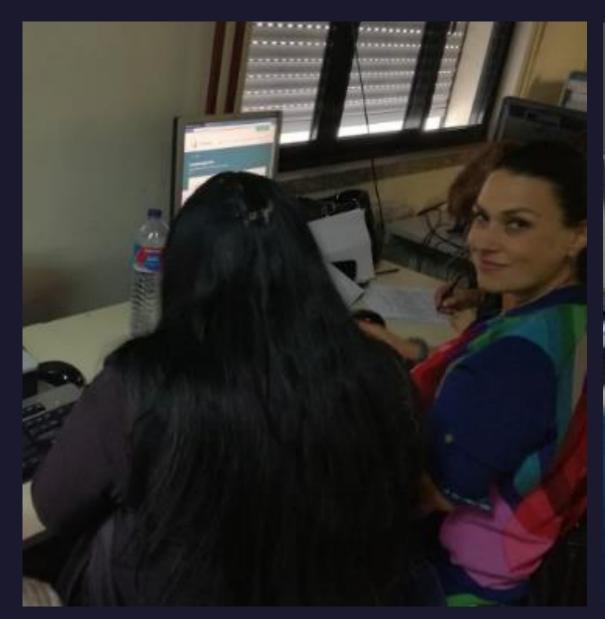
The eTwinning _PT published a piece of news about this course.











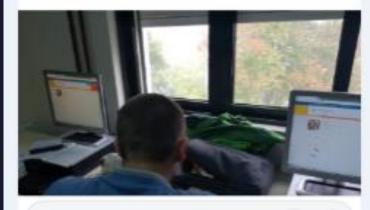


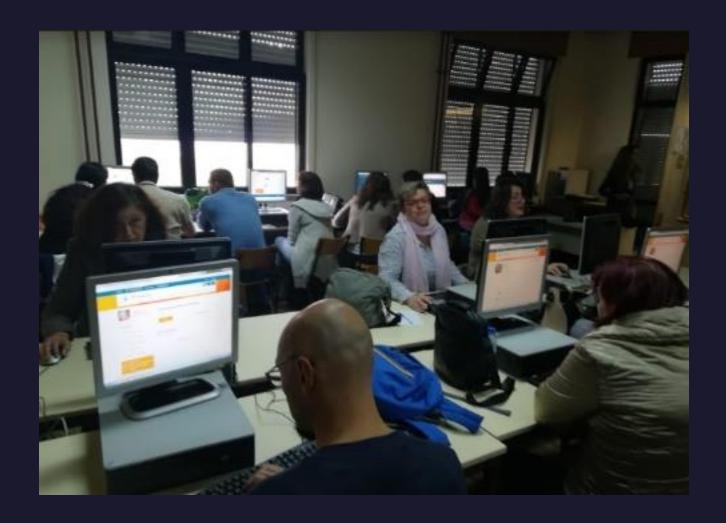
← eTwinning_PT





O eTwinning esteve hoje no Agrupamento de Escolas de Idães, através da embaixadora da Região Norte Daniela Guimarães. Neste grupo de trabalho incluíam-se professores de Portugal, Itália, Bulgária, Roménia, Grécia e República Checa. O projeto Erasmus+ ACHIEVE+ (Around Cultural Heritage Investigate European Values with Erasmus+) já tem plataforma de trabalho no eTwinning. Parabéns a todos.





** Teaching training – Educational programme - Romanesque Route and Romanesque Interpretation Center.



On October 17th, 2018, educational programme around the *Romanesque Route* and a guided visit through the *Romanesque Interpretation Center*: this visit was guided by Duarte Pinheiro, responsible coordinator for the touristic and cultural development of the "Romanesque Route" Project.



Saint Mary of Pombeiro Monastery

This visit was aimed to sensitize the attendees to natural and cultural heritage and to the importance of the preservation of their resources, as a form of integration and education of the different European peoples. It was an opportunity to learn about Portugal and European art and symbolism during the Middle Ages.





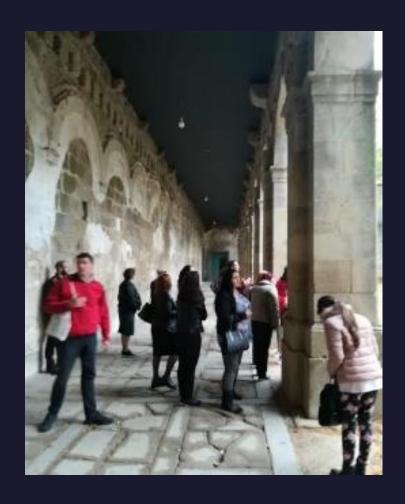




Saint Mary of Pombeiro Monastery

Romanesque Interpretation Center.

Romanesque Route



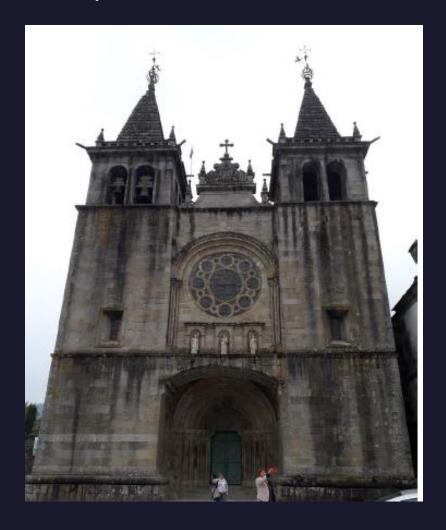
The Romanesque Route includes 58 monuments distributed by 12 municipalities in the regions of Sousa, Douro and Tâmega Valleys, in the north of Portugal.

Saint Mary of Pombeiro Monestery

Saint Mary of Pombeiro Monastery - an example of a Romanesque Route monument

It is located in Pombeiro, Felgueiras County, it was considered National Monument in 1910. It integrates the Romanesque Route.





Saint Mary of Pombeiro Monastery - Facade



Pipe Organ (photo by Achieve+ team)

Watch Achieve+ team playing the Pipe Organ



https://youtu.be/nwBqN8i4HlE

Educational programme around the Romanesque Route

Guided visit through the
Romanesque Interpretation
Center: this visit was guided
by Duarte Pinheiro,
responsible coordinator for
the touristic and cultural
development of the
"Romanesque Route" Project.

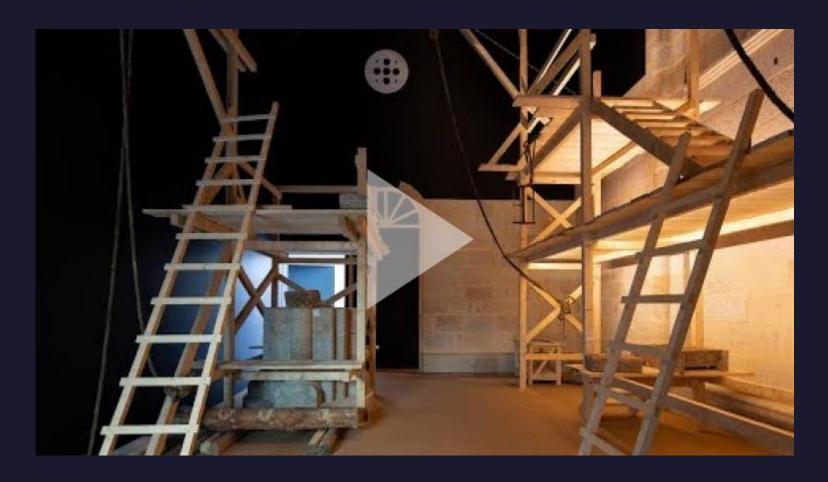


Romanesque Interpretation Center

This centre intends to promote natural and cultural heritage of the Romanesque and the importance of the preservation of the existing resources. It is a technologicaly advanced center that allows vistors to know and learn about Portugal, about European art in the Middle Ages.







Centro de Interpretação do Românico | filme by Rota do Românico

<u>Click on the link to Watch the video:</u>
https://www.youtube.com/watch?v=8VYBDzYllac&ab_channel=RotadoRom%C3%A2nico





• The partners experienced playful and pedagogical activities which increased their knowledge in history and local heritage. It also reinforced the idea that we should be proud of the past and how it can help us to develop new skills. All participants collected some materials which will be integrated in the final product of Erasmus + ACHIEVE+: "Common Brochure Achieve+"



Teacher benefits: creating tolerant, fair and respectful European citizens/cultivating longlasting European traditions. All partners are interested in innovative teaching methods that can increase education levels in each of the partner schools.













Thursday, October 18th

On October 18th, 2018, a guided tour to *Palácio dos Duques* (former royal residence) and to the historic center of Guimarães was headed by Ms Emília Cunha from the Culture, Tourism and Youth Department of Guimarães City Hall. Participants also did a walk to *Monte de Santa Catarina (Penha)* which is a reference in the city of Guimarães.







Guimarães Castle

It dates back to the 10th century and it is the main medieval castle in the northern region of Portugal. It was built under the orders of Mumadona Dias to defend a monastery from the attacks by Moors and Norsemen.











Dukes Palace

Majestic manor house from the fifteenth century, it was built by D. Afonso - future Duke of Bragança, in the centre of the city of Guimarães.



Banquet hall

Penha Sanctuary

It is located in Monte of Penha. The church was built almost entirely in granite from the region. The architectural style is "Art Deco" from the 30s in the twentieth century.



Cable car and landscape of Monte da Penha



Penha Sanctuary

Friday, October 19th – Cultural activities in OPorto - cultural heritage of the hosting country - 'Sharing the roots and finding common European heritage'.

On October 19th, 2018, a guided visit to Oporto was organized in order to give participants the opportunity to know the second biggest city in Portugal. There was a guide from Free Walking Tour Porto who was an expert on art, history and architecture.



Ribeira Square

The partners were able to visit some of the most famous palaces and monuments of the city: *Sé do Porto, Ribeira, Igreja São Francisco, Palácio da Bolsa, estação de São Bento* (railway station) and *Torre dos Clérigos*. They could learn more about the culture, the architecture and the traditions of this region. They also could enjoy the wonderful landscape around Douro River.



On the banks of the Douro River, there is Ribeira district which is one of the most important part when visiting the historical centre of Porto. Next to Douro River, Ribeira Square is flanked by colorful buildings from the 16th century.



The railway station entrance is decorated with panels of tiles depicting scenes from the national history.



Estação de São Bento (railway station)

Cathedral of Oporto

This Cathedral is located in the city of Oporto. The construction dates back to the twelfth and thirteenth centuries. Romanesque style can be identified in its architecture although it has suffered extensions and renovations throughout the times until its final alteration, in the twentieth century. It also has architectural elements related to the Gothic, Mannerist and Baroque styles.





Cathedral facade

View of the city from the Cathedral



Visitors can cross the D. Louis Bridge and get to Vila Nova de Gaia where the vast majority of Oporto Wine Cellars are located.





D. Louis Bridge

The famous S. Francisco Church is the former Ribeira do Porto Baroque church. It has in its interior three naves lined with gilded carvings.





Ribeira, Igreja São Francisco - Interiors



Typical streets - Photos by Achieve+ project



The Stock Exchange Palace is a neoclassical building whose construction began in 1842.

The visit ended in Matosinhos, where the partners met our Atlantic coast. Some of the teachers saw the sea for the first time.

It was a memorable week. There was time to work, to learn, to share and to create bonds. Despite a little rain, the energy, the smiles, the complicity went on all week long.

Benefits for teachers: creating tolerant, fair and respectful European citizens/cultivating longlasting European traditions.

Community's benefits: the local community contacted different cultures, exchanged experiences and interchanged cultural behaviour, values and traditions. The community got to know the Erasmus + programme and the countries involved in this project. The community also became aware of European cultural diversity and therefore it is likely to become more tolerant towards different countries/traditions/cultures





Gymnazium, Ceske Budejovice, Jirovcova 8, Czech Republic



"Let's find out Cultural Heritage!"

2nd meeting - Short-term Exchanges of Groups of Pupils C1 meeting in Ceske Budejovice, Czech Republic

10.03 - 16.03.2019 (PROJECT WORKING DAYS 11.03 - 15.03.2019)

2018 - 2021

Website: http://twinspace.etwinning.net/74790



"Let's Find Our Cultural Heritage"-Short-term exchange of groups of students Erasmus+ opened doors, helping teachers and students to discover new things about themselves and the world around them by experiencing different cultures, learning new skills and making new friends.

Between 11th-15th MARCH, 2019 the Erasmus+ Achieve project teams at the transnational project meeting within Erasmus + in Czeck Republic in Ceske Budejovice, at Gymazium Cesky Budejovice

"Let's find out Cultural Heritage"- offered an excellent opportunity for enriching the knowledge about the diversity of the European cultural architectural heritage, for developing social and intercultural, digital and communication in English competences

Cultural Heritage in Czech Republic

We where able to wander by some of the historical places, admire famous monuments and get to know cultural heritage of Czech Republic. Also it is possible to find a common European heritage, as well as to enjoy the outstanding natural landscape of Czech Krumlov city, Hluboká nad Vltavou and Prague.

Ceske Budejovice, Czech Republic – 1st meeting

Monday, March 11th Welcoming Day

** ACHIEVE+ "Opening Ceremony"- Pupils from every school were divided in groups and they were asked to present their country and their school. Each pupil also presented himself (age, hobbies, favourite subjects, what they expect from this experience in the Czech Republic).















Watch the teams presentation and learn about our countries, schools and Educational systems.

Portuguese Presentation, Agrupamento de Escolas de Idães

Take your mobile phone and open the QR reader, point the phone to this code !!!!





Romanian Presentation Mihail Sadoveanu"School- Brăila

Take your mobile phone and open the QR reader, point the phone to this code !!!!

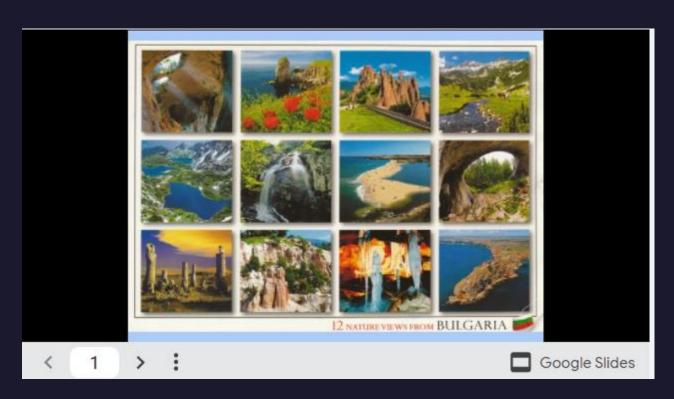




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Bulgarian Presentation, NAIDEN GEROV BASIC SCHOOL BURGAS, BULGARIA

Take your mobile phone and open the QR reader, point the phone to this code !!!!





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Greek presentation





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Czech presentation



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Italy presentation

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Ceske Budejovice, Czech Republic – 1st meeting

** Guided visit in host school: — getting acquainted with school facilities.













It was an opportunity to understand how Czech school works and Czech students learn

Ceske Budejovice, Czech Republic – 1st meeting

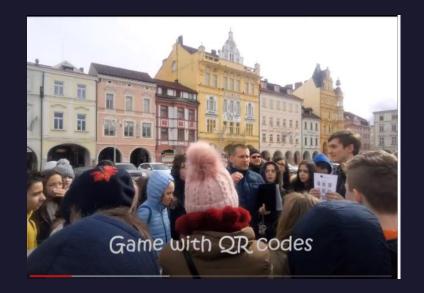
** Game with QR codes (get to know the important monuments of the city).











In international groups of 6, students and teachers, we discovered, using QR codes, the most beautiful monuments located in the historical centre of the city Ceske Budejovice

Benefits for students and teachers: creating tolerant, fair and respectful European citizens/cultivating longlasting European traditions. The exploration of city allowed the development of knowledge acquired in History, Geography, Qr code tool (IT) and Physical Education.

České Budějovice



The main square is the second biggest square in Czech Republic with 1,7 hectares. It was built with the establishment of the city in 1265. It was used as a market place, a place for some celebrations and for executations. The Errastic bolder, which is near the middle of square, reminds us those executions.

Přemysl Otakar II Square

Black Tower

- Black Tower is a well-known 16th century tower in České Budějovice. It has a square floor plan with 11,6m length and 71,6m height. It has got 9 floors. On the tower there is a gallery which is covered on the very top by a bell shaped roof.
- The construction was completed in 1577. Today there are 5 bells.



Tuesday, March, 12th 2019- "My Mask has History"

** Students presentation on the topic: "My mask has history". Students learnt about the Architectural Style of the Monuments of each country through the presentations of their mask inspired in national monuments.



Group work: filming an interview. Students were organized in international groups to make a video such a TV report or interview with a "Monument" (each student who answered the questions wore the mask of the monument).





Carnival Masks inspired by the most beautiful, representative monuments of each country.

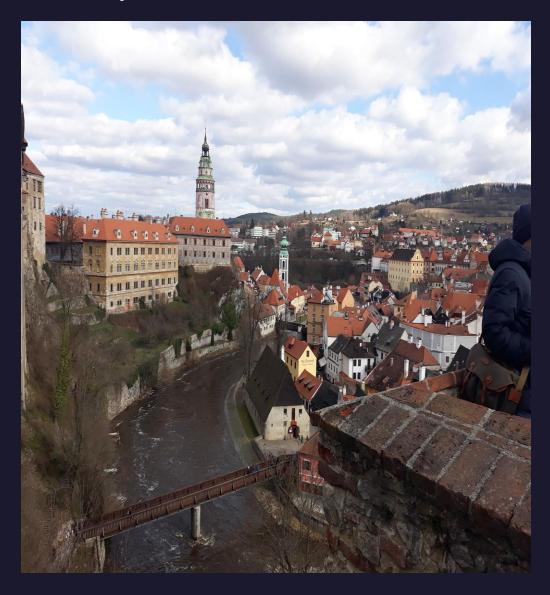
Students' benefits: integration of culturally diverse pupils

** City tour game: students and teachers were divided in international groups and visited the city of Czech Krumlov. The aim was the production of video and photo reportage (preparation of materials for further work: organizing the Project's common product "a Brochure Achieve+".



We visited Cesky Krumlov, a medieval, fairy-like little town ,where students, having some clues, discovered the most beautiful momuments.

Cesky Krumlov



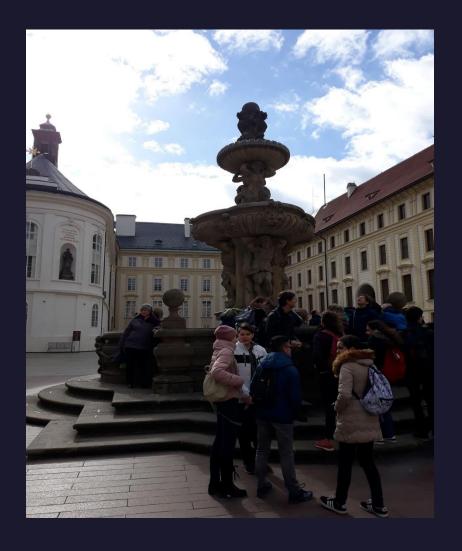
They looked at the ancient town of Cesky Krumlov, situated on the Vltava River. It is famous for architecture, the old town and the castle. The buildings are in medieval, Renaissance and Baroque style and also in Rococo style. The Old City is on the UNESCO World Heritage List.



They had the opportunity to see the city warming up.



Searched for monuments on map in international groups



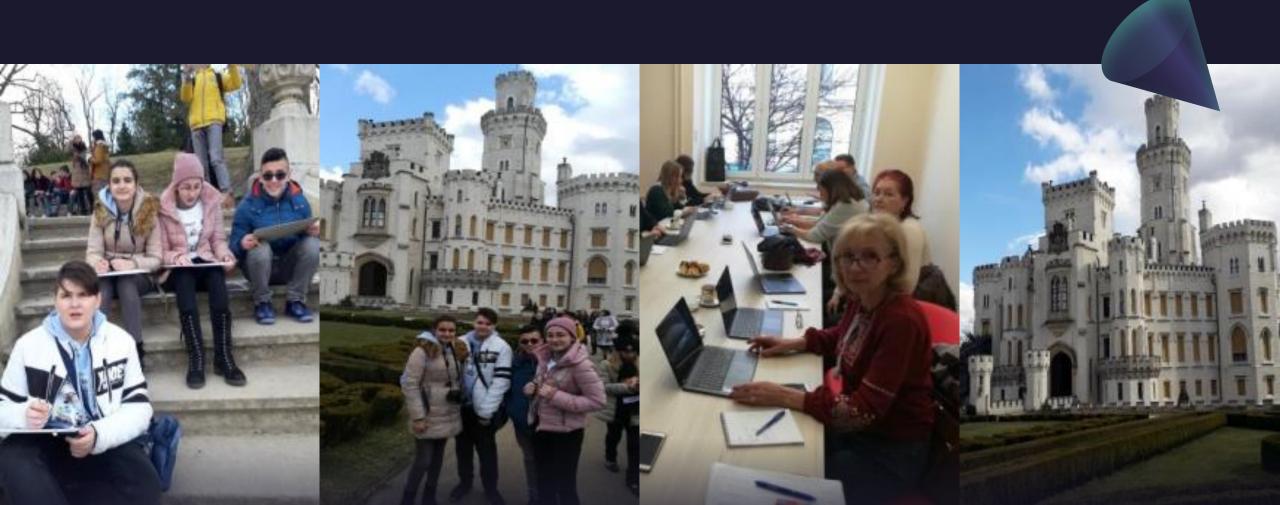
** Education systems in partner countries:

teachers from each partner country debated the educational system in the different European countries participating in the project.



Teachers' benefits: teachers expanded their knowledge on European educational systems (their advantages/drawbacks)/ shared successful solutions in the learning process. They will be able to implement good teaching practice in domestic schools.

Wednesday, March 13th 2019-workshops - Developing digital competences- "eTwinning platform and web 2.0 tools. Czech language lesson and Visit to Hluboka Castle – an architectural jewel ,rebuilt in the Baroque and then in the Gothic style. Drawing contest



Wednesday, March 13th

** Acquisition of other language skills to learn basic vocabulary/ expressions from partners' national languages in order to create a common mini multilingual dictionary. Students had the opportunity to learn how to spell basic phrases of Czech language.





Students' benefits: creating tolerant, fair and respectful European citizens/preserving longlasting European traditions. They developed a sense of responsibility for common work, they increased their language skills. Integration of culturally diverse students.

** Training sessions for teachers: Workshop - using IT skills with web 2.0:

The Portuguese school has an eTwinning ambassador. She was responsible for a three hour workshop teacher's training about web 2.0 tools with potential for the eTwinning platform.





Watch the presentation!!

https://docs.google.com/presentation/d/10T-1Aqq3ceJqGkON1oupM1Npm9qKUc2BPQ8FmN1SM4o/edit?u sp=sharing **Visit to Czech cities: students and teachers visited Hluboká nad Vltavou. Students were asked to draw the Hluboka castle.

This task allowed students to be aware of architectural characteristics of monuments in host country.













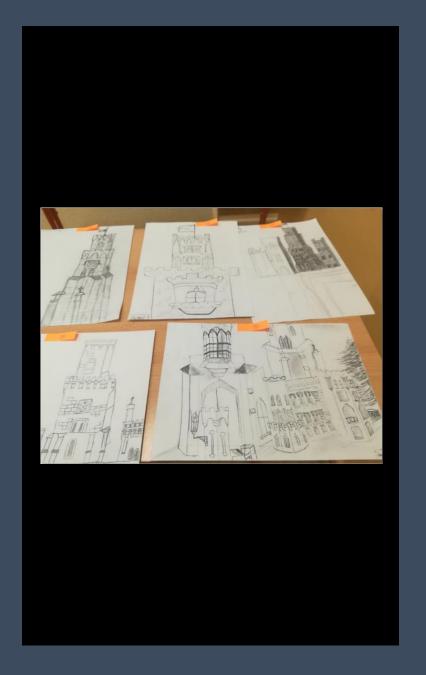












Hluboká Castle



Neo-Gothic jewel of South Bohemia. Hluboká Castle, which is a neo-gothic jewel of South Bohemia, is the ideal destination in South Bohemia for history buffs and incorrigible romantics. It is considered one of the most beautiful castles in the Czech Republic.



Front door of the castle seen from outside.

Thursday, March 14th –

Visit to the City of Prague - cultural heritage of the hosting country - 'Sharing the roots and finding common European heritage'.

Students and teachers travelled to Prague to know cultural and social centre of the Czech Republic. Students were asked to take photographs to enter a photography competition.

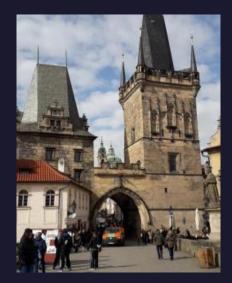


Prague - "The Golden City" or 'The City of the Thousand Spires" an amazing architectural blend of Gothic, Romanesque, Renaissance and Baroque, Art Nouveau styles in a perfect harmony

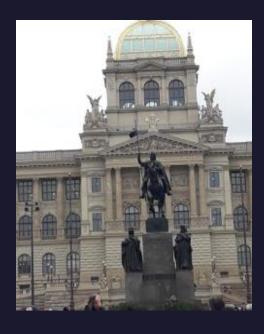
Historical centre with the famous Astronomical Clock and Prague Castle - UNESCO heritage monuments Carol Bridge, Old Town Tower, considered the most beautiful gothic gate in Europe





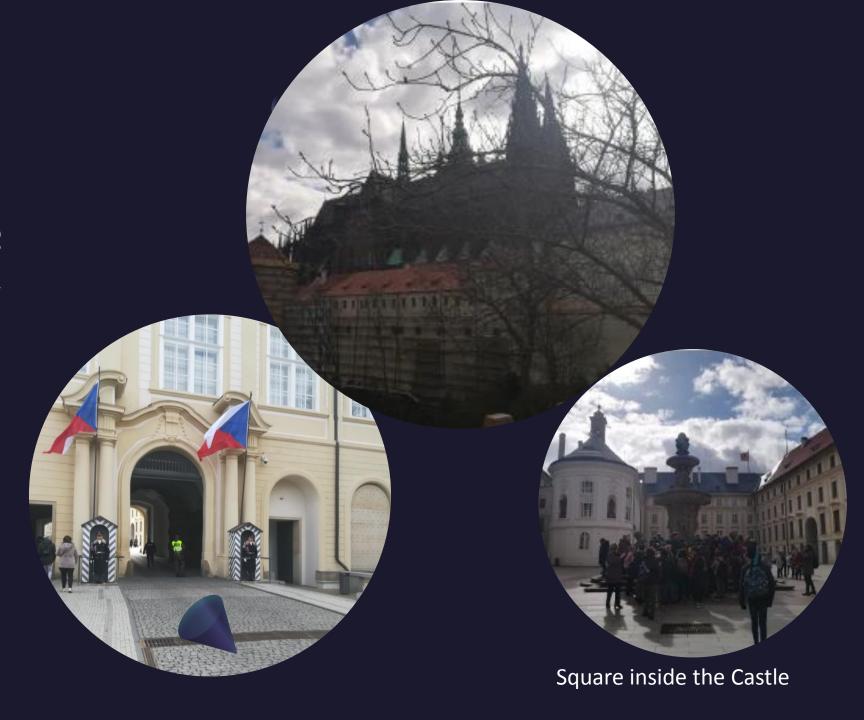






Prague Castle

• Prague Castle is situated on the hill of Hradcany. It was founded in the 9th century and it currently serves as a presidential residence. It was formerly inhabited by the kings of Bohemia.

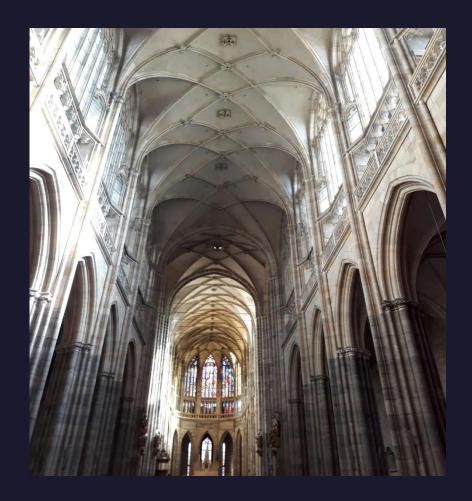




We also visited St. Vitus Cathedral!!

St. Vitus Cathedral

• It is one of the main constructions of the city of Prague and the largest of the Czech Republic. It is located inside Prague Castle. The construction of the cathedral in its current Gothic style began in 1344 and ended only in 1929. The first master builder was the Frenchman Mathias of Arras, who built the papal palace in Avignon.



The cathedral is an excellent example of Gothic architecture with Renaissance and Gothic elements. He designed the main design of the department, introducing some elements characteristic of the French Gothic - "St. Vit is a three-nave basilica with arkbuta, a short transept, an altar with 5 niches, a decathlon apse and several chapels.



Charles Bridge

- The Charles Bridge is the oldest bridge in Prague that allows crossing the Vltava River from the Old Town to the Small Town.
- It is the second oldest bridge in the Czech Republic. Its construction began in 1357, at the request of Charles IV, and it was completed in the early fifteenth century.





Orloj - astronomical clock



• The Orloj is a medieval astronomical clock. It consists of three main components: the astronomical display, representing the position of the Sun and Moon in the sky; the "Walk of the Apostles"; and a calendar display with medallions representing months.







Friday, March 15th

**Mascots' presentation: students from each country presented their "ACHIEVE+ Mascots". In the end, the results of the competition "Best Mascot" were presented. The mascots were exchanged among schools.













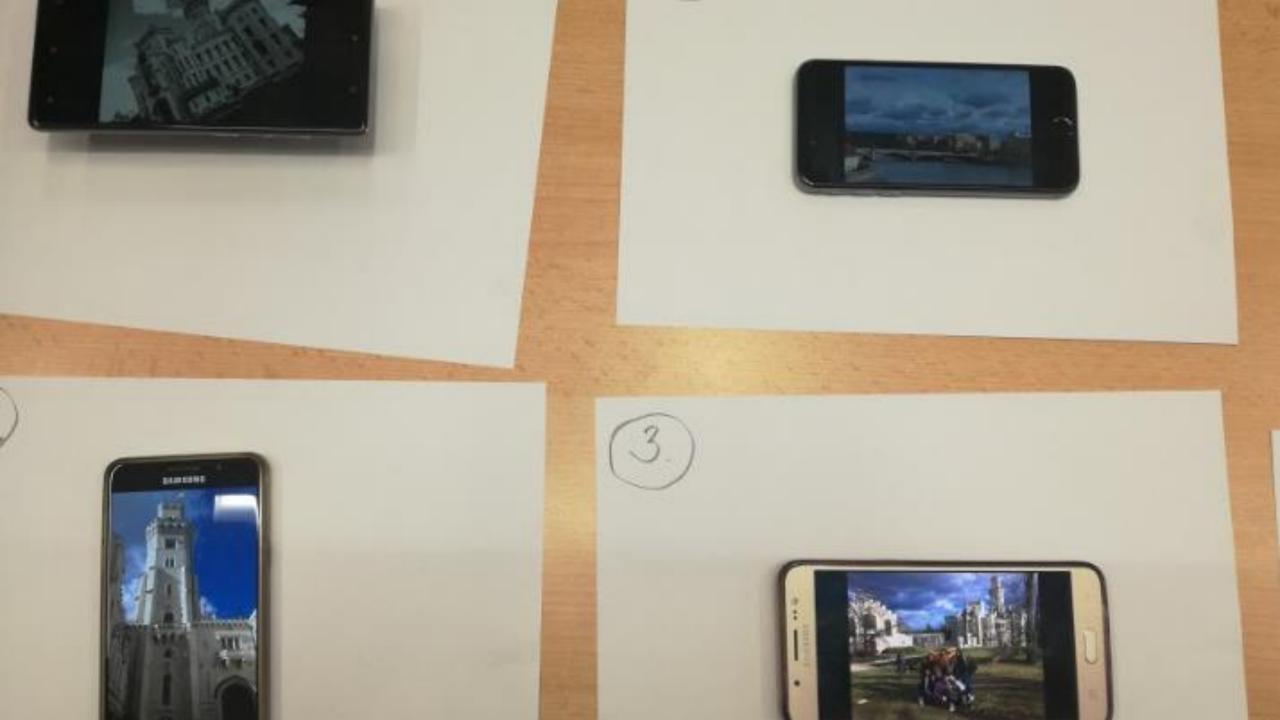












** ACHIEVE+ "Closing ceremony"/The final evaluation of the meeting activities



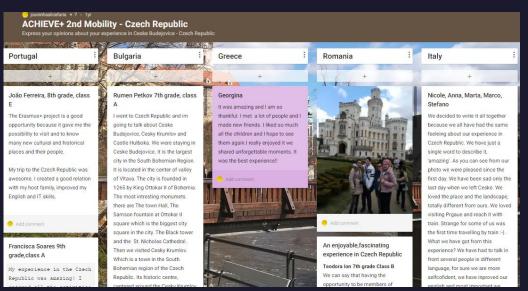






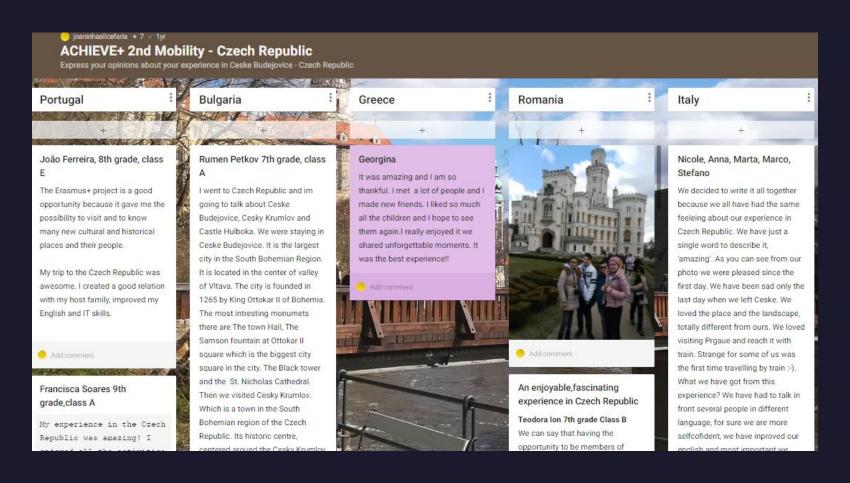


** Final meeting: teachers reviewed and evaluated the activities, advantages and drawbacks of the whole experience. Review of the tasks, deadlines and future objectives.



Evaluation: eTwinning space activity for students: Students created a common Padlet "Students' opinion- Czech Republic" about their experiences / learning / expectations during virtual meeting.

Online questionnaire evaluation - Teachers and students answered the online questionnaire.



• This visit was aimed to sensitize the attendees to cultural heritage and to the importance of the preservation of their resources, as a form of integration and education of the different European peoples. It was an opportunity to learn about Czech Republic and European art.

Students' benefits: creating tolerant, fair and respectful European citizens/preserving longlasting European traditions.

The exploration of cities allowed the development of knowledge acquired in History, Geography and Physical Education. They developed a sense of responsibility for common work, they increased their language skills, specially in English. Moreover, they seem more active and engaged in the use of IT, the creation of project products, the study of Arts and History. Integration of culturally diverse students.

Watch our video of our amazing week !!!





ACHIEVE+ PROJECT

"Around Cultural Heritage Investigate European Values with

Erasmus+"

2018-1-PT01-KA229-047257



3rd Meeting – Italy - Short-term Exchanges of Groups of Pupils C2 meeting in Sala Consilina, Italy

"European Roadmap of Monuments"

05.05 - 11.05.2019

2018 – 2020 (PROJECT WORKING DAYS 06.05 – 10.05.2019)

Website: http://twinspace.etwinning.net/74790



Monday, May 6th - Welcoming Day

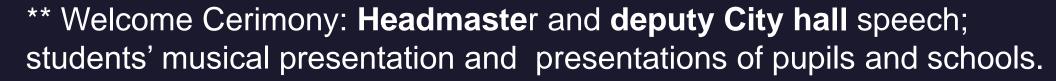




















Presentations of pupils and schools.





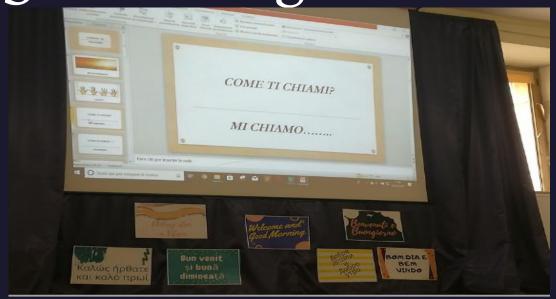


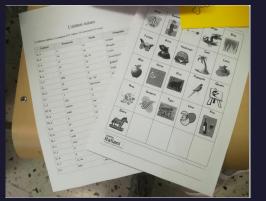


Presentations of pupils and schools.

Basic of Italian language

Acquisition of other language skills to learn basic vocabulary/ expressions from partners' national languages in order to create a common mini multilingual dictionary and architectural glossary.

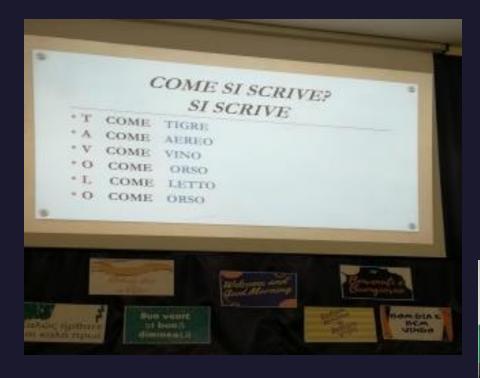






Italian Language Lesson

• Students had the opportunity to learn how to spell basic phrases of Italian language.





• Students creating a common mini multilingual dictionary and architectural glossary.



Introductory meeting - Teachers

Summarizing the first part of the project. The school coordinators analyzed the documents (reports, portfolios, evaluation results and analysis) that are essential for the project assessment.



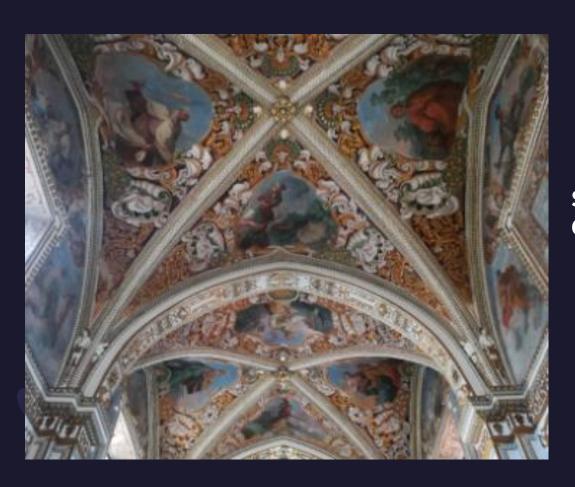








** Students and teachers visited **San Lorenzo Charterhouse** and San
Giovanni in Fonte Baptistery
monuments (already studied). It
allowed students to be aware of
architectural characteristics of
monuments in host country **to organize the Project's common product: a Brochure Achieve+.**



San Lorenzo Charterhouse



San Lorenzo Charterhouse

Watch the video!!







Tuesday, May 7th

** Students presentation on the topic: "European monuments DNA" - each school team presented the DNA of 4 monuments in the architectural style of their country.

Students worked in international groups and created an e-book with 6 monuments representing 4 architectural styles.



Watch the presentation!!



**Geography workshop

Workshops about the geographical location of Europe in which pupils worked in 4 international groups to create a virtual tour of a single monument, with google, tripline an thinglink



...see all the amazing work that we create on "Geography workshop" ...

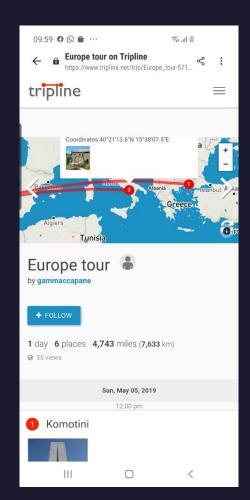
European Monuments Virtual tour

Watch the presentation!!



Let's discover our monuments with this virtual tour

https://www.tripline.net/trip/Europe_tour-57125651420510158A25AA5FE61258A9#



Geography Workshop

Let's locate our monuments on Europe map

Let's put our monuments on a map!

Greece
The Central Heroon (Sphati)
Village/City: Komotini
Yeu: 2004
Style: Greek
Geographic
Coordinates:41,11746
3,25,406170

Prezi

Watch the presentation!!



https://prezi.com/view/w4t8pwrq9W1SBC5mKGQk/embed

- Training sessions for teachers: Workshop "Software for creating and editing videos"
 - Teachers were trained on the newest tools which are useful for project implementation.



Watch the presentation!!



https://docs.google.com/presentation/d/e/2PACX-1vSlXj7Foc6vNeMiLB48P4cpNqNLFlH3Mc1D6aTS-gesNNtjjpuGepO6J1eQVxATutMWoDSu54KYbxx7/embed?start=false&loop=false&delayms=3000

There are a lots of programs and apps for video editing, more or less they have all the same functions and logic. In this session, two free tools for video editing were chosen, one online (Clipchamp) and one for Windows PC (VSDC).

Online Video Tool There are some excellent online tools around that are just as powerful. One online tools that will get your videos looking and sounding incredible is 'Clipchamp' https://clipchamp.com/en/products Slide 17 Google Slides

VSDC Free Video Editor (Windows)

 VSDC is a full-featured free video editing tool that you can install on Windows. This program might be a little hard to use for beginners because of the sheer number of features and menus.



Web 2.0 tools for video editing, one online **Clipchamp** and one for Windows **PC (VSDC)**.

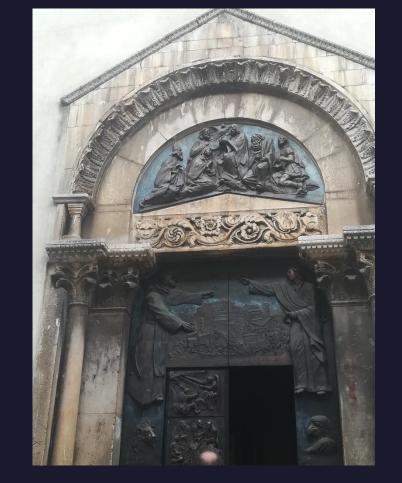
A guided visit (by an expert on Art, History and Architecture) to Sala Consilina, MASK Museum and Teggiano was organized in order to give participants the opportunity to know architectural characteristics of monuments is host country.



"Middle Age soul"

Teggiano is a sort of open-air museum, full of charm and incomparable art treasures of inestimable value. It has been declared as one of "10 villages of the world" by UNESCO.







Its historical center preserves important examples of civil and religious architecture. Teggiano alone boasts thirteen churches.

Sala Consilina, Italy–3rd meeting, Italy–3rd meeting

Wednesday, May 8th - Cultural activities Sala Consilina - cultural heritage of the hosting country - 'Sharing the roots and finding common European heritage'.

Let's meet the tradition: Saint Michael. Teacher and students take part to the procession to accompany the St. Michael statue to his sanctuary.











Sala Consilina, Italy–3rd meeting, Italy–3rd meeting

The students took part in St. Matthew's festivities, accompanying the statue to its sanctuary.

Watch the video!!

The protagonist is a child that plays the role of the saint.





The festivities begin in the evening of the 28 of September in the district of S. Eustacchio. A ship with a child on board, dressed as St. Michael, is carried on shoulders of men in the procession, preceded by boys with torches singing the saint's praises. The next day the 'Flighty of Angel' can be witnessed with come trepidation, particularly from the parents: the childangel is hooked to a wire, suspended at a height of 10 meters, thanks to a system pulleys and cables, maneuvered by two men, the child angel flies three times to the statue of St. Michael, offering the ritual presents to the saint in exchange for is protection of the citizen of Sala.

https://www.youtube.com/embed/U6eKFYB_4Eg

Sala Consilina, Italy–3rd meeting, Italy–3rd meeting

Cultural visit to Paestum, an enchanting historical place, listed as a UNESCO World heritage site -a truly History lesson.







The town of Poseidonia-later called Paestum-was built by the Greek colonists in around 600 B.C.

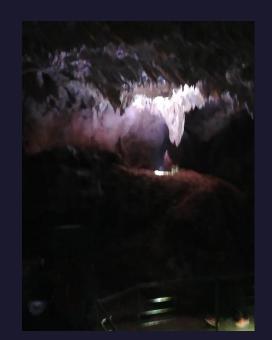
Thursday, May 9th

• Farewell Cerimony - Certificates of attendance

• We all received certificates and click real friendships.

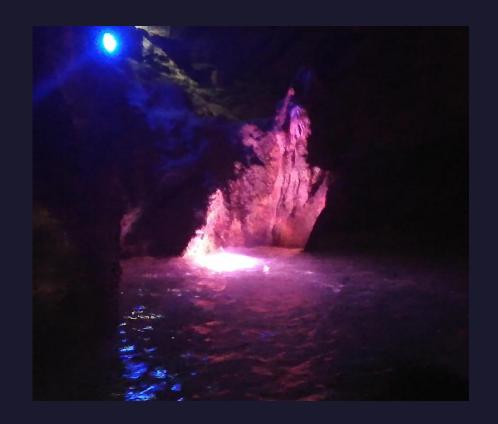


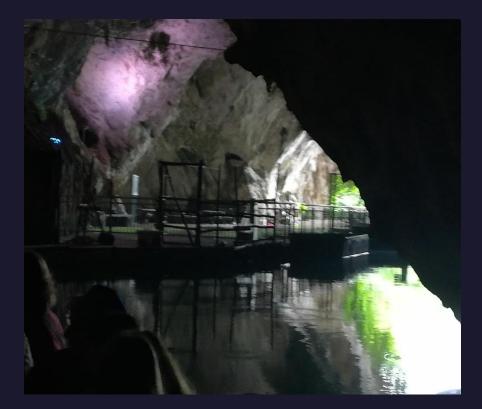
Visit to **Pertosa Cave** - cultural heritage of the hosting country - 'Sharing the roots and finding common European heritage'.





Petrosa- Auletta Caves are 263m above the sea level and represent an extraordinary natural heritage in Europe. It is the unique speleological site where it is possible to navigate its underground waters.











Friday, May 10th

Visit to the City of Matera
(European Capital of the Culture
2019) and Policoro National
Museum of Siritide - cultural
heritage of the hosting country 'Sharing the roots and finding
common European heritage'.







Curious visitors can stay in caves, wander the lanes alongside the picturesque cave-filled cliffs, and learn the history of this fascinating place.







 Dali Universe" is proud to present an exhibition dedicated to Salvador Dali. "The Persistence of Opposites" in the historic "Sassi town of Matera "Space Elephant" and "Surrealist Piano".





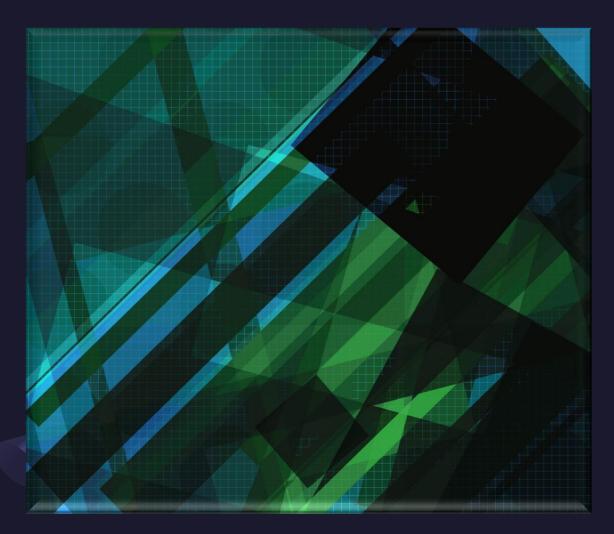








Erasmus+ Achieve+ project



This visit aimed sharing knowledge about cultural heritage and the importance of the preservation of resources, as a form of integration and education of different European peoples. It was an opportunity to learn about Italy and European architecture, art, Geography and History.

ACHIEVE+ PROJECT

"Around Cultural Heritage Investigate European Values with

Erasmus+"

2018-1-PT01-KA229-047257



4th Meeting - Short-term Exchanges of Groups of Pupils C3 meeting in , Greece:

"Chemistry in Traditional Cooking"

PROJECT WORKING DAYS 04.11 - 08.11.2019

2018 – 2020

Website: http://twinspace.etwinning.net/74790



Monday, November 4th Welcoming activities at school





Guided visit around host school facilities: It was an opportunity to understand how Greek school works and Greek students learn.

• Welcoming Ceremony: Greek Headmistress' speech followed by teams presentation. Each member had the chance to present himself/herself to the audience. Greek students performed traditional songs.









• Visit to the City of Komotini - learning about cultural heritage of the hosting country - 'Sharing roots and finding common European heritage'.

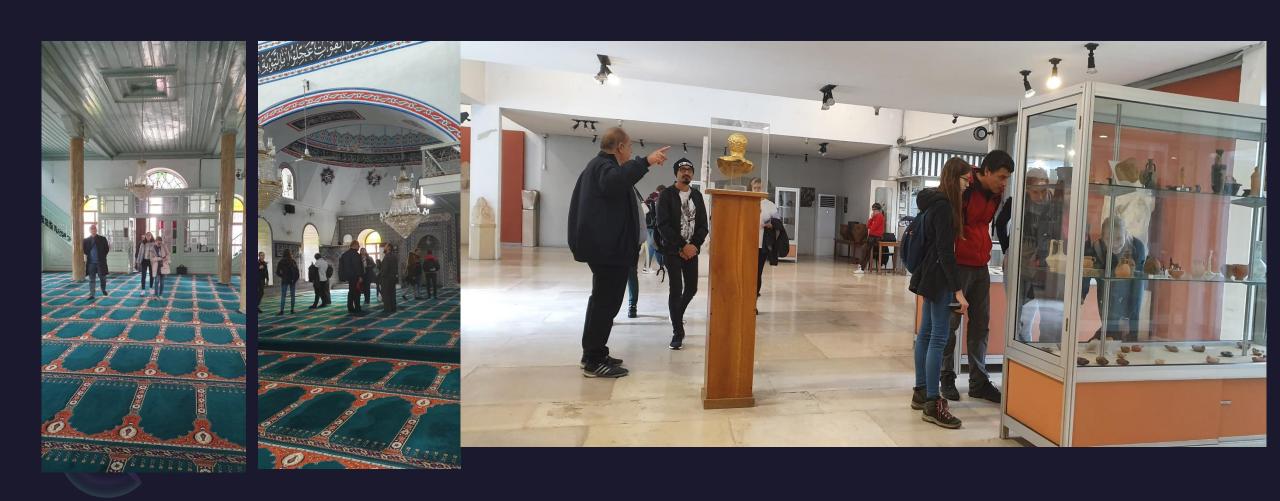


• Teachers and students' cultural tour around town - Folklore Museum, Sword Monument, The Clock Tower, Imaret, Church of Panagia, the Byzantine Wall, the Annunciation Church and other interesting sights.













• Students presentation on the topic: "Traditional dishes" - Students learnt about traditional recipes through presentations prepared by each country.



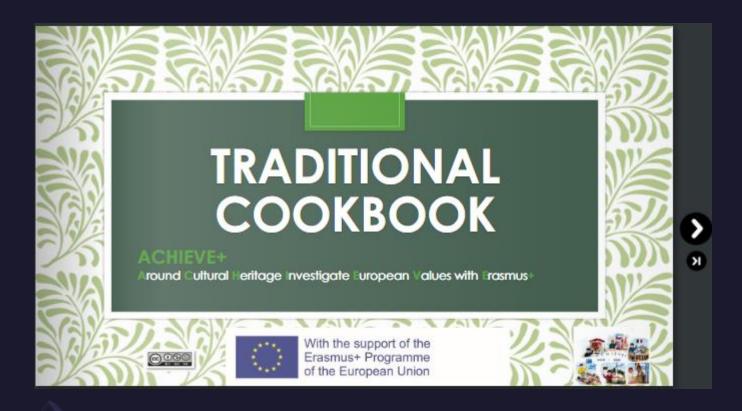










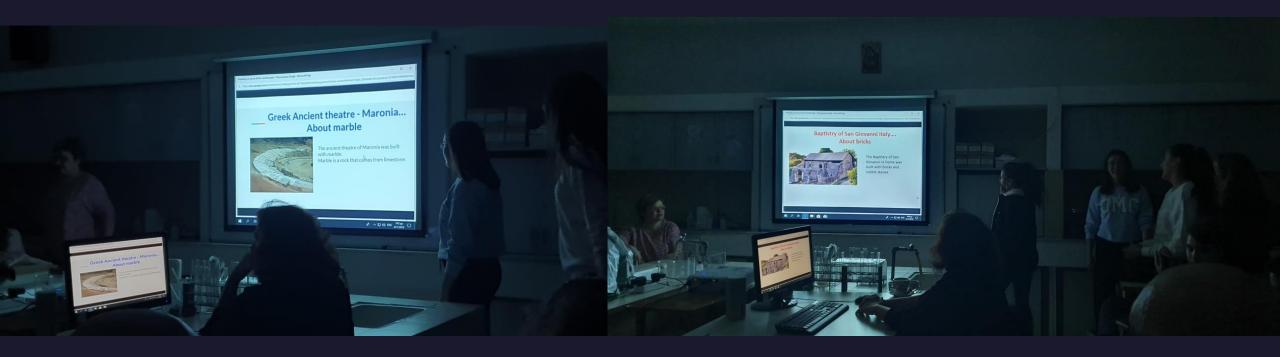


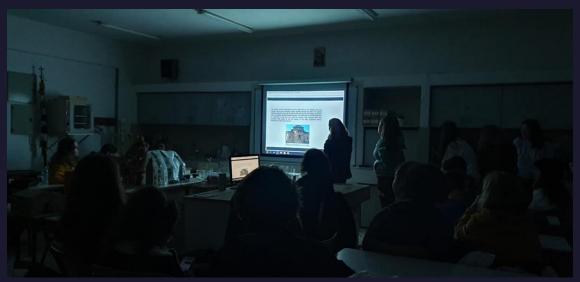
Watch the presentation!!

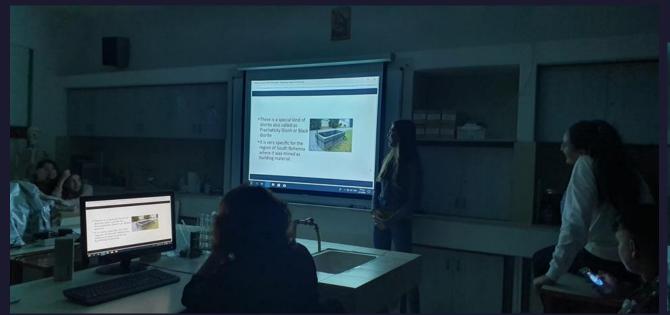


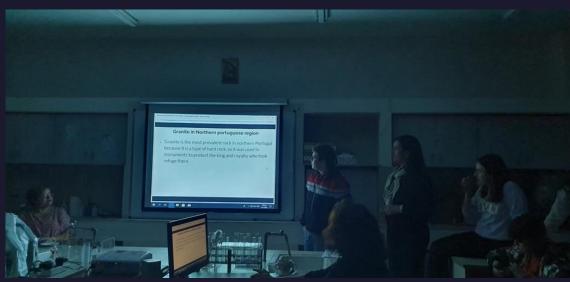
- Students worked in international teams to create this cook book:
- https://www.calameo.com/read/006155828cfca65a99182?authid=ZWJjMDYzNjkh

• "Rocks and minerals" - All teams presented types of rocks used in their national monuments according to the architectural style. Students visited the Rocks and Mineral Exhibition organized by the host school. An e-book was created by students who worked in international teams.









ROCKS AND MINERALS E-BOOK





Watch the presentation!!

https://www.calameo.com/read/006155828be4b1dd549c4



Tuesday, November 5th

VISITING AND LEARNING

Komotini, Greece – 4th meeting

Visit to the church of Saint Nikolas at Porto Lagos, the Folklore Museum of Ksanthi and a guided tour to historical buildings Ksanthi. A unique opportunity to learn about the cultural heritage of the hosting country - 'Sharing roots and finding common European heritage'.





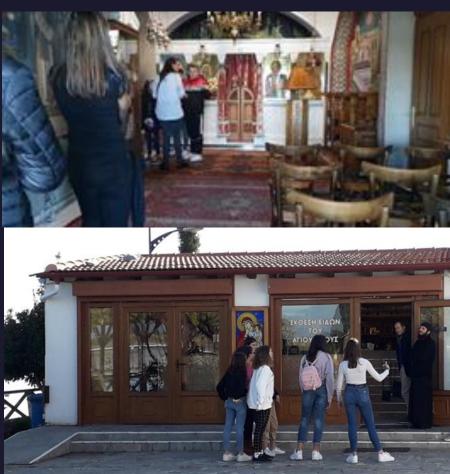
The church of St. Nicholas is belongs to Athos Monastery in Vatopedi and it currently works as a pilgrimage. It is located in the island of the lagoon Vistonidas or Bourous, near the fishing village of Porto - Lagos. The great religious and historical value, the rich monastic heritage and the natural beauty that surrounds it in the biotope of Lake Vistonidas attracts many pilgrims.

• Saint Nikolas church at Porto Lagos









• Folklore museum of Ksanthi

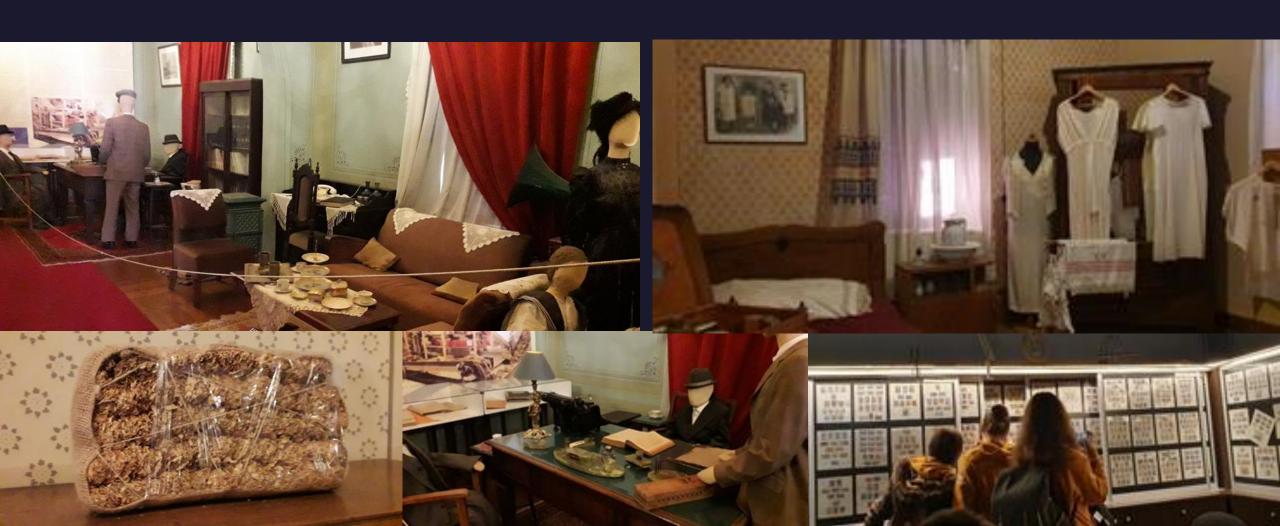




The first owners of the building were the tobacco tradesmen Athanasios and Pantelis Kougioumtzoglou who used the plans they brought with them from Russia before 1860. Today those plans and designs are kept in the Letters and Arts Center of the city. One of the buildings was donated to the Center in 1968, while the second one was bought in 1976. Today it houses the Folk Art Museum.

(https://www.emtgreece.com/en/museums/folklore-museum-of-xanthi)

• Folklore Museum of Ksanthi



• Wednesday, November 6th





• Enjoying the view before an excursion to Maroneia and the ancient theater. There pupils would present the scene from Birds.



Theater historical play - Greek historical play "Birds".

• Theater historical play - all teams visited and learnt about the ancient theater of Maroneia where pupils gathered in international teams and presented a scene from Greek historical play "Birds".





Ancient Theatre

It was constructed in the Hellenistic period and remodelled in Roman times. Preserved are: three rows of stone seats of the cavea, the central and the horseshoe-shaped conduit of the orchestra, and the building of the Roman skene. (https://www.gtp.gr/TDirectoryDetails.asp?ID=14797)





Ancient Theatre

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Our 4th meeting was in Komotini, Greece





- Ancient Theatre
- It was constructed in the Hellenistic period and remodelled in Roman times. Preserved are: three rows of stone seats of the cavea, the central and the horseshoe-shaped conduit of the orchestra, and the building of the Roman skene.

(<a href="https://www.gtp.gr/TDirectoryDetails.asp?ID="https://www.gtp.gr/TDirectoryDetails.asp?ID="https://www.gtp.gr/TDirectoryDetails.asp?ID="https://www.gtp.gr/TDirectoryDetails.asp?ID="https://www.gtp.gr/TDirectoryDetails.asp?ID="https://www.gtp.gr/TDirectoryDetails.asp?ID="https://www.gtp.gr/TDirectoryDetails.asp?ID="https://www.gtp.gr/TDirectoryDetails.asp?ID="https://www.gtp.gr/TDirectoryDetails.asp?ID="https://www.gtp.gr/TDirectoryDetails.asp?ID="https://www.gtp.gr/TDirectoryDetails.asp?ID="https://www.gtp.gr/TDirectoryDetails.asp?ID="https://www.gtp.gr/TDirectoryDetails.asp?ID="https://www.gtp.gr/TDirectoryDetails.asp?ID="https://www.gtp.gr/TDirectoryDetails.asp?ID="https://www.gtp.gr/TDirectoryDetails.asp?ID="https://www.gtp.gr/TDirectoryDetails.asp?ID="https://www.gtp.gr/TDirectoryDetails.asp.gr/TD

• Stop at traditional restaurant: students were offered traditional desserts and they learnt about the method of preparation by the restaurant owner.



Lunch and free time at Alexandroupoli.





Alexandroupoli or Alexandroupolis is the capital of the Evros regional unit in East Macedonia and Thrace. It has 57,812 inhabitants and it is the largest (in size and population) city of Thrace and the region of Eastern Macedonia and Thrace. It is an important port and commercial center of northeastern Greece.

Alexandroupoli is one of the newest cities in Greece, as it was only a fishing village until the late 19th century. The modern city is near the site of ancient Sale, a colony of Samothrace. (https://en.wikipedia.org/wiki/Alexandroupoli)

Visit to Thrilorio village and the Basketry Museum ...







Magnificent cultural treasure, exhibiting hundreds of rare and unique baskets from the Peninsula of Haemus/Balkan Peninsula (Grece, Bulgaria, Turkey, Serbia, Albania) as well as other continents.





Magnificent cultural treasure, exhibiting hundreds of rare and unique baskets from the Peninsula of Haemus/Balkan Peninsula (Grece, Bulgaria, Turkey, Serbia, Albania) as well as otheir continents.

• Workshop "Chemistry in the kitchen" - a local **refugee association** held a workshop during which students learned how to prepare and cook popular local pastries.



• Not only did students learn how to cook local pastries but also about the history of the community. It was an amazing experience.



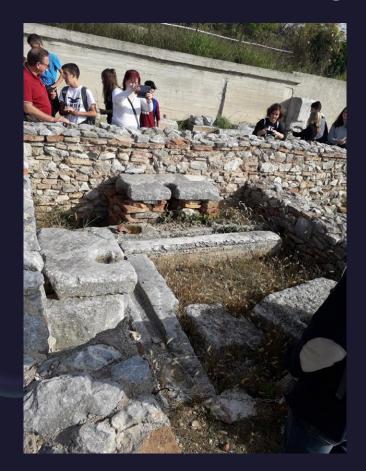


In the end, each team received souvenirs offered by the local association.



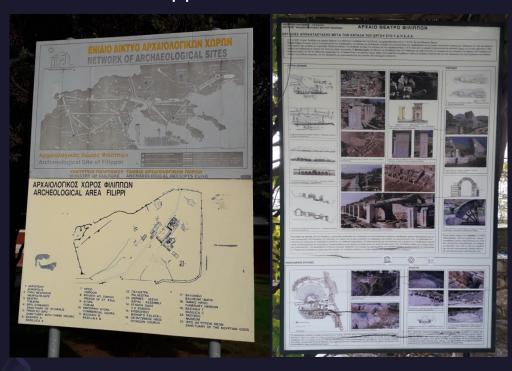


• On Thursday, November 7th, students and teachers visited Filippi (archaeological site), in Kavala and Frourio, in order to collect information to organize the Project's Common Product: a Brochure Achieve+.





Cultural visit to Filippi Museum.



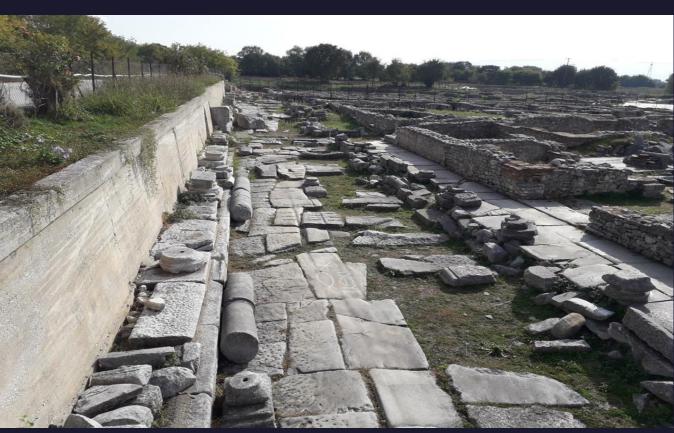


The Archaeological Museum of Philippi was built in 1960 according to the designs of architects I.D. Triantafyllidi and D. Fatouro on the outskirts of the archaeological site of Philippi. Because the old building had multiple problems, it was reconstructed.

The museum has two sections of exhibition spaces for the permanent presentation of findings from the excavations of the ancient city. (https://www.emtgreece.com/en/museums/archaeological-museum-of-philippi)







• Lunch time at Kavala – while having lunch together, students learnt about Greek eating habits.



• Workshop "Students with learning difficulties" by Bulgarian team

Teachers shared some techniques and strategies to cope with students with learning disorders.





• Czech Republic - Workshop "IT in evaluation: Methods and Tools" - Teachers shared new approaches to project assessment and students' assessment.



Project meeting –Participants discussed strategies to create, publish and evaluate main products/results and ensure project sustainability. Teachers improved teaching quality, personal IT skills and shared successful methods.





STUDENTS CREATED A COMMON PADLET TO SHARE THEIR EXPERIENCES/LEARNING/EXPECTATIONS DURING MOBILITY AND PUBLISHED THEM

ACHIEVE+ 4th Mobility - Greece
Express your opinions about your experience in Komotini- Greece

Portugal

Greece

H

Angelina, 7th grade, class A

Between the 3rd and 9th
November, 2019, I went to
Greece with Achive+ Erasmus
+ Project. We went to Greece,

Project. We went to Greece,

Express your opinions about your experience in Komotini- Greece

Hakan

These ancient theatre is very
beautiful place. I like the acoustic
and the scene. I had a very good
experience here THANK YOU !!!

• STUDENTS ACQUIRED BASIC VOCABULARY OF PARTNERS' NATIONAL LANGUAGES WHEN THEY COMPLETED THE COMMON MINI MULTILINGUAL DICTIONARY.



• Final Erasmus dinner party with a lot of Greek food prepared by the Greek students' parents and offered to the participants.













Students and teachers sharing songs and dances from their home countries.





Erasmus+ Achieve+ project



This visit aimed sharing knowledge about cultural heritage and the importance of the preservation of resources, as a form of integration and education of different European peoples. It was an opportunity to learn about Greece and European art and History.

ACHIEVE+ Around Cultural Heritage Investigate European Values with Erasmus+



"Play and Learn"

Virtual Transnational meeting

NAIDEN GEROV BASIC SCHOOL BURGAS, BULGARIA

^{5th} meeting - Short-term Exchanges of Groups of Pupils C4 meeting - Burgas, Bulgaria

PROJECT WORKING DAYS 09.11 – 13.11.2020

2018 - 2020

Website: http://twinspace.etwinning.net/74790



During a one-week virtual meeting between the partners, held from November 9th to 13th (due to the COVID pandemic), students and teachers got acquainted with work in various programs such as "Scratch", they worked on educational games, learnt about historical and architectural orientation, engaged in activities in "eTwinning Space", "EducaPlay", made a virtual tour in Bulgaria and conducted a Bulgarian language lesson to their friends from other countries.

Monday - 9th of November

Activities performed on Zoom and on eTwinning platform

Welcoming activities: Headmaster welcome speech and Bulgaria Team.

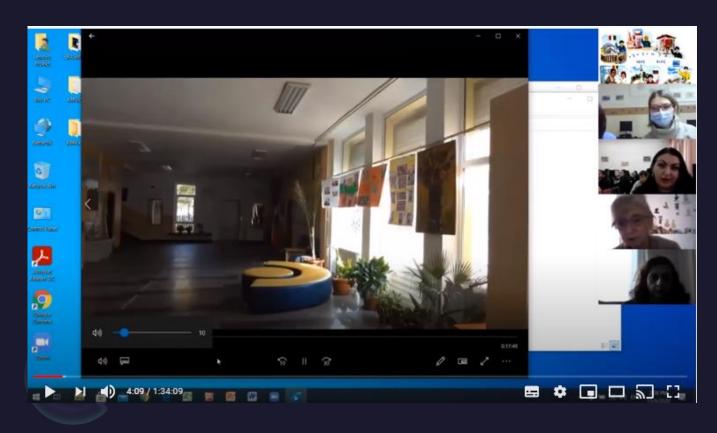




Monday - 9th of November

Virtual Tour around school

Watch the presentation!!





https://youtu.be/bZuOGp9vGF4

Monday - 9th of November

Workshop about IT Game "Monuments" - all teams presented games about monuments they had created during project activities and exchanged ideas on rules, and web 2.0 tools used for creation, played together and communicated in international groups





web 2.0 tools used for creation of IT Games Komotini school presentation, Greece

• LearningApps.org is a Web 2.0 application, to support learning and teaching processes with small interactive modules. Those modules can be used directly in learning materials, but also for self studying.





Watch the presentation!!

//v.calameo.com/?bkcode=004073674f9197904b47e&mode=mini

Greek Learning app Games And now...let's have fun!

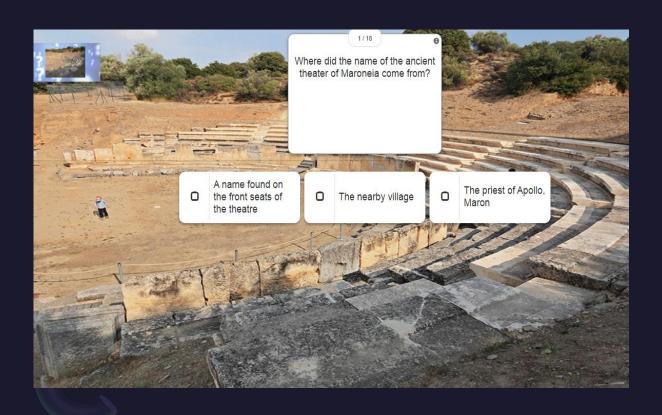
The parts of the Ancient Theater - audio video







Ancient theater of Maroneia - Quiz





Game link https://learningapps.org/view9165274

Main parts of the theater





Game link: https://learningapps.org/watch?v=p4o9egnnc20

web 2.0 tools used for creation of IT Games Baila school presentation Romania 1st game

By playing this game students learnt about the most famous and important Romanian monuments, part of the tangible material heritage.





https://drive.google.com/file/d/1582WXb69i5clbrRAb0PPp13 u50LVJ4DM/view?usp=sharing

Braila IT Games presentation, Romania 2nd game

The platform used for this game is LearningApps.org
The exercise used is "Find pairs."





https://drive.google.com/file/d/1HtGzUIkdSUa1y6VYZQv1I1 0 2BWNxfKP/view?usp=sharing

Romanian Learning app Games

Architecture – Find the pair

By playing this games, students learnt about architectural elements taken from the Architecture Glossary
They had fun matching architectural elements and names of the Romanian monuments to pictures.



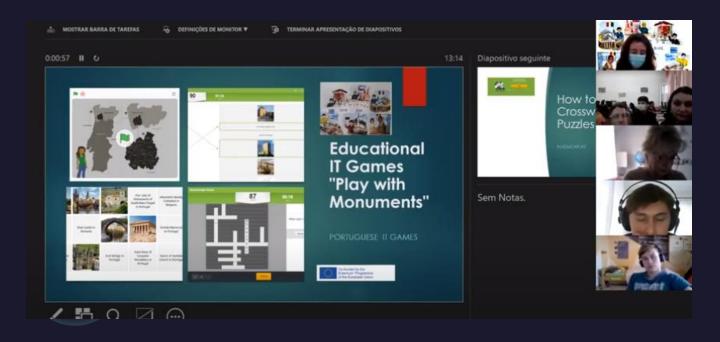


Game link: https://learningapps.org/display?v=p56v47shj20

web 2.0 tools used for creation of IT Games Agrupamento de Escolas de Idães presentation, Portugal

• 3 Games created on Educaplay": How to create Crosswords Puzzles; Matching Columns Games;

Online Memory Game and 1 online Scratch game" questions and answers game with Scratch".





https://drive.google.com/file/d/18H7tMBEn20somUIb0a6wo ZeBrqxe7BQ/view?usp=sharing

Portuguese Educaplay Games

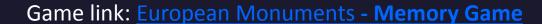
Having fun and finding out monuments names with this Memory Game.

European Monuments Memory Game: By playing this game, students

matched monuments to their names.

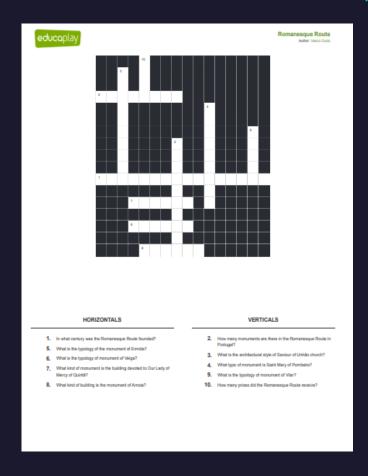






Romanesque Route - Crossword Puzzle Game

Have fun answering the questions and find out the words.





Game link: Romanesque Route - Crossword Puzzle Game

European monuments - Set Matching Columns Game

Play and learn with "Romanesque Monuments"

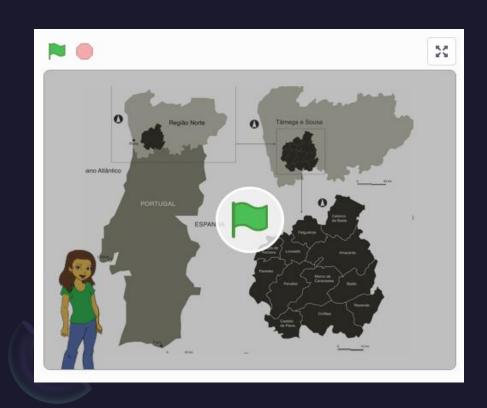




Game link: <u>European monuments - **Set Matching Columns**</u> **Game**

Have fun finding out "Portuguese architectural diversity with Romanesque Route monuments" with this scratch game!

"Portuguese architectural diversity with Romanesque Route"





Game Link:

http://bit.ly/PortuguesearchitecturaldiversitywithRomanesqueRoute

web 2.0 tools used for creation of IT Games IT Games presentation by I.C. Camera school, Sala Consilina - Italy

2 Games created on Educaplay": How to create Crosswords Puzzles and Matching Columns Games;
 and 1 Puzzle created with jigsawplanet



Tutorial How to create our games with Web 2.0 tools



https://drive.google.com/file/d/1fhVQ6QuJNiScIcKI8Zz5 ZiZhADC 80M-/view?usp=sharing

Italian Educaplay Games

Baptistery of San Giovanni in Fonte's Memory game! Matching parts of the monuments to their names.



Take your mobile phone and open the QR reader, point the phone to this code and play the game.



Game link: <u>Baptistery of San Giovanni in Fonte – Memory</u>
<u>Game</u>

The Early Christian Baptistery Fonte - Word search Puzzle Game

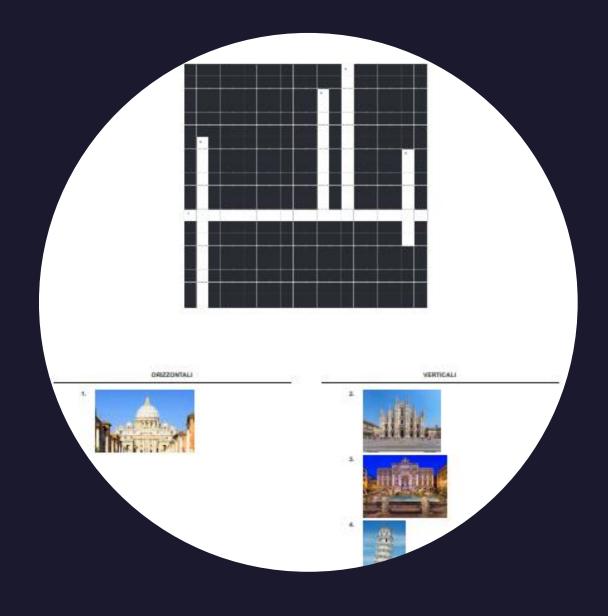




Game link: <u>The Early Christian Baptistery Fonte - Word</u> search Puzzle Game

Italian monuments - Crossword Puzzle Game





Game link: <u>Crossword about Italian monuments - Crossword</u> **Puzzle Game**

Italian jigsaw puzzle Games - Italian monuments Have fun building the Colosseo with this puzzle!

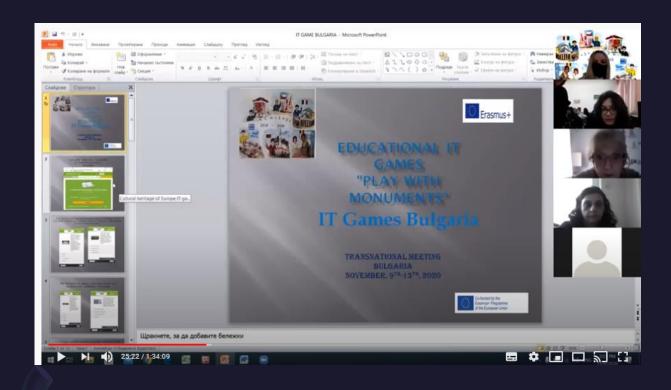




Game link:

https://www.jigsawplanet.com/?rc=play&pid=2351ba550025

web 2.0 tools used for creation of **IT Games presentation by** NAIDEN GEROV BASIC SCHOOL BURGAS, BULGARIA



- The creation of the test game "Europe's Cultural Heritage" in the Educaplay application, was aimed at students and had an informational and educational purpose.
- The focus of the game is on the cultural and architectural landmarks in Europe.

Tutorial How to create our Educaplay game



https://drive.google.com/file/d/1vRHFMSoMJyU3res2r-afw3SwNkXmF1Dk/view?usp=sharing

Watch the presentation!!



Bulgarian Educaplay Game: Cultural Heritage of Europe - Quiz Game

 By playing this game, students learnt about style/ features/ location of European monuments.



Have fun playing with this Quiz!!!

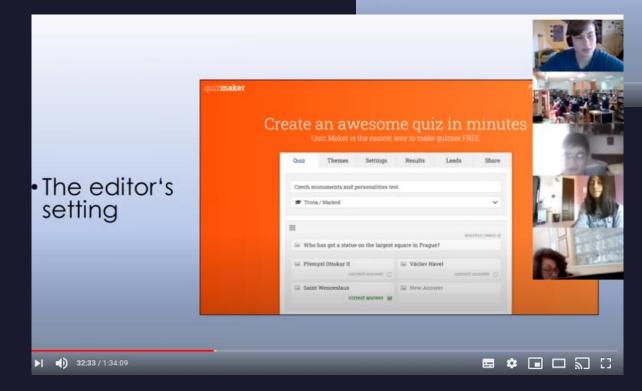


Game link: <u>Cultural Heritage of Europe - Quiz Game</u>

web 2.0 tools used for creation of IT Games presentation by Gymnazium, Ceske Budejovice, Jirovcova 8 Czech Republic

2. Czech Monuments game

- The second game is very simple, it works like the most basic memory game with 28 cards.
- There are 14 little texts about a monument that must identify with the appropriate pictures.
- It is also important to take the information into account as it can appear in the following task





How to create our quiz mark online test

Educaplay game and Another tool that can easily be used in education is Socrative application.



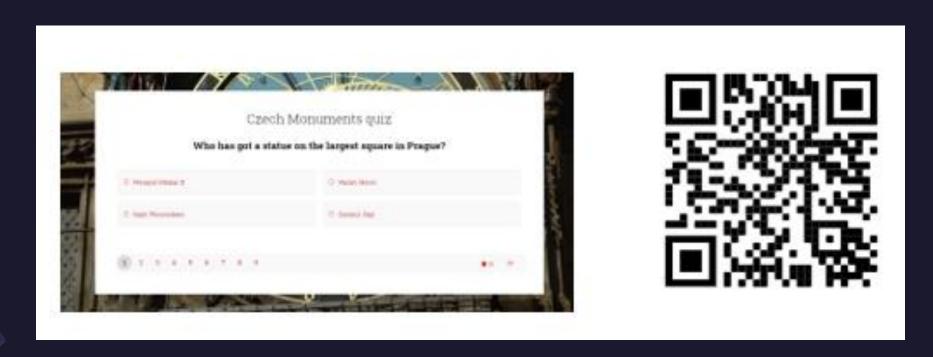
Czech Educational IT Games created with ClassMarker

Czech Monuments quiz!

The monuments game is very simple, it works like the most basic memory game with 28 cards.

• There are 14 little texts about a monument that we must identify and associate with the appropriate pictures.





Go to our eTwinning page "Educational IT Games -**Monuments**" and play the games and see our opinion about these games!!!

Link to the page: https://twinspace.etwinning.net/74790/pa ges/page/650101

Please give us your opinion about what you have learned by playing these online games, especially created for you and by you.

Add item

Tatiana Costa/Leandra Silva, Portugal

We study at Agrupamento de Escola de Idães School In our opinion these games are very important to learn more about the monuments and culture of countries. We can also improve our English speaking ability. Our favourites games are puzzles games because they are the most difficult and we like new challenges. Thanks.:)

Alejandro Martins

In my point of view, I found the experience of visiting new places

Simão Marinho, Portugal

With these games I was be to understand more things about other countries like monuments here are in our country and this names in inglish. MY favourite game is that of the puzzle because I had a lot of fun trying to complete it and I also really enjoyed connecting the images of portuguese monuments of the inglish language

Rita Afonso e Sofia Abreu, Portugal

Pages

In our opinion, the games of E-Twinning, are a fun way to learn

- Teachers' presentations

Students' presentations

Istituto Comprensivo Camera Agrupamento de Escolas de

Gymnazium, Ceske Budejovice,

(+) Create a page

4o Gymnasio Komotinis

ACHIEVE+ project

Dissemination

roject team

Fábio Lobão, Portugal

In my opinion this project helped me to learning more about english and programe games. The games of project are very to know others cultures of others countries. I doa game about this project that consist in questions and answers of romanesque portuguese monuments. MY favourites games are puzzles because is the most difficult but I really like. Thanks!

Bárbara Margues/Guilherme Mendes - PORTUGAL

Pitulice Amalia, Romania I played all the games

It was very fun. By doing these games we remember the beauty of different historic monuments of Europe : we learn about style characteristics and the venue of monuments These games tests our memory and we can verify our knowledge about the monuments of Europe . All this experience was like a dream! Thanks for everything!

Chiriacescu Alexia Nicole, Romania

This is my opinion The project was very about the games. interesting and The games were fun productive. I have and entertaining. It was learned a lot about The easy to learn from European Cultural them.I ve done most of

knowledge in English, my History, Geography and Art knowledge as

Dimitrinka Dimova interesting and

a lot about The

European Cultural

also improved my

knowledge in English,

and Art kowledge as

The project was very

productive. I've learned

Heritage - foundation.

also improved mu IT

know ledge in English,

mu History, Geography

and Art know ledge as

my History, Geography

Zlatina Mandalcheva The project was very interesting and productive. I've leorned a lat about The European Cutural Heritagefoundation:ornaments:co of the construction materials; We've learned alotabouttho different arhitecture styles. I also improved my I english and history hnowlege.

nikol slavova

Svetoslav Zhelev

The project was very interesting and productive. I've learned a lot about the European Cultural Heritagefoundation, arnaments

We study at

/ i

Educational IT Games - Monuments

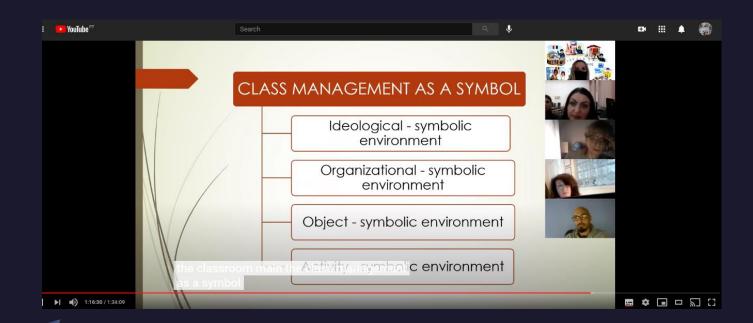
Play with monuments: Students from each school create educational games related to Europe's architectural diversity and will focus on the topic Monuments Learn and Play! Portuguese Games Have fun discovering "Portuguese architectural diversity with Romanesque Route monuments" With this scratch game!



PHOTOS (Monuments) By Romanesque Route | António



 Training sessions for teachers: Workshop -"Classroom management in multinational setting" - Many schools have ethnic and religious minorities.
 Teachers shared their teaching experience with these students.

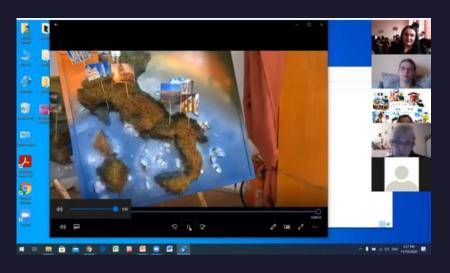


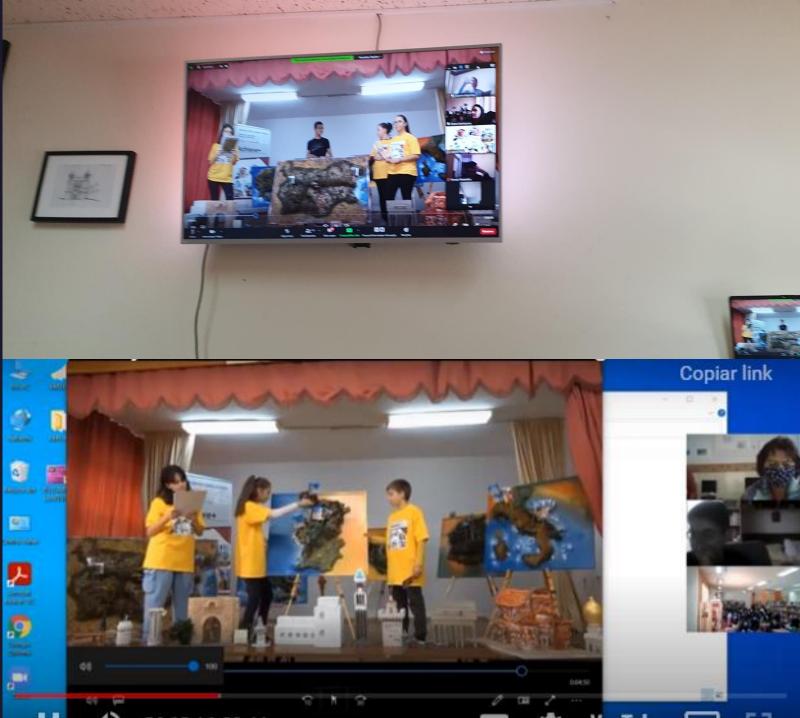
Watch the presentation!!



Tuesday - 10th of November

3D game on maps and partners' countries monuments





3D game on maps and partners' countries monuments

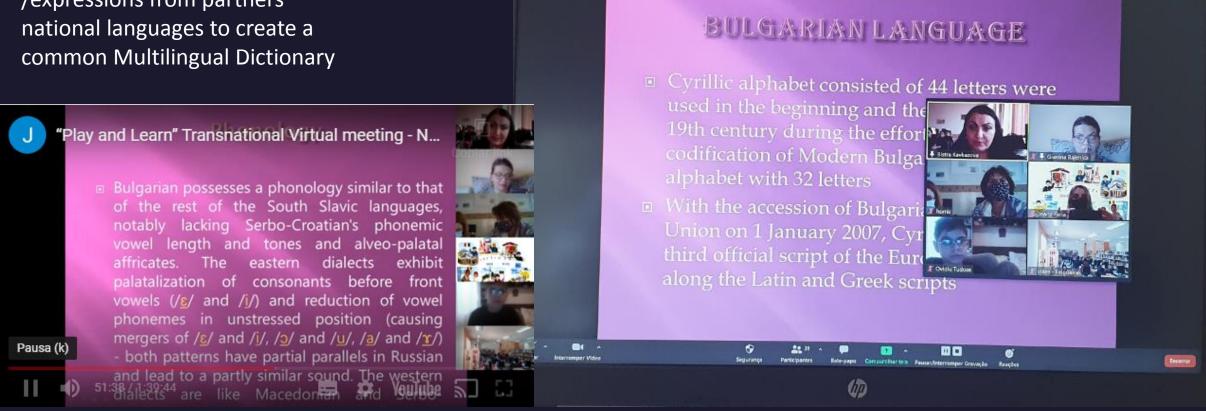


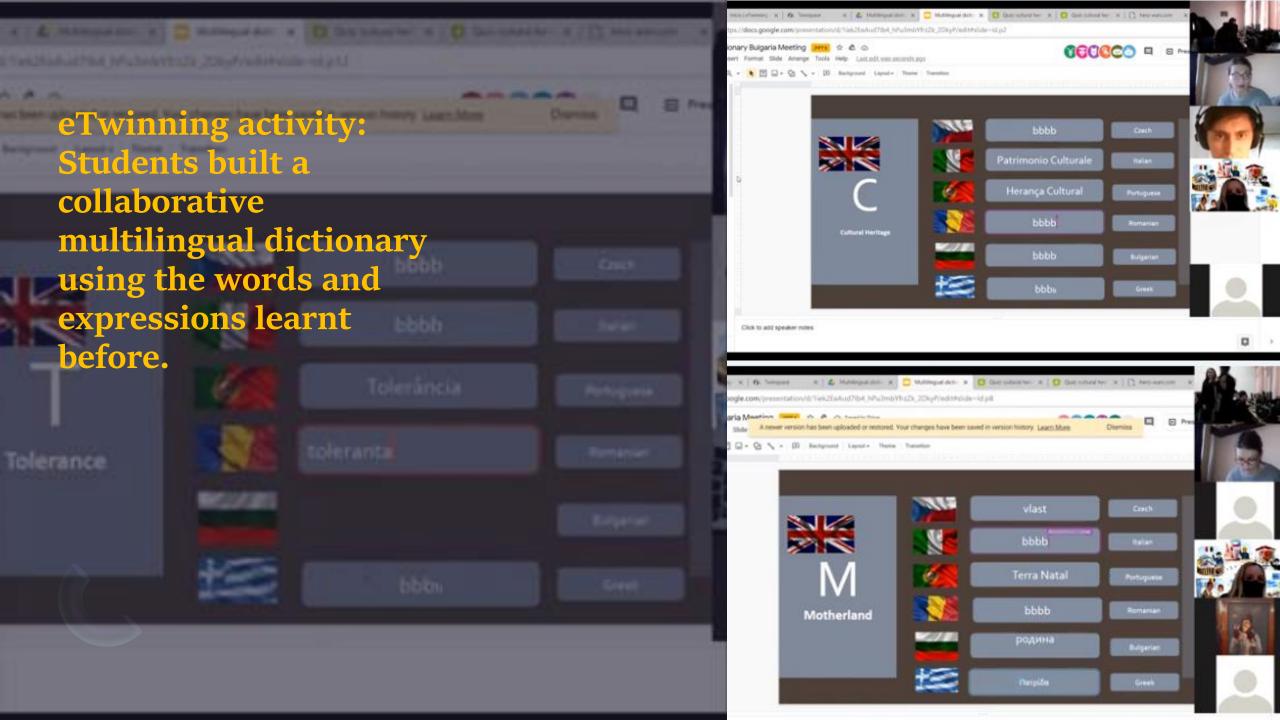




Basic Bulgarian language: Bulgarian team shared a presentation related to the origin and evolution of Bulgarian language

Basic Bulgarian language lesson: students learnt basic vocabulary /expressions from partners' national languages to create a common Multilingual Dictionary





"Play and Learn" Transnational Virtual Meeting - NAIDEN GEROV BASIC SCHOOL BURGAS, BULGARIA

Training sessions for teachers: Workshop: Virtual Workshop: "The benefits of the
experiential approach in teaching" presentation and discussion. Teachers learnt about
new teaching methods. They shared their experience and exchange good practices.



Watch the presentation!!





https://drive.google.com/file/d/1diHEnmExJjrVVIfZ3J4Z7Eh0 RDe_CaEN/view?usp=sharing

Tuesday - 10th of November

Traditional learning activities



- Teacher-centered
- Focused learning outcomes are prescribed to a fixed rubric or scoring system
- Aim :to explain knowledge and/or skills by transferring information
- Fixed structure, high degree of facilitation



- "They are easily distracted."

 "They show no interest in learning."
- "My students are disengaged."

No teacher wants to use these phrases to describe a student, but disengagement in schools is a real, persistent problem — making descriptions such as these all too common in classrooms today.





Experiential learning takes place when learners gain knowledge through their reflections based on experiences.

Our Erasmus project has been a perfect opportunity for the experiential teaching –learning process.

Students and teachers have had great experiences preparing the mobilities and preparing a lot of materials for them.

Students and teachers have improved History, IT and Geography knowledge

They have improved a variety of key competences, including foreign languages, Science and digital skills

Despite the disruption caused by the Covid -19 pandemic, our online meetings and preparation for them have already succeeded and will succeed in raising awareness of the importance of traditional values, culture, places, traditions and ancient customs.

Our project experiences have encouraged teachers and students' creativity, logical thinking, the ability to organize ideas and the desire to get involved.

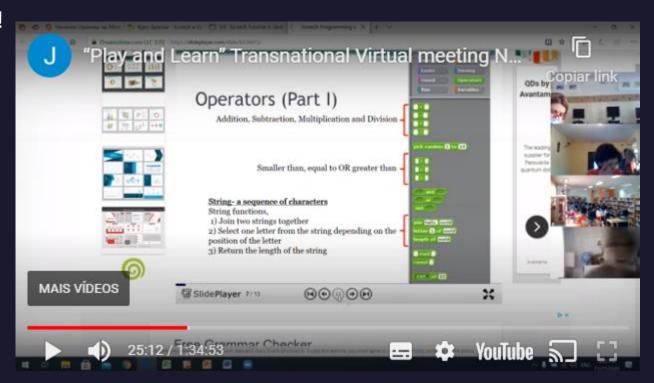


WEDNESDAY 11th November

Workshop Scratch App — "Let's program with Scratch app and have fun!!!"

Watch our Tutorial How to create Scratch Games!!!!

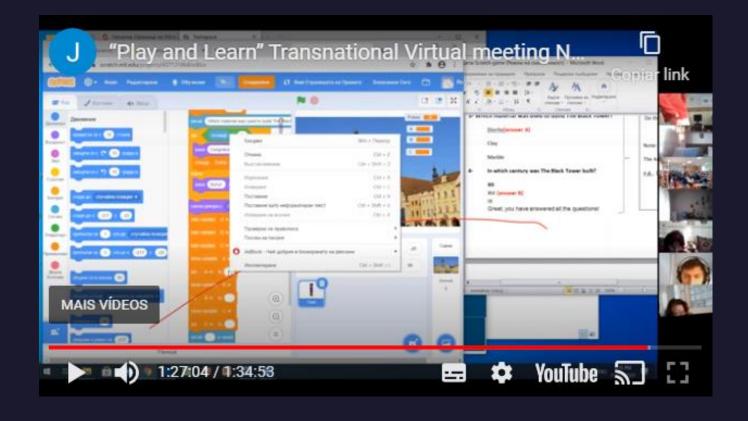


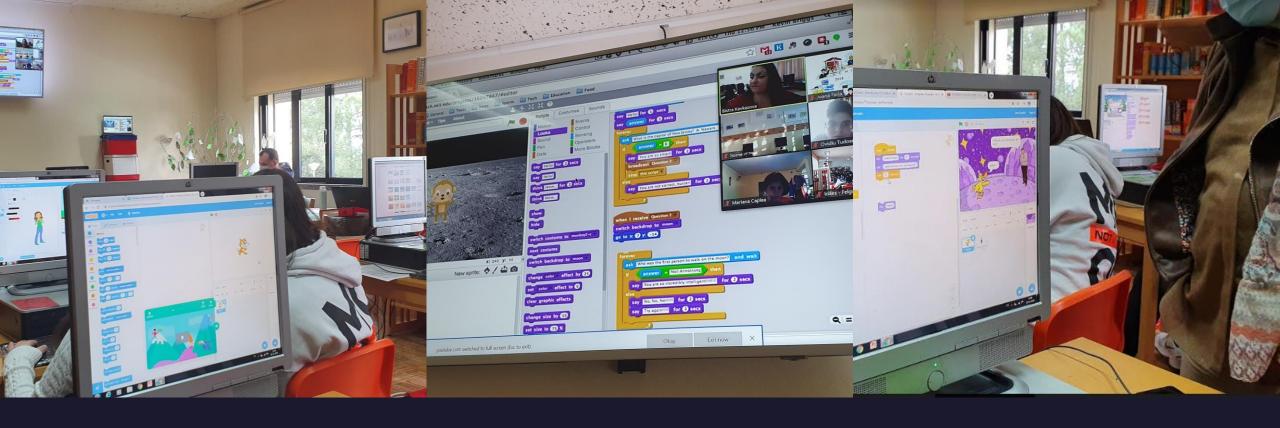


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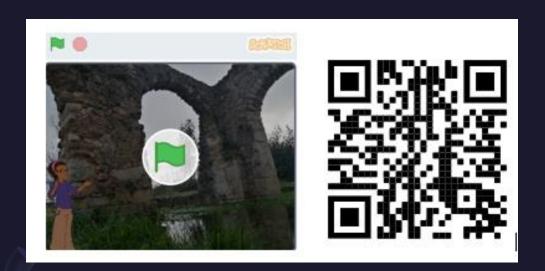


• Students learnt, created and programmed a questions and answers game with Scratch named European Monuments & architectural diversity!

Educational IT Games created with Scratch

Aims: To build a collaborative Scratch Game

Greece team was responsible for the creation of the scratch game about Italian monument "Baptistery of San Giovanni in Fonte"



Romania team was responsible for the creation of the scratch game about Greek monument "Ancient Theatre of the Maronia"



Game Link: http://bit.ly/BaptisteryofSanGiovanniinFonte

Game link: http://bit.ly/AncientTheatreoftheMaronia

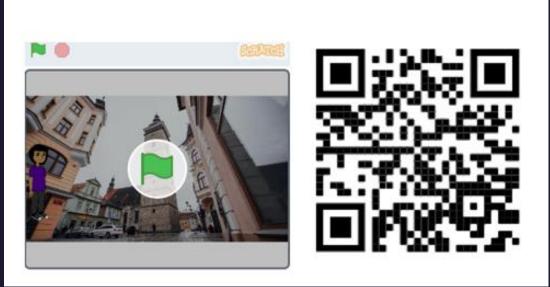
Educational IT Games created with Scratch

Aims: To build a collaborative Scratch Game

Czech team was responsible for the creation of the scratch game with questions about: Portuguese

of the scratch game with questions about Czech monument "The Black Tower" monument "Monastery of Saint Mary of Pombeiro"





Bulgarian team was responsible for the creation

Game link: http://bit.ly/MonasteryofSaintMaryofPombeiro

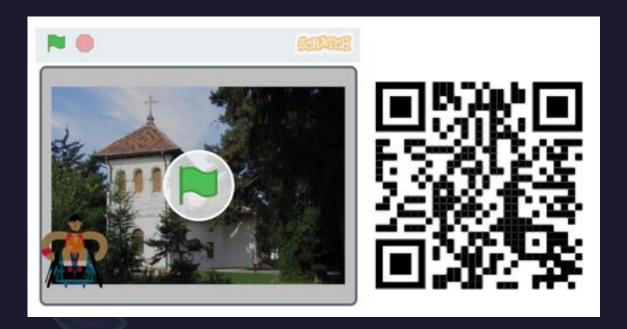
Game link: http://bit.ly/TheBlackTower

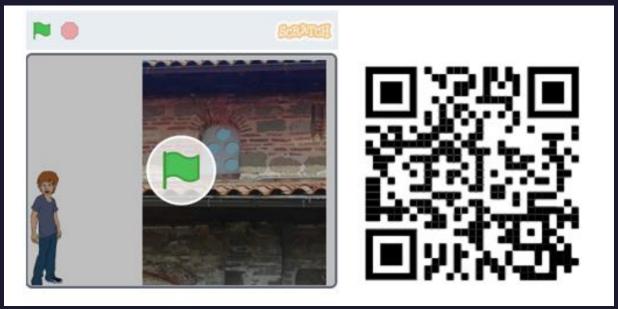
Educational IT Games created with Scratch

Aims: To build a collaborative Scratch Game

Portuguese team was responsible for the creation of the scratch game with questions Romanian monument "Church of Holy Archangels Michael and Gabriel"

Italian team was responsible for the creation of the scratch game with questions about Bulgarian monument "The Church of St. Stephen"





Game link: http://bit.ly/TheChurchofStStephen

During this week students created a game: European Monuments & architectural diversity! – scratch game

See the final result of our collaborative SCRATCH Game





Click to play the Game: https://scratch.mit.edu/projects/440554837

WEDNESDAY 11th November

Virtual tour to: "The Ancient town of Nessebur"









THURSDAY 12th of November

Virtual Art workshop - Icones painting/video















Virtual Tour to the towns of Deultum; virtual visit to the monuments **Veliko Tarnovo-Tzarevetz** and historical places.

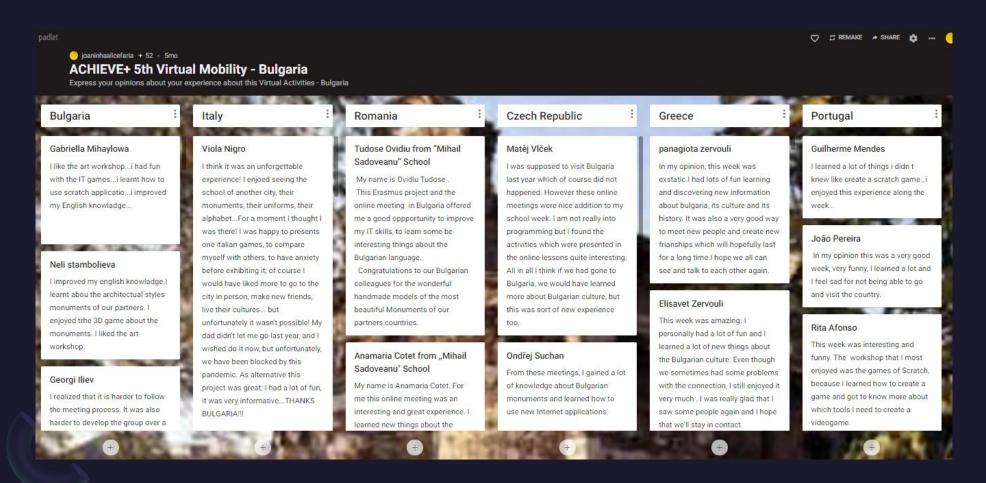




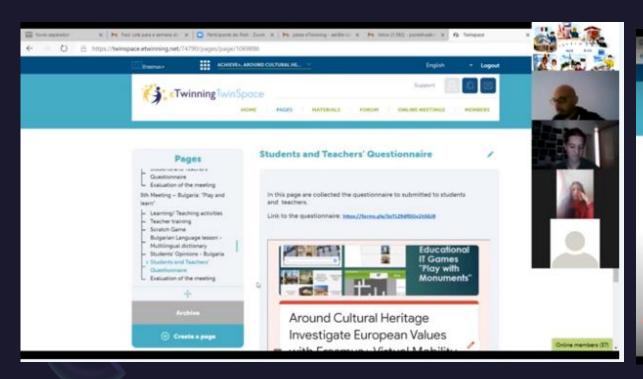


Friday 13th of November

Evaluation: eTwinning space activity for students: Students created a common Padlet "Students' opinion- Bulgaria" about their experiences / learning / expectations during virtual meeting.



Online questionnaire evaluation - Teachers and students answered the online questionnaire.





2018-1-PT01-KA229-047257

ACHIEVE+ Around Cultural Heritage Investigate European Values with Erasmus+



"Historical Life" Transnational Virtual meeting

Scoala Gimnaziala Mihail Sadoveanu - Braila, Romania

^{6th} meeting - Short-term Exchanges of Groups of Pupils C5 meeting - Braila, Romania

PROJECT WORKING DAYS 23.11 - 27.11.2020

2018 – 2021

Website: http://twinspace.etwinning.net/74790



Scoala Gimnaziala Mihail Sadoveanu - Braila, Romania –6th meeting

 In the last week of November, from 23rd to 27th, Achieve + Project team participated in a virtual mobility together with students and teachers from Greece, Bulgaria, Italy, Czech Republic, Romania and Portugal.

Romanian team was in charge of this week's organization and the students of the partnership presented the games they had created using web 2.0 tools. The games were about outstanding personalities in the History of each country, about traditional legends as well as other topics. In addition to the games, students had the opportunity to participate in activities proposed by the Romanian team, such as virtual tours to places of historical interest and workshops related to artistic creation.

Scoala Gimnaziala Mihail Sadoveanu - Braila, Romania -6th meeting

Monday 23rd November Activities performed on Zoom and on eTwinning platform

Welcoming activities: teams presentation, Headmaster and School Inspector's speech (Inspector for Education Projects)





Visit to school (virtual tour to the school facilities)

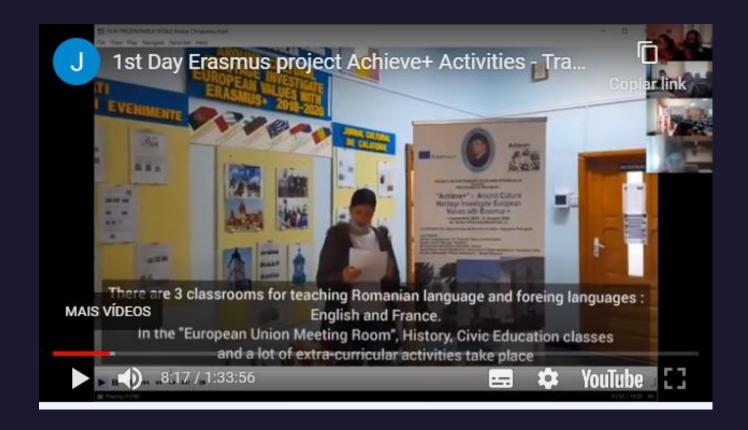
• Link for the video https://youtu.be/kstE9kyDiJw





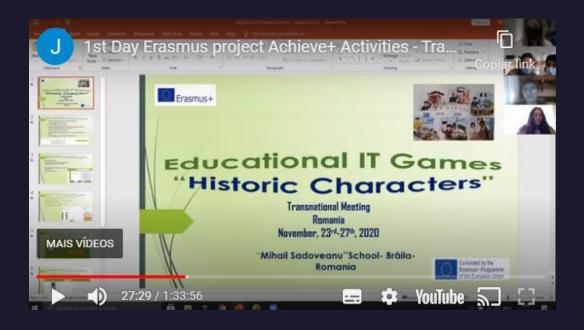






Workshop IT Game "Historic Characters"

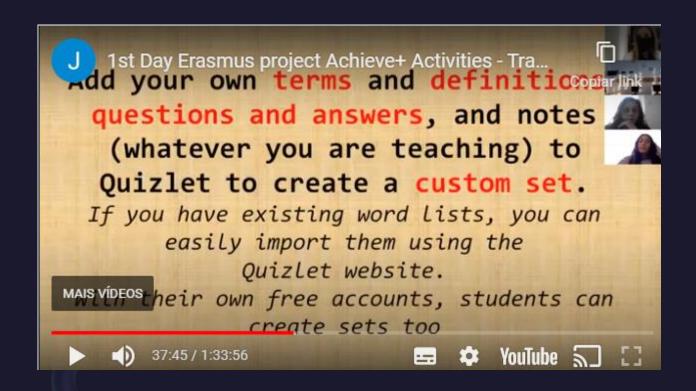
Students presented the games about occupations, amusements, clothes, and activities of the historical personalities they had created before at their schools during project activities and exchanged ideas about the rules. They played together and communicated in international groups.





web 2.0 tools used for creation of IT Games presentation by 4o Gymnasio Komotinis, Greece

Watch our Tutorial How to create Quizlet !!!

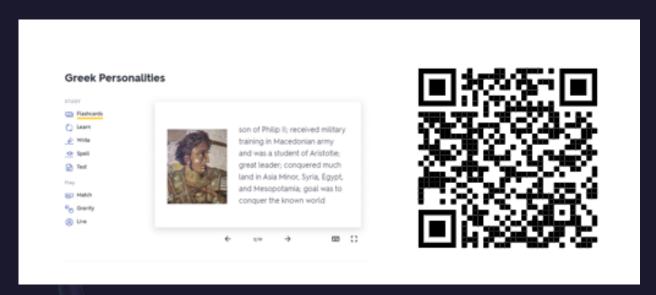




Greek Educational IT Games created with Quizlet

Historical Personalities Learn about Great Ancient Greeks with this quizlet games.

Students first learnt about Great Ancient Greeks - Greek -personalities-flash-cards



Then, they played the matching game at:

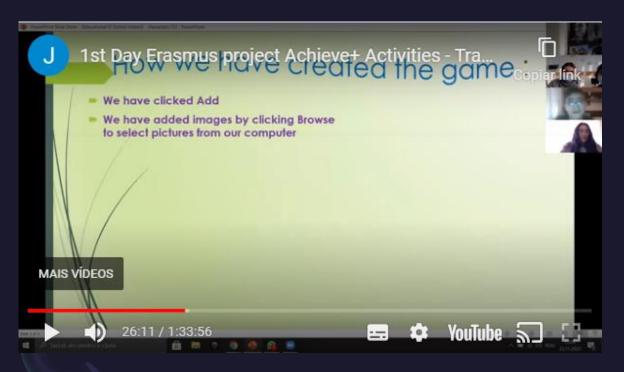


Game link: <u>Greek-personalities-flash-cards</u>

Game link: Greek personalities Match game

Games presentation, Mihail Sadoveanu''School- Brăila- Romania

Founding Fathers of the United Romania
Match the names with the event - Educaplay Game.
"The Millionnaires" about historical personalies created on Learning apps.



Watch our Tutorial How to create these games !!!



https://drive.google.com/file/d/1AdElgVGal8AYNd26vNL EGR3wDGQ3GFqr/view?usp=sharing

About Romania - The Millionaire Game

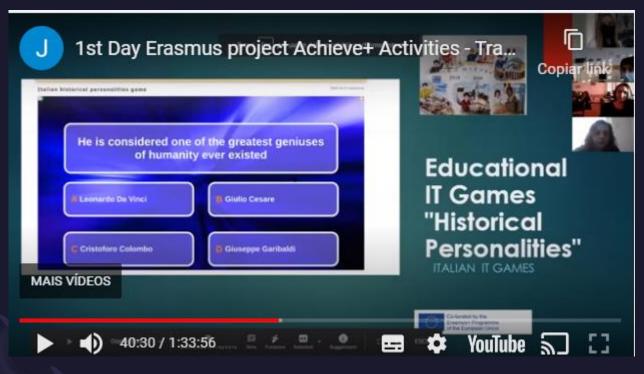




Game link: https://learningapps.org/14571217

IT Games presentation IC Sala Consilia, Italy

The platform used for this game is LearningApps.org: Let's play to "who want be a millionaire" with Italian historical personalities.





Italian historical personalities -The Millionaire Game

Game link: https://learningapps.org/watch?v=pdvsox3nv20





IT Games presentation Agrupamento de Escolas de Idães, Portugal

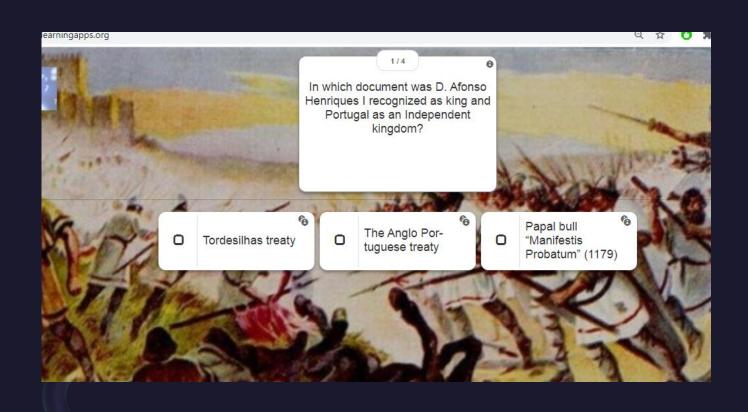
2 Games created on LearningApps.org. The creation of the "Quiz and Guess the word!" games About Historical Portuguese Personalities in this Web2.0 tool, is aimed at students and it has an informational and educational purpose.





https://drive.google.com/file/d/1BWmhcSGnaKl1Jd3hgLY015Ic56Ov_7lk/view?usp=sharing

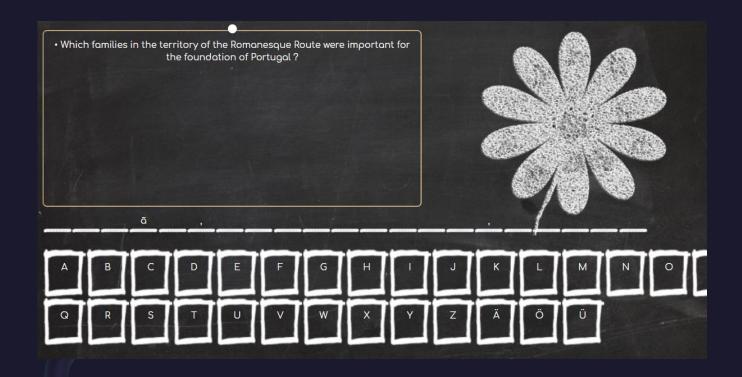
Portuguese Historical personalities - questions and answers game.





Game link: <u>https://learningapps.org/view14002893</u>

Portuguese Historical Personalities and events - Guess the word game





Game link: <u>https://learningapps.org/watch?v=p14woyjy320</u>

IT Games presentation, Gymnazium, Ceske Budejovice, Jirovcova 8 Czech Republic

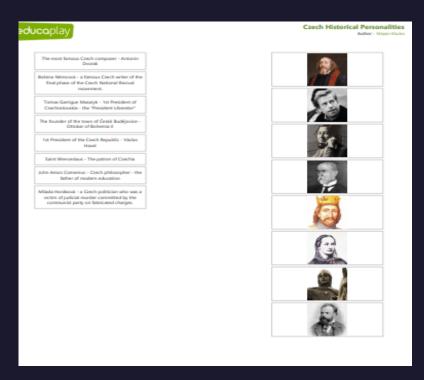




• https://drive.google.com/file/d/1tZOKPUVrnf8pPxUM7gTJK_51lWUwfzzo/view?usp=sharing

Czech Historical Personalities - Set Matching Columns Game

1st game - Czech Historical Personalities (on educaplay)•This game is very simple as it is based on matching principle. You should match the historical photography or painting with the name and additional information.

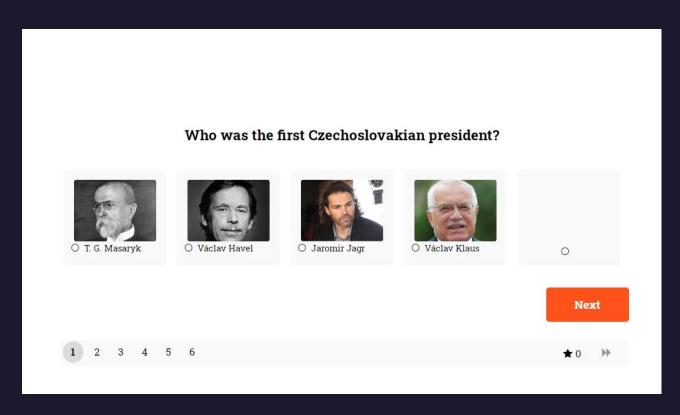


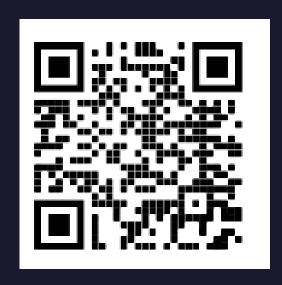
Game link: Czech Historical Personalities



2nd game – multiple choice quiz (on quizlet)

It is just a basic multiple choice task and it is closely related to the previous game so it is going to test your knowledge!!

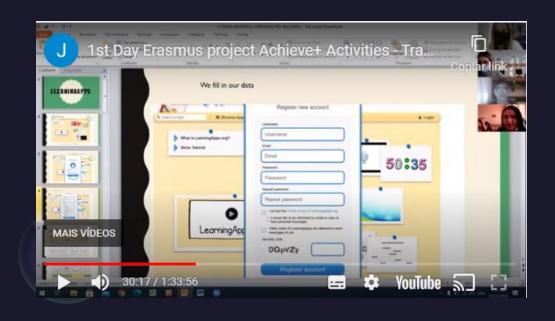




https://www.quiz-maker.com/Q8S05W95F

IT Games presentation, NAIDEN GEROV BASIC SCHOOL BURGAS, BULGARIA

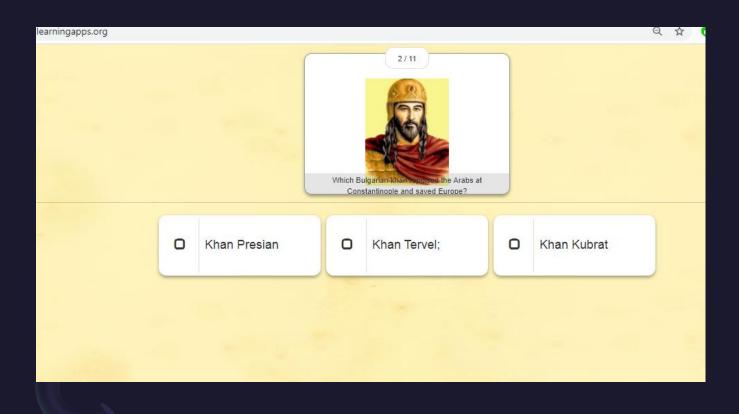
- Historical Personalities
- Learn about Great Bulgarians with this quiz on LearningApps.org





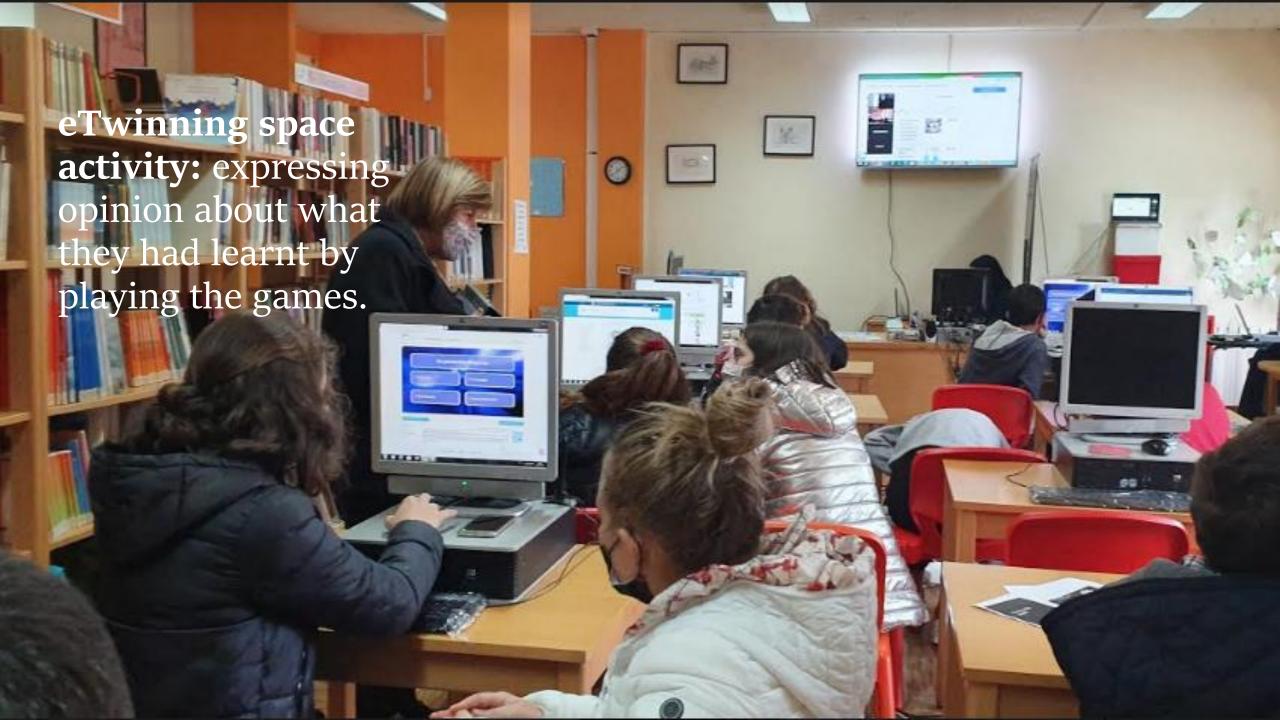
https://drive.google.com/file/d/17DYnVKEz4j5IpHzWXPDCAgA WNNsSalmR/view?usp=sharing

THE GREAT BULGARIANS – Multiple choice quiz





Game link: THE GREAT BULGARIANS



Go to our eTwinning page "Educational IT Games
Historical Personalities- "and play the games and see
our opinion about these games!!!

• Page Link:

<u> https://twinspace.etwinning.net/74790/pages/page/762400</u>

Please give us your opinion about what you have learned by playing these online games, especially created for you and by you.

Add item

Margarida Ferreira -Portugal

This game is interesting. We learnt about Romanian kings, his names and images. This game gave us more knowledge about Romanian history.



I thik this game is very funny and criative. I learned more about Romanian history.

Pedro Pinto, Portugal

About the games, I think they are very cool and fun, the game I liked the most was Italian Historical Personalities.



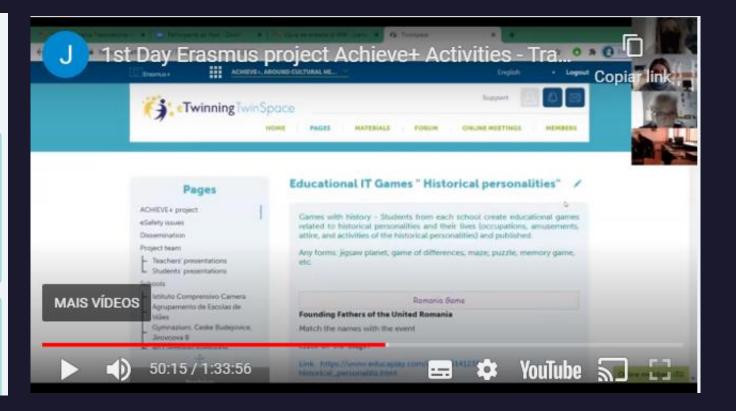
The first game is am very cool and fun game. It is about kings, so we have the feeling that we travel in time. Also, it is amusing to learn about other countries heroes.

Rita Sampaio -Portugal

I tink this game is good to help us to know more about the Romanian founders and historical personalituies. It's very funny and I liked to played it.

Rui Pedro, Portugal

I liked these games because I learn about other countries and the history of these countries.



Tuesday 24th November Basic Romanian language:

 Basic Romanian language: Acquisition of language skills to learn basic vocabulary /expressions from partners' national languages to create a common Multilingual Dictionary.
 eTwinning space activity: Building a collaborative multilingual dictionary.







Basic Romanian language:

• eTwinning space activity: Building a collaborative multilingual dictionary.

Go to our eTwinning page "Romanian Language lesson -Multilingual dictionary" and see how we completed the dictionary a lilted beat more Dictionary

https://twinspace.etwinning.net/74790/pages/page/1090331



Art Workshop "MARTISOR" — "Martisor"-an old tradition

on UNESCO's "intangible cultural heritage of humanity" list





https://www.youtube.com/embed/81FluFDNkX4

Art Workshop "MARTISOR"

https://drive.google.com/file/d/1gKAYbBUAS9bYRv0KnlVn3XFLNbCHE53
 V/view?usp=sharing





Art Workshop
"MARTISOR" – All Teams
painted and created a
Martisor, took pictures of
their work and published
on eTwinning.









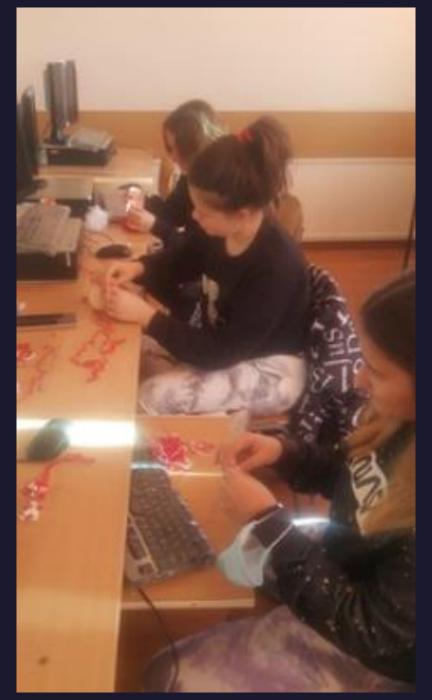


Martisor























Workshop- how to create a traditional Romanian bookmark (watching a video of a grandmother knitting and teaching how to make a bookmark)

https://youtu.be/jEq1ZufgyXc





WEDNESDAY 25th of November

Virtual Tour "Around Braila" (guided visit) -virtually visit to (already studied) monuments and historical places of Romania to organize the final product: a Brochure.





"Around Braila"

• https://www.youtube.com/embed/iWnfvVfYxQY





Education IT games created with Kahoot!

Objectives: To build a collaborative Kahoot! Game

Greek team was responsible for the creation of the Kahoot! game about: *Portuguese Historical personalities.*



Romanian team is responsible for the creation of the Kahoot! game about: *Italian Historical personalities*.



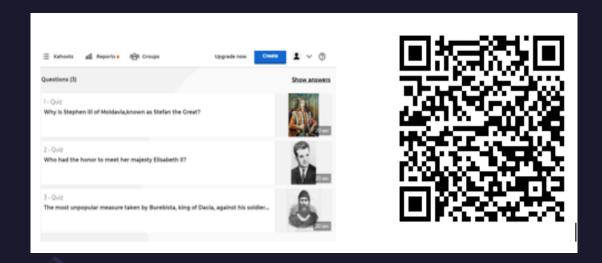
https://create.kahoot.it/share/portugeuse-game/eabd8e23-3577-43ee-8b77-094cfd7e9a1e

https://create.kahoot.it/details/italian-historicalpersonalities/f4889abd-5620-4567-810a-d6f53f079db3

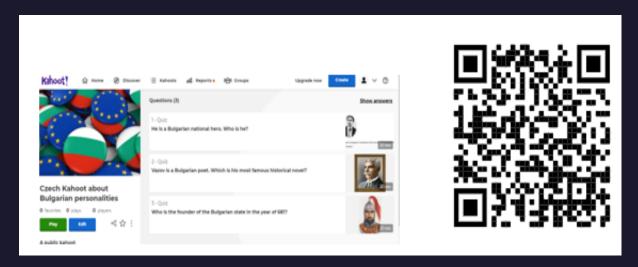
Education IT games created with Kahoot!

Objectives: To build a collaborative Kahoot! Game

Italian team is responsible for the creation of the Kahoot! game about: **Romanian Historical personalities.**



Czech team is responsible for the creation of the Kahoot! game about: *Bulgarian Historical* personalities



https://create.kahoot.it/share/the-romanian-historic-character/4812b4b5-ea62-4612-932f-42bb214d000e

https://create.kahoot.it/details/b4f3d772-cdae-498c-8cec-f55ad1781073

Education IT games created with Kahoot!

Objectives: To build a collaborative Kahoot! Game

Portuguese team is responsible for the creation of the Kahoot! game about: *Czech Historical personalities.*

Questiens (i)

1 - Quiz

Who was the farmous king that built the oldest bridge and the first university in Pr...

2 - Quiz

Who was the first president of independent Czech Republic?

3 - Quiz

What is Jaromir Jägr farmous for?

Bulgarian team is responsible for the creation of the Kahoot! game about: *Greek Historical personalities*.

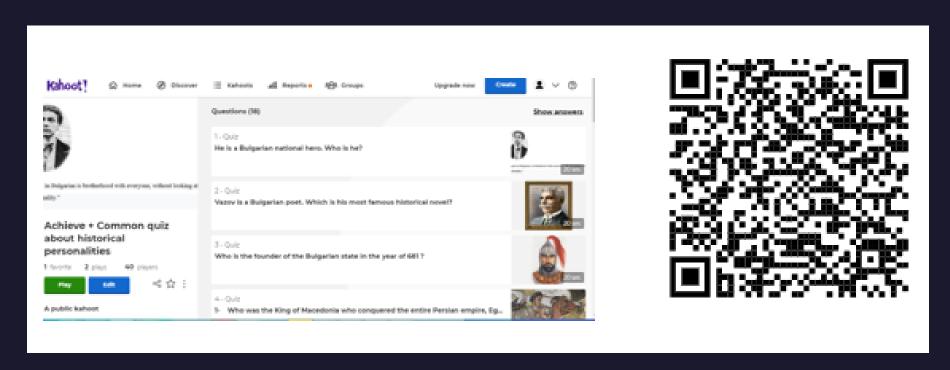


https://create.kahoot.it/share/czech-republic-historical-personalities/77de48bf-4168-45fd-bf30-cdd7dd969ebd

https://create.kahoot.it/details/greek-historical-character/9a1516de-e64a-4519-ac85-a452ad031a5f

During this week students created Kahoot! game: Achieve + "European Historical Personalities" quiz game.

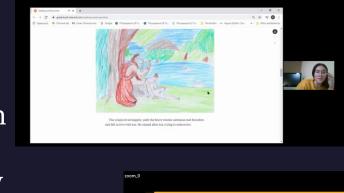
See the final result of our collaborative Kahoot! Game



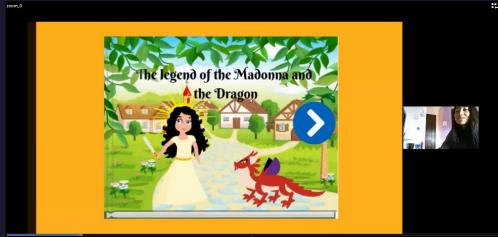
Click to play the Game Achieve+ Historical Personalities

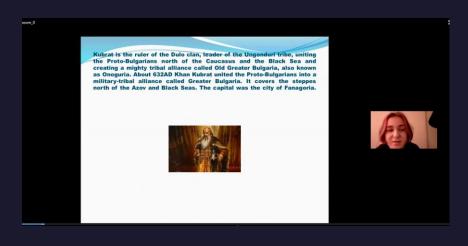
Thursday 26 th of November

Legends Presentation- Students learn about **the Legends** of each country through the presentations prepared by each country.













Legends Presentation- Students were divided into 6 international groups, and created a common Digital, Achieve+ Book of Legends.



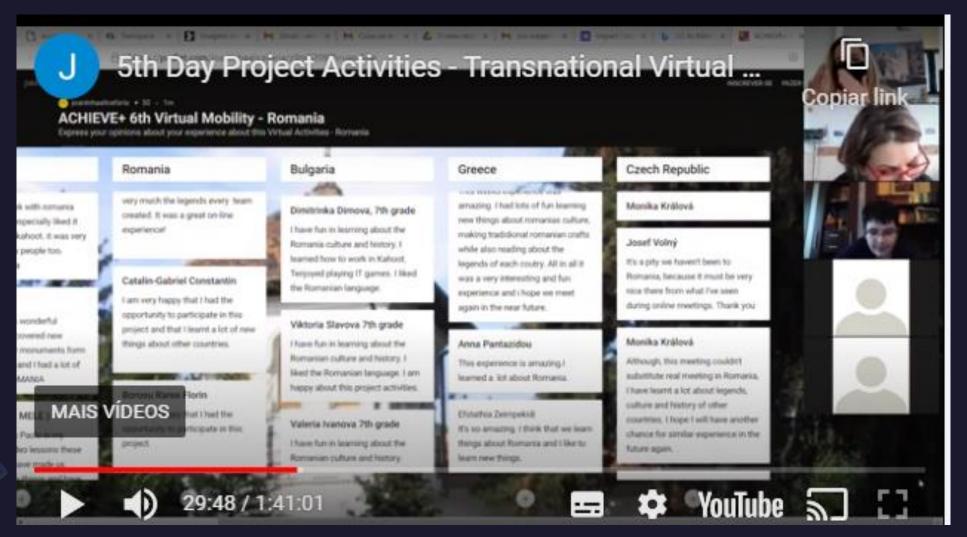
https://www.calameo.com/books/0040736749eda20dd897a

Achieve+ Book of Legends!!!!!



Evaluation: eTwinning space activity for students: Students created a common Padlet "Students' opinion- Romania" about their experiences / learning / expectations during virtual meeting.

Online questionnaire evaluation - Teachers and students answered the online questionnaire.



ACHIEVE+

Around Cultural Heritage Investigate European Values with Erasmus+

Europe's Architectural Diversity



DNA Encyclopaedia European Monuments







ACHIEVE+

Around Cultural Heritage Investigate European Values with Erasmus+

2018-1-PT01-KA229-047257

DNA Encyclopaedia

European Monuments

Europe's Architectural Diversity



Bulgaria

Romania



Czech Republic

Portugal











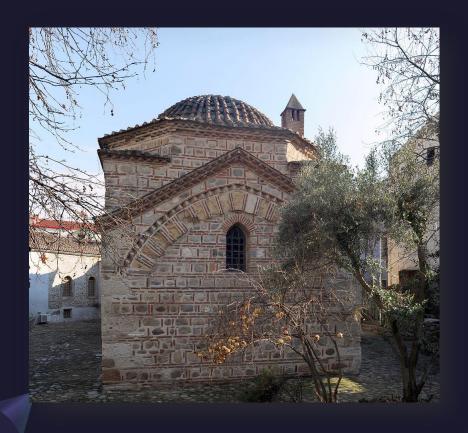
Greek Monuments



40 Gymnasio Komotinis, Komotini, Greece

greek Monuments





- Name: Imaret of Komotini
- Century: XIV AD
- **Style:** Islamic Architecture
- Typology: Mosque
- Town / village: Komotini, Thrace Greece
- Geographic coordinates: 41°7′9″N 25°24′8″E

References:

GREEK MONUMENTS



- Name: Ancient Greek Theatre of Maronia
- Century: IV BC
- Style: Of Hellenistic period
- **Typology:** Theatre
- Town / village: Maronia, Rodope, Thrace, Greece



References: https://www.wikidata.org/wiki/Q41074339

greek Monuments





- Name: Frourio (Castle) of Komotini
- Century: IV AD, by Theodosius
- **Style:** Byzantine period
- Typology: Fortification work
- Town / village: Komotini, Thrace Greece
- Geographic coordinates: 41°7′14″N 25°23′59″E

References: https://commons.wikimedia.org/wiki/File:20120718 Byzantine fortress frourio Komotini Thrace Greece.jpg

GREEK MONUMENTS





• Name: Church of Dormition of Theotokos

Century: XVIII AD

• **Style:** Byzantine

• **Typology:** Orthodox Church

• Town / village: Komotini, Thrace Greece

• Geographic coordinates: 41°7′12″N 25°24′2″E

Bulgaria



Greece



Czech Republic



Romania





Portuguese Monuments



Agrupamento de Escolas de Idães - Portugal 2018 - 2020



• Name: Church of Saint Vincent of Sousa

Century: XII-XIII

• **Style:** Romanesque

• **Typology:** Church

• Town / village: Sousa, Felgueiras

Geographic coordinates: 4

Photos by: Rota do Românico | António Cabral | R. Sousa Santos | Egídio Santos | João Lopes Cardoso



References - Romanesque Route - https://www.rotadoromanico.com/pt/



Name: Monastery of Saint Mary of Pombeiro

Century: XI

• **Style:** Romanesque

• **Typology:** Monastery

Town / village: Pombeiro Felgueiras

Geographic coordina

Photos by:

Rota do Românico | António Cabral | R. Sousa Santos | Egídio Santos | João Lopes Cardoso

References – Romanesque Route - https://www.rotadoromanico.com/pt/





- Name: Church of Saviour of Unhão
- Century:XII
- **Style:** Romanesque
- Typology: church
- Town / village: Unhão, Felgueiras

• Geographic coordinates: 41

Photos by:
Rota do Românico | António Cabral | R. Sousa Santos | Egídio Santos | João Lopes Cardoso

References - Romanesque Route - https://www.rotadoromanico.com/pt/





Name: Tower of Vilar

Century: XIV

• Style: Romanesque

• Typology: Tower

• Town / village: Torno, Lousada

Geographic coordina

Photos by:

Rota do Românico | António Cabral | R. Sousa Santos | Egídio Santos | João Lopes Cardoso

References – Romanesque Route - https://www.rotadoromanico.com/pt/





- Name: Church of Saint Mammes Of Vila Verde
- Century: XIII
- **Style:** Romanesque
- Typology: Church
- Town / village: Vila Verde, Felgueiras
- Geographic coordinates:

Photos by:
Rota do Românico | António Cabral | R. Sousa Santos | Egídio Santos | João Lopes
Cardoso

References – Romanesque Route - https://www.rotadoromanico.com/pt/









Romania







Istituto Comprensivo Camera, Sala Consilina - Italy
2018 - 2021





References: https://en.wikipedia.org/wiki/Certosa_di_Padula

- Name: San Lorenzo Charterhouse
- **Century:** XIV D.C.
- **Style:** Baroque
- Typology: Monastery
- Town / village: Padula (Salerno)
- Geographic coordinates: 40°20'08.8"N 15°39'07.6"E





• Name: Macchiaroli Castle

• Century: XI Century

• **Style:** Medieval

• Typology: Castle

• Town/Village: Teggiano

• **Geographic Coordinates:** 40°22,43.5"N15°32'15.9"E





- Name: Roman Ville
- Century: I
- Style: Ancient
- Typology: Ville
- Town/Village: Minori
- **Geographic Coordinates:** N40°39′00.14″ E14°37′35.62″

References: https://en.wikipedia.org/wiki/Villa_Romana, Minori

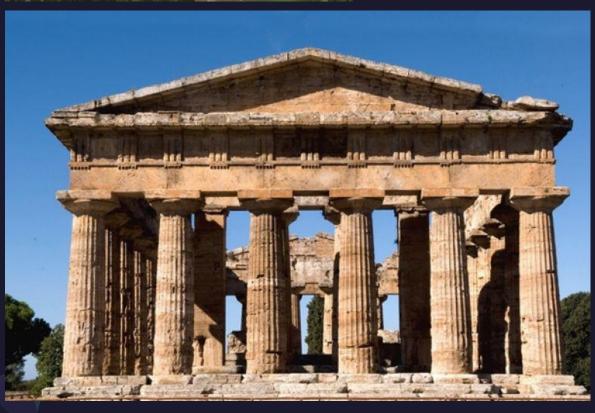




- Name: Baptistery of 'San Giovanni in Fonte'
- Century: III IV D.C.
- Style: Early Christian
- **Typology:** Baptistery
- Town / village: Sala Consilina / Padula (Salerno)
- **Geographic coordinates:** 40°21'13.6"N 15°38'07.5"E

<u>References: https://it.wikipedia.org/wiki/Battistero_di_San_Giovanni_in_Fonti</u>





- Name: Paestum Temples
- Century: VII B C.
- **Style:** Greecian and Roman
- Typology: Temple
- Town/Village: Paestum
- **Geographic Coordinates:** N40°25′12″ E15°00′20″

References: https://it.wikipedia.org/wiki/Paestum



ITALIAN MONUMENTS



• Name: SS. Annunziata Church

Century: XIV

• Style: Modern

• Typology: church

• Town/village: Sala Consilina

• Geograpich coordinates:40°23'54.7"N15°35'43.7"E



Italian Monuments



- Name: Convent of st. Anthony
- Century:XVI
- **Style:** Renaissance
- **Typology:** Convent
- Town/Village: Polla
- **Geographic Coordinates:** E 40°51'94.2'' N 15°50'05.8''



Italian Monuments



• Name: S. Michele Sanctuary

• Century: XVIII

• **Style:** Modern

• **Typhology:** Sanctuary

• Town/Village: Sala Consilina (Salerno)

• **Geographic Coordinates:** N 40° 13.936' E 15° 34.289'



Italian Monuments



• Name: San Leone IX

• Century: XII

• **Style:** Mediaval Style

• Typology: Church

• Town/Village: Sala Consilina

• **Geographic Coordinates:** E 15°36' N 40°24'

References:

https://www.google.com/url?sa=i&url=https%3A%2F%2Ffondoambiente.it%2Fluoghi%2Fchesa-di-san-leone-sala-

consilina%3Fldc&psig=AOvVaw1x1NMKLZPwCU9px4Meafqi&ust=1622278789958000&source =images&cd=vfe&ved=0CBAQtaYDahcKEwi44OLMgezwAhUAAAAAHQAAAAAQBg









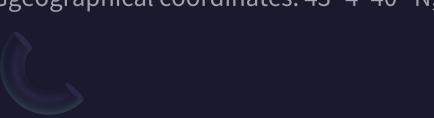


Bulgarian Monuments



Primary School Naiden Gerova, Burgas - Bulgaria

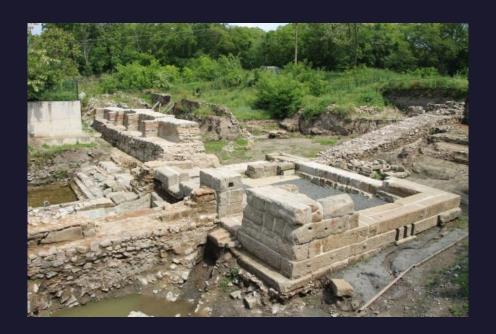
- Name: Tsarevets Fortress Wall
- Century: end of XII XIV century
- Style: Medieval; Byzantine
- Typology: fortress wall
- Location: Veliko Tarnovo, Bulgaria
- Ggeographical coordinates: 43° 4′ 40″ N, 25° 37′ 0″ E





References: https://vt-today.com/tsarevets-castlefortress-veliko-tarnovo/

- Name: Aquae Calidae
- Century: between the 6th and 5th millennium BC
- Style: ancient Greek;
 - **Ancient Roman**
- Typology: Roman Thermae
- Location:Burgas,Bulgaria
- Ggeographical coordinates: 42° 36′ 39.37″ N, 27° 23′ 35.61″ E



Name: The Balchik Palace

Century: the beginning of xx century

Style: Balcan and Oriental

Typology: Palace

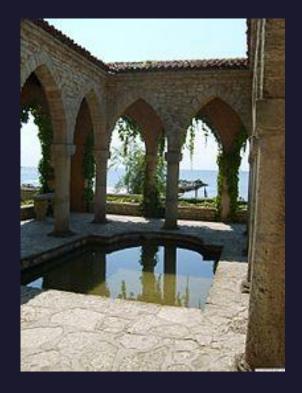
Location: Balchik, Bulgaria

Ggeographical coordinates:

43° 24′ 16″ N, 28° 8′ 49″ E







Name: The Church of St. Stephen

Century: XI-XIII century

Style: Byzantine

Typology: Orthodox church;Basilica

Location: Nessebar, Bulgaria

■ Ggeographical coordinates: 42° 39′ 28″ N, 27° 43′ 59″ E



References: https://en.wikipedia.org/wiki/Church_of_St_Stephen,_Nesebar

Bulgaria



Greece



Italy



Romania

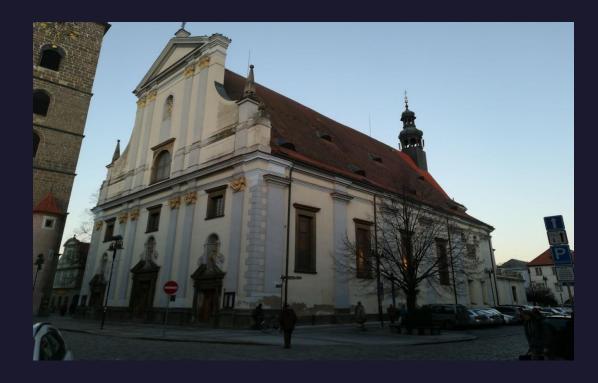


Portugal



Czech Monuments





https://en.wikipedia.org/wiki/Cathedral of St Nicholas, %C4%8Cesk%C3%A9 Bud%C4%9

Name: St. Nicholas Cathedral

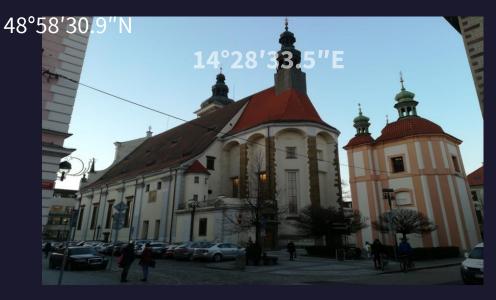
CENTURY: basedC- XIII.

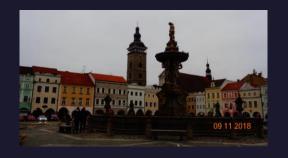
baroque converted – XVII.

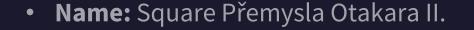
STYLE: Baroque

TOWN: České Budějovice

GEOGRAPHIC COORDINATES:



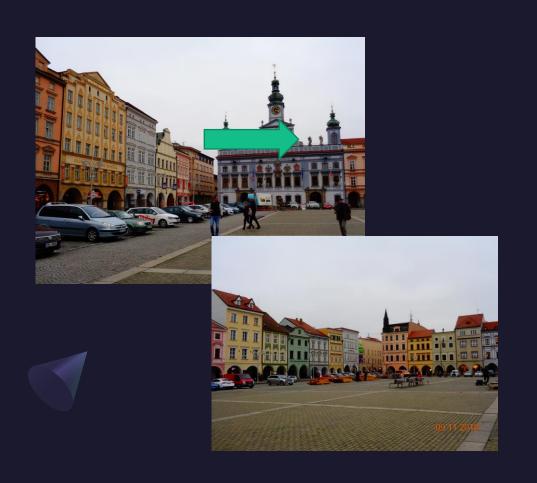




- **Century:** XIII. XIX.
- **Style:** Baroque, Renaissance, Gothic
- **Typology:** Square
- Town / village: České Budějovice
- Geographic coordinates: 48°58′28′′N/
 14°28′27′′O

References:

https://en.wikipedia.org/wiki/%C4%8Cesk%C3%A9_Bud%C4%9Bjovice#Architecture





Name: Erratic Boulder (Bludný kámen)

Century: XV

Style: -

Typology: object

Town / village: České Budějovice

Geographic coordinates: 48°58′28′′ N / 14°28′27′′ O



Name: The Black Tower

Century: XVI

• Style: Renessaince

Typology: Watchtower

• Town: České Budějovice

• **Geographic coordinates:** 48° 58′ 32″ N, 14° 28′ 32″ E

References: https://en.wikipedia.org/wiki/Black Tower

Bulgaria

Greece

Italy

Czech Republic

Portugal











Romanian Monuments



Bran castle - Dracula's Castle

► Century: 13th

▶Style: Gothic

▶Typology: Castle

▶Town/Village: Bran

▶ Geographic coordinates:

► Latitude: 45° 30′ 23.94″ N

Longitude: 25° 22′ 7.04″

References:

<u>https://en.wikipedia.org/wiki/Bran_Castle</u>



The Greek Church BRAILA

► Century: 19th

▶Style: Gothic

►Typology: Church

▶Town/Village: Braila

▶ Geographic coordinates:

▶45.2702° N, 27.9755° E







Century: 19th

Style: Neo-Renaissance

Typology: Castel

Town/Village: Sinaia

Geographic coordinates:

45.3600° N, 25.5426° E

PELES CASTLE

THE BLACK CHURCH

► Century: 15th

▶Style: Gothic

► Typology: Church

▶Town/Village: Brasov

▶ Geographic coordinates:

▶45.6409° N, 25.5878° E







References: https://en.wikipedia.org/wiki/Biserica Neagr%C4%83

Traditional Cookbook



ACHIEVE+

Around Cultural Heritage Investigate European Values with Erasmus+







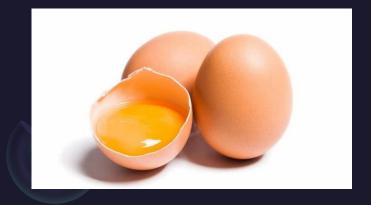
European Traditional Starters

Portuguese Traditional Starter



Pataniscas







ingredients:

- Shredded cod
- Eggs
- Onions
- Flour
- Parsley
- Olive oil



1- Cut parsley.



2- Chop the onions and placethem in a container along with the parsley.



3- Put the shredded cod in the container where the onion and parsley are.



4- Incorporate the eggs.



5- Add flour.



6- Add 5 tbsp of olive oil



- 7- Mix all the ingredients well.
- 8- Put oil in a pan and let heat a bit.
- 9 Put small portions of the mixture (equivalent to 1 coffee spoon) into the pan.
- 9- When "pataniscas" start to look golden, take them out of the pan.
- 10 -With the help of a fork, pull them out to a plate.
- 11- They can be eaten immediately!

Portuguese Traditional Starter-Pataniscas Video



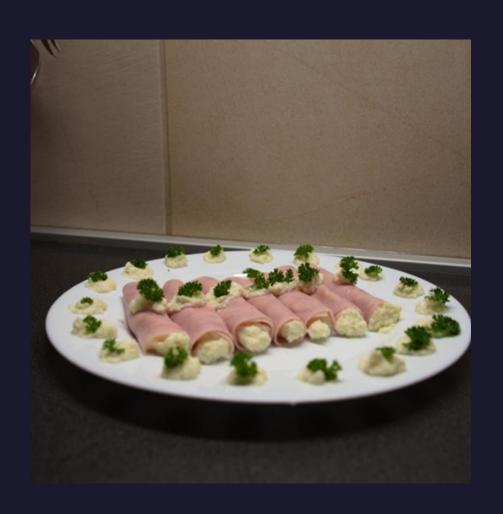


<u>Link:</u>
https://drive.google.com/file/d/1oQ9g5XTqUqFF_E6HEISvmUdG4N10MyHX/view?usp=sharing

Czech Traditional Starter



Horseradish rolls



Horseradish rolls

Ingredients

- One horseradish
- Salt
- Sugar
- 200 ml of cream
- 150 g of ham
- Green parsley

How to make

- Whip a cream in a bowl with a bit of sugar and salt.
- Peel the horseradish and grate it on small pieces.
- Mix grated horseradish with whipped cream.
- Make rolls from slices of ham and fill them with the mixture of cream with horse radish.
- You can decorate rolls with a green parsley.



Czech Traditional Starter - Horseradish rolls

Watch the 1st recipe on this video!!!





https://youtu.be/yr-i14kv1ql

Bulgarian Traditional Starter



SALADS
SHOPSKA SALATA/
SALAD IN SHOPSKY
STYLE



Salads Shopska SALATA/ SALAD IN SHOPSKY STYLE

Ingredients

- 4 tomatoes (chopped)
- 1 large cucumber (unpeeled and chopped)
- 4 green or red peppers (roasted or raw, chopped)
- 1 large yellow onion (chopped, or 6 green onions, sliced)
- 2 tablespoons fresh parsley (chopped)
- 1/2 cup sunflower oil
- 1/4 cup red wine vinegar
- Salt (to taste)
- Freshly ground black pepper (to taste)
- 1/2 cup Bulgarian white cheese (crumbled)

Steps to Make It

- 1. In a large bowl, place tomatoes, cucumber, peppers, onion and parsley, and toss.
- 2. Place oil, vinegar, salt, and pepper to taste in a screw-top jar. Cover and shake until well blended.
- 3. Toss dressing with vegetables, turn into a serving bowl, and refrigerate until ready to serve.
- 4. Top with crumbled cheese and portion on chilled plates. Serve with hearty bread and a glass of rakia. ☺

OUR MASTER CHEF Leyla









Bulgarian Traditional Starter - Salads Shopska SALATA/ SALAD IN SHOPSKY STYLE



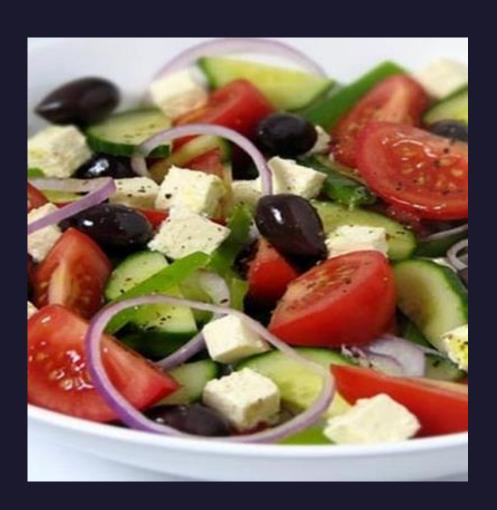


https://youtu.be/2HGiiyaPQok?t=184

Greek Traditional Starter



Greek Salad



Ingredients

- Cucumber
- Tomatoes
- Onion
- Green Pepper
- Greek Feta cheese
- olives
- Oregano
- Extra Virgin olive oil
- Salt

Preparation





First we cut the tomatoes, the cucumber, the onion and the green pepper

Aften mixing everything together, we add salt, extra virgin olive oil, oregano, olives, the green feta cheese and our salad is ready!

Bulgarian Traditional Starter



SIRENE PO SHOPSKI/ WHITE CHEESE IN SHOPSKY STYLE

SIRENE PO SHOPSKI/ WHITE CHEESE IN SHOPSKY STYLE

Ingredients

200 gr white cheese

2 eggs

2 chilies

2 tomatoes, sliced

2 roasted peppers, chopped a pinch of oregano and parsley





Preparation

Take two small pottery (earth ware) pots and put in each a layer of cheese, then a layer of peppers and tomatoes, then more cheese. Close the pots with the lids and bake for 20 minutes in 375F oven until the cheese on top is melted. Break an egg on top of each dish and cook for 5 minutes or until the egg is the consistency you like it.



Bulgarian Traditional Starter- SIRENE PO SHOPSKI/ WHITE CHEESE IN SHOPSKY STYLE





https://youtu.be/2HGiiyaPQok?t=274

Romanian Traditional

Starter



Stuffed peppers

Romanian Stuffed peppers







Ingredients:

- 6 peppers
- 500 g minced meat
- 1 onion
- 2 tablespoons of rice
- 2 large well-cooked tomatoes (or 1/2 can of minced tomatoes)
- 50 ml of oil
- pepper & salt
- green parsley









How to make

- 1. Wash the peppers and cut each cap .Remove the seeds from the inside.
- 2. Let the chopped onion simmer in oil for 2-3 minutes until the onion becomes glassy. Then add the rice and simmer for another 2 minutes. Allow the mixture to cool.
- 3. Now it is the time to preheat the oven to 190 degrees, to be warm for the peppers to be cooked in.
- 4. In a bowl put the minced meat and season it with salt and pepper.
- 5. Put the onion and the rice over the meat, add a little finely chopped green parsley and mix well the composition.
- 6. We fill the pepper, without pressing to allow the rice to swell. Above the filling we place a slice of tomato so the filling remain inside while cooking.

Romanian Traditional Starter **Stuffed peppers** - Video





https://youtu.be/kOJslPR-7X4

Greece Traditional Starter



Tzatziki

Ingredients

- Greek yoghurt
- Cucumber
- Extra Virgin olive oil
- Garlic
- Salt
- Vinegar



Preparation



First we cut the cucumber with the greater and push it so all the extra water will come off



Later on we chop the garlic.



We add salt, sinegar, extra virgin olive oil



And lastly we mix everything together and our tzatziki is ready to be eaten!

Greek Traditional Starter- Tzatziki Video





https://youtu.be/7L9Jh-Gs-9g

Italian Traditional Starter



FRIED RUOSP

Fried "Ruospi" (Frittes with anchovies)

INGREDIENTS

- 1k of flour
- 400g of water
- 200g of milk
- 2 sachets of brewer's yeast
- 20g of olive oil
- 10g of salt
- 10g of sugar
- a jar of anchovies





• With term 'Ruopsi' we indicate a dough fried with a shape of a ball, also called zeppole of grown pasta. Very tasty and fragrant, they are still found on the street in the Neapolitan alleys, fried and eaten at the time.

Video Recipe

Ruospi Fritti



PREPARATION AND INGREDIENTS

• MIX ALL THE INGREDIENTS EXCEPT FOR THE ANCHOVIES



• LET THE DOUGH REST



• ADD THE ANCHOVIES





FRY FOR A FEW SECONDS IN A PLENTY OF OIL

European Traditional Soups

Portuguese Traditional Soup



Cabbage soup

Ingredients:

- -500g of potatoes
- -400g cabbage cut into strips
- -1 onion
- -2 garlic cloves
- -2dl of olive oil
- -Salt
- -1 chorizo
- -2 liters of water







Preparation:

1. In a pan with 2 liters of water, place the potatoes, onion, garlic and half the olive oil. Season with salt. Let it cook for 30 minutes to get everything cooked wel

2. When everything is cooked, use the blender.Add the chopped cabbage.Let the cabbage boil for 15 minutes

3. Cut the chorizo into slices. Finally, add the remaining olive oil and chorizo. Let it boil.

And it's ready to be served.







Portuguese Traditional Soup - Caldo Verde Video





https://drive.google.com/file/d/1EyCLpEVIuN2FAGLgVSsYeADfYg0GAonb/view?usp=sharing



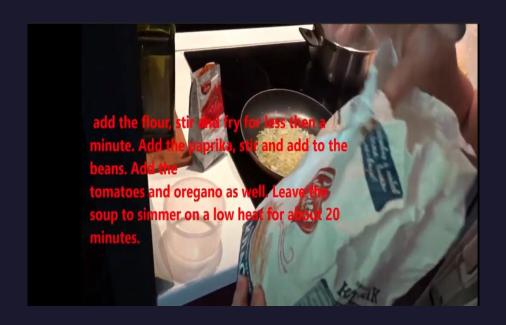
BOB CHORBA/WHITE BEANS SOUP

SOUPS BOB CHORBA/ WHITE BEANS SOUP

Ingredients

- 400 gr beans (white is possible haricot, fava, etc.)
- 2liter water
- 2 onions, chopped
- 2 tbsp oil
- 3 tbsp flour
- 1 tsp paprika
- 4 tomatoes (or a can of tomatoes)
- 1 tsp oregano (or dried mint)
- salt to taste





Preparation

- Soak the beans in the water overnight.
- Next morning drain off the water, add same amount and bring to boil. If you don't want to wait one day to get this done, you can simply boil the beans for an hour, then discard the water, add water again and bring to a boil again.
- Simmer gently for about an hour or until the beans soften. In a separate plan fry the onions in the oil until golden brown, add the flour, stir and fry for less then a minute.
- Add the paprika, stir and add to the beans. Add the tomatoes and oregano as well. Leave the soup to simmer on a low heat for about 20 minutes.

Bulgarian Traditional Soup- Bob chorba/ white Beans soup





https://youtu.be/2HGiiyaPQok

Czech Traditional Soup



Potato soup

Traditional potato soup



Ingredients

5 middle sized potatoes

1 carrot

One half of celery

1 parsley

1 onion

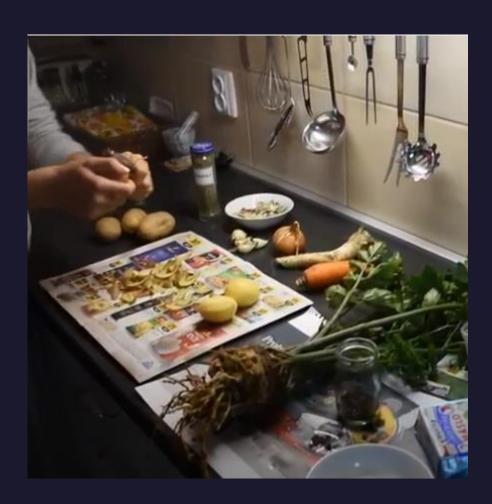
Dried MUSHROOMS 5 grains of black pepper

Two soup spoons of flour

Marjoram

Salt

Three soup spoons of butter



Preparation

- Wash and peel all vegetables.
- Cut potatoes, carrot, celery and parsley on cubes and onion on fine pieces. Water dried mushrooms in bowl and leave them in water for 30 minutes.
- Melt butter in a big pot and roast onion on it.
- When onion looks like glass, add flour and whisk it in butter with onion. Then put carrot, parsley, celery and potatoes into the pot.
- Pour cca 1 litter of water, all potatoes have to be under the water. Add grains of black pepper and boil it for about 25 minutes until the vegetables get soft.
- The spice up the soup with salt and marjoram by your taste.
- Add wet mushrooms into the soup and you can serve it.

Czech Traditional Soup - Potato soup

Watch the recipe on minute 2:03 from this video!!!





https://youtu.be/yr-i14kv1ql?t=123

Romanian Traditional

Soup



Chicken and dumpling soup





Chicken and dumpling soup

Chicken and dumpling soup

Ingredients

For the soup

- chicken stock
- 1 onion, diced
- 2 carrots, diced
- 1 small leek, sliced
- 1/2 swede, diced
- 1 garlic clove, crushed
- olive oil,
- fresh herbs



How to make

- Gently fry the onion in olive oil until translucent
- Add crushed garlic, followed by vegetables and cook for a five minutes
- Pour the chicken stock, bring soup to the boil, reduce the heat and simmer for 15 minutes or until
 the vegetables are cooked
- Meanwhile, mix all the ingredients for the dumplings. You will end up with sticky batter.
- Rinse a teaspoon under cold water. It will help the batter to come off the spoon more easily. Dip a
 teaspoon of batter into the pot with simmering soup and let it fall off the spoon. Repeat the process
 with the remaining batter.
- When the dumplings float to the top of the soup, simmer another minute until ready. Check seasoning with salt and pepper and serve sprinkled with herbs.

Chicken and dumpling soup - Video





https://youtu.be/SI_riF3kBW8

European Traditional Main course

Portuguese Traditional Main Course



Bacalhau à Brás

Recipe Ingredients:

- Shredded cod 700g
- Chopped onion 200g
- Chopped parsley (optional)
- Potato cut to squares 400g
- Olives 50g
- Olive oil 6 tablespoons
- Eggs 4
- Cloves of garlic 2

First Step:

- ➤ Pour 6 tablespoons of olive oil in the pan
- ➤ Add 300g of chopped onion and let the ingredientes brown for 5min







Second Step:

➤ Mix the shredded cod and 2 cloves of garlic

Cook for a few minutes











> Add the 4 eggs beaten and the parsley shopped



Fifth Step:

> Add some olives



Portuguese Traditional Main course- Bacalhau à Brás Video





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Bulgarian Traditional Main Course



PALNENI CHUSHKI / STUFFED PEPPERS

MAIN MEALS PALNENI CHUSHKI / STUFFED PEPPERS

Ingredients

- 6 green or red peppers
- 400 gr lb minced meat
- 1 cup white rice
- 2 tablespoons oil
- 1 tomato, peeled and minced
- 1 carrot, minced
- 1 onion, minced
- 1 teaspoon paprika
- 1 clove of garlic, minced
- 1 tablespoon of parsley, minced
- pinch of oregano, cumin, savory, black pepper





Preparation

• Fry the onion until golden in the oil, add the garlic, carrot, red pepper, oregano, cumin, savory, black pepper and the meat. In a separate pan, cook the rice in some oil for about 5 minutes, then add a cup of water and let it simmer until the rice absorbs it all. When ready add everything together. Add the tomato and stir well until well mixed. Take off the heat and use the mixture to stuff the peppers. Put the stuffed peppers in a casserole or a pot, fill with water just below the top of the peppers and bake/cook for about 30 minutes on 200 C.

Bulgarian Traditional Main Course - Palneni chushki / stuffed peppers





https://youtu.be/2HGiiyaPQok?t=374

Czech Traditional Main Course



Roasted sirloin with cream sauce and dumplings

Ingredients for sauce and meat

- 700 g of sirloin
- 100 g of bacon
- 2 carrots
- 2 parsleys
- 2 bay leaves
- 4 juniper berries
- 4 grains of allspice
- 5 grains of black pepper
- Salt
- 2 soup spoons of vinegar





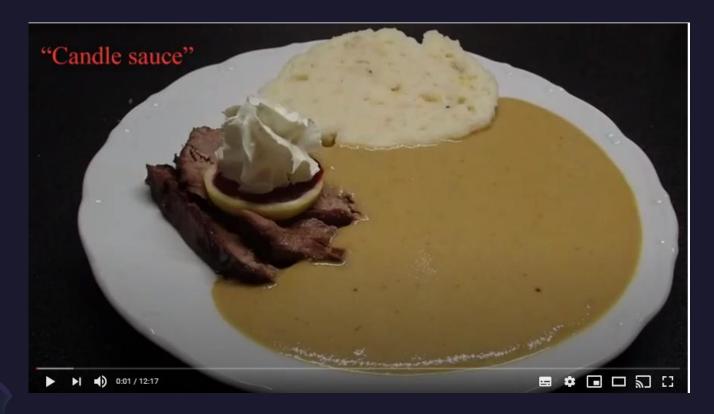


How to make

• Lard a sirloin by slices of bacon. Leave it in box in fridge with peeled and sliced vegetables, all species of spice, vinegar and a bit of water over one night. After that, quickly roast meat on a pan. Then bake meat and vegetables in a oven for 2,5 hour until meat gets soft. During baking sometimes pour a bit of water into the baking pan. Mix baked vegetables in kitchen robot onto paste. Warm the paste in a pot and add cream to make a cream sauce.

Czech Traditional Main Course-Roasted sirloin with cream sauce and dumplings

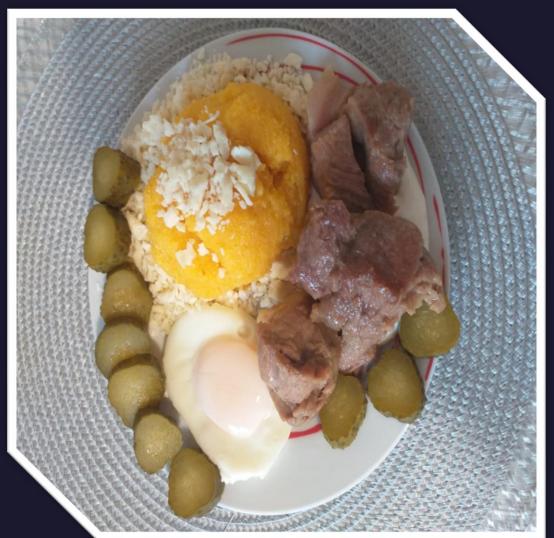
Watch the 1st recipe on this video!!!





https://youtu.be/EYqAsD94MJM

Romanian Traditional Main Course



Dracula's Tochitura - a pork stew.

Ingredients

- 500 g boneless pork meat smoked sausages
- 1 red bell pepper, finely chopped
 1 green bell pepper, finely chopped
 1 yellow onion, finely chopped
- 2 tomatoes, finely chopped
- 6 cloves of garlic, minced
- Salt &black pepper
- 5 tbsp of vegetable oil ME HOW
- 1/2 cup water













How to prepare

- Dice the pork meat and smoked sausages into 1inch pieces
- Add vegetable oil and 1/2 cup of water into a large saucepan
- Heat over medium temperature until oil is hot
- Add the pork, allowing meat to cook for approximately 1 hour
- Add all the vegetables and continue to cook, stirring occasionally
- Season with salt and black pepper

Serve Dracula's Tochitura with "Bulz" and polenta topped with a sunny-side up egg!

Bulz is a traditional Romanian meal made with polenta and cheese. In most cases, shepherds baked their bulz directly on open fire; it is shaped as polenta balls stuffed with sheep cheese.

These lumps of polenta with sheep cheese are also known as 'urs de mamaliga' (polenta bear) or 'gasca de mamaliga' (goose polenta).





The basic recipe is as following: prepare a medium-hard polenta made of:

- 3 cups of water;
- 1 cup of corn flour;
- A pinch of salt;
- Optional you can add some butter.
- In a large pot bring water to the boil, add a pinch of salt. Add slowly a handful of corn to the boiling water. Stir quickly to avoid lumps. Cook for 20 minutes, stirring constantly. Polenta will become very thick while cooking. It's ready when it comes off easily from the pot. Pour polenta and let it cool for a while.
- Next, we take a piece of polenta, the size of a fist, and give it a round shape (approximately the size of a medium apple). Then you fill the polenta balls with butter, chunks of sheep cheese (branza de burduf) or you can add small bits of ham, ensuring that the filling is completely enclosed. Place the balls in the oven or on a grill until it becomes crispy on the surface.

Romanian Traditional Main Course - **Dracula's Tochitura** - **a pork stew.**





https://youtu.be/M5TKYVGzCfs

Geek Traditional Main Course



Halva

INGREDIENTS

Pasta

3 1/2 cups uncooked tubed pasta (No 2, spaghetti-like, with a hole in the middle)

Salt

Greek extra virgin olive oil 3 tbsp grated Parmesan

White Bechamel sauce

1/3 cup + 2 tsp Greek extra virgin olive oil

2/3 cup all-purpose flour

1/2 tsp salt, more if you like

1/4 tsp ground nutmeg

4 cups warm milk

2 large eggs

Meat Sauce

- 3 tsp Greek extra virgin olive oil
- 1 large yellow onion, chopped
- 11/2 lb lean ground beef

3 garlic cloves, peeled and chopped

- Salt
- 1/2 cup red wine such as merlot
- 28 oz canned crushed tomatoes
- 2 dried bay leaves
- 3/4 tsp ground allspice
- 1/2 tsp ground cinnamon
- 1/4 tsp ground nutmeg
- pinch sugar

- 1. Preheat oven to 350 degrees F.
- 2. Cook the pasta al dente according to package instructions. Be sure to add salt and olive oil to the boiling water. Drain and transfer pasta to a baking pan. While still hot, drizzle pasta with a little more extra virgin olive oil and sprinkle grated Parmesan. Toss to combine. Set aside for now.



3-Make the meat sauce. In a large pan or skillet, heat olive oil over medium-high heat until shimmering. Brown onions until just golden, then add lean beef and garlic. Season with salt. Cook until meat is fully browned, tossing regularly and breaking up the meat with a wooden spoon (about 8 to 10 minutes). Carefully drain any excess liquid and return pan to heat. Add wine, crushed tomato, bay leaves, spices and a pinch of sugar. Mix to combine. Bring to boil for 5 minutes, then lower heat and let simmer for 10 to 15 minutes or so. Taste and adjust salt to your liking.



- 4. While the meat sauce is cooking, prepare the bechamel. In a large saucepan, heat the olive oil over medium-high heat until shimmering. Stir in the flour, salt and pepper. Cook until golden (if needed, add a little more olive oil). Gradually add the warm milk, continuously whisking. Continue cooking, stirring occasionally, over medium heat for 5 to 7 minutes, until smooth and thick. Add the nutmeg.
- 5. In a small bowl, whisk a small amount of the hot bechamel mixture with the 2 eggs. Then pour the mixture back to the pan with the remaining bechamel mixture. Continue to stir or whisk the mixture, bringing to a boil for just 2 more minutes. Taste and add salt and pepper accordingly. Remove from heat and allow to cool and thicken a little more (you should have a creamy, thick and smooth bechamel sauce).

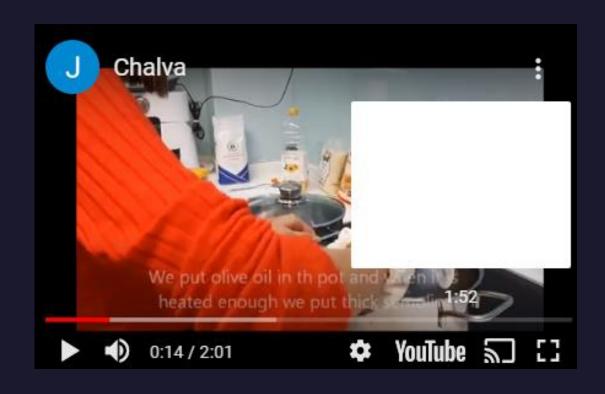


- 6. Top the cooked pasta with the meat sauce; smoothen with a wooden spoon to fully cover the pasta. Now top the meat sauce with the bechamel sauce. Smoothen with a wooden spoon to cover the meat sauce evenly.
- 7. Bake the pastitsio in 350 degrees F heated-oven for 1 hour until golden brown. Remove from heat and set aside for 10 minutes before serving. Cut into square pieces and serve.





Geek Traditional Main Course - Halva





https://youtu.be/dQhx6Z9h8 M



ITALIAN TRADITIONAL MAIN COURSE



- The eggplant arrived in Italy in the fifteenth century, when the Arabs brought it from India.
- The term 'parmigiana' derives instead from the Sicilian word "parmiciana", that is the set of wooden strips that form a shutter: their partially overlapping each other would recall the arrangement of fried aubergines in the preparation of this extraordinary dish.

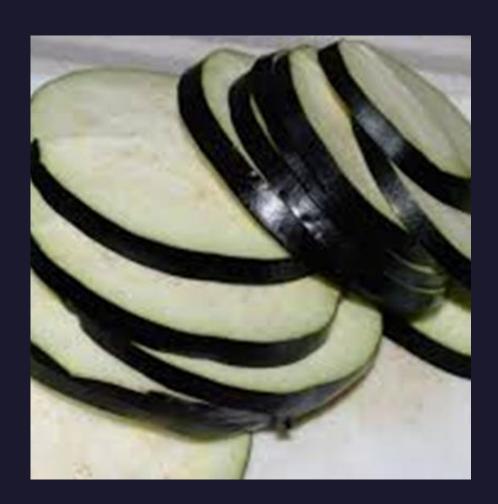
Video Recipe

https://youtu.be/6Vko0huyORs



INGREDIENTS:

- -1 kg of eggplants
- - 1,5 kg of tomato sauce
- -500g of mozzarella
- -Parmigiano cheese
- -Some basil
- -Oil
- -Some salami
- For frying: 1 litre of oil



PROCEDURE:

• Cut the eggplants in stripes, put them in a colander for about an hour with some salt and pressure. Rinse, dry, and fry them. Dry the eggplants on a paper towel.





...AFTER...

 Prepare the tomato sauce. In a pan sizzle the chopped onion with three tablespoons of oil. Add tomato sauce, basil, salt, and cook for 15-20 minutes. Cut mozzarella in stripes.
 Break the eggs, and beat with a pinch of the salt.

FINAL RESULT





PARMINAGIANA di MELENZANE (PARMIGIANA WITH EGGPLANTS):

1st Italian Traditional Main Course Parmigiana di melenzane





Video Recipe

https://youtu.be/6Vko0huyORs

Italian Traditional Main Course



FUSILL

WE'RE GOING TO PREPARE TOMATO SAUCE

INGREDIENTS: 6
PERSONS





METHOD

- Heat the oil in a large frying pan over medium heat. Add the onion and cook, uncovered, stirring often, for 3 minutes or until it softens slightly. Add the garlic and cook, stirring, for 1 minute or until aromatic.
- Remove the garlic and add the tomato souce.
- Cook for 30 minutes, or until the sauce has shrunk to the right point

WE'RE GOING TO PREPARE FUSILLI PASTA

INGREDIENTS:(6 PERSONS)

- 400gr. of flour
- 200gr. of water
- 1 pinch of salt
- 3 tablespoons of oil
- 2 eggs



Fusilli



In Southern Italy the culture for pasta has very ancient origins, even before the arrival of the tomato from the Americas, when macaroni were shared with a generous sprinkling of Cacio.



The oldest pasta format is certainly that of Spaghetti,



Beyond spaghetti, the Campania culture has a variety of pasta shapes that are the envy of the entire boot, such as Fusilli, a type of handmade pasta that has delighted young and old for centuries.



DOUGH

- Put the flour
- Add some water
- Add two eggs
- Add the oil



LET'S MAKE THEM

- On the work plan, pour the flour in the shape of a fountain, add a little salt and in the center add the water.
- Start to mix, put the oil and the eggs. Continue to mix.
- Let it rest for half an hour.

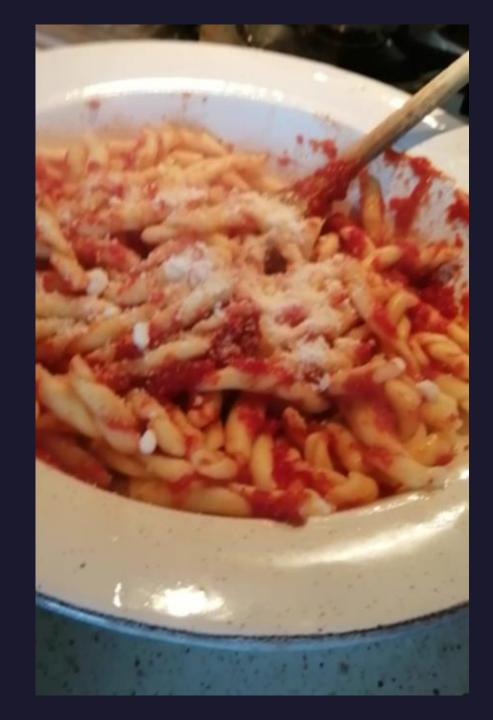
HERE YOU ARE...THE FUSILLI

• Take a piece of dough and roll it up on the pastry board until you get a long thread with a diameter of a few millimeters. Cut it into pieces about twenty centimeters long. Take a piece, flour it well and roll it around the "ferretto" and let it roll back and forth so that the dough flattens. Gently remove the "ferretto" and put the "fusillo" in a tray.



THIS IS THE FINAL RESULT

- Cook the pasta in a large saucepan of salted boiling water until "al dente".
- Add the tomato sauce and serve it.





FUSILLI WITH
TOMATO SAUCE
Enjoy!!!

Video Recipe

<u>Fusilli</u>

Italian Traditional Main Course Fusilli





https://youtu.be/Um6hNN4Zi3I

European Traditional Desserts

Portuguese Traditional Dessert



Ingredients:

- 1,5 liters of water
- 250 grams of aletria
- 150 grams of sugar
- 2 honey spoons
- 2 strips of lemon peel
- cinnamon powder to sprinkle over it

Preparation

- ☐ Put the water in the pan and boil it along with sugar, the lemon peel and honey.
- $oldsymbol{\square}$ Add the aletria and let it bake for about 20 minutes.
- ☐ Put the aletria on a dish.
- ☐ Remove the lemon peel.
- ☐ Decorate with cinnamon powder to taste.



Let it cool and just taste this delicious and very Portuguese dessert.

Portuguese Traditional dessert – Aletria Video





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Bulgarian Traditional Dessert



TIKVENIK/ SWEET PUMPKIN CAKE

DESSERTS TIKVENIK/ SWEET PUMPKIN CAKE

Ingredients

- •1 pie pumpkin, peeled and seeded, or 1 (1-pound) can pumpkin puree
- •4 ounces (1 stick) butter plus 1 cup (2 sticks) melted butter
- •1 cup sugar
- •1 cup chopped walnuts
- •1/2 teaspoon cinnamon
- •16 sheets filo dough, thawed



Steps to Make It

Grate pumpkin. Melt 4 ounces butter in large saucepan and add pumpkin and sugar, cooking until pumpkin is tender. Let cool and add walnuts and cinnamon.

If using canned pumpkin, transfer to a bowl and add sugar, walnuts, and cinnamon, mix well.

Heat oven to 400 degrees. Fold one sheet filo dough in half so it measures 12 inches by 8 inches. Brush lightly with melted butter.

Portion out a 1/2-inch strip of filling along either the 12-inch edge if you want an "S"-shaped scroll, or along the 8-inch edge for a cigar-shaped roll and 1/4 inch away from the edges. Fold up bottom edge first, then sides and then roll away from yourself until you have a tight cylinder. Brush lightly with more melted butter.

Repeat with remaining 15 sheets of filo dough. Shape long cylinders into "S" shapes or leave short cylinders as is and place them on a parchment-lined pan. Bake for 20 minutes or until golden brown and crispy. Serve warm or at room temperature.

OUR MASTER CHEF ANITA







Bulgarian Traditional Dessert - TIKVENIK/ SWEET PUMPKIN CAKE





https://youtu.be/2HGiiyaPQok?t=714

Czech Traditional Dessert



Pancakes with blackberries

Ingredients for dough

- 400 g of flour
- A pinch of sugar
- A pinch of salt
- 30 g of yeast
- Half litter of milk
- Two eggs
- Sunflower oil

Ingredients for blackberry sauce

- 200 g of blackberries
- A soup spoon of sugar
- Two tea spoons of starch



How to make

- Mix yeast, sugar and quarter of litter of milk in cup and leave it on warm place for 20 minutes.
- Warm the rest of milk in pot, then whip two eggs into it.
- Mix flour, salt and milk with eggs in a bowl and then add leaven.
- Warm a bit of oil on pan and bake small pancakes on it.

Warm blackberries with sugar in a small pot. When they get softer, add two tea spoons of starch powder to them and warm them for 3 minutes more.

You can serve pancakes with cinnamon sugar or jam too.



Czech Traditional Dessert - Pancakes with blackberries - Watch the vídeo from minute 7:03





https://youtu.be/EYqAsD94MJM



Easter and
Christmas Sweet
Bread
COZONAC

Ingredients

The dough:

- 1 cup milk
- 3/4 cup granulated sugar
- 3/4 cup butter 170 grams, cut up
- 720 grams bread flour 6 cups
- 21/4 teaspoon active dry yeast 8 grams
- 1 tablespoon orange zest grated
- 1 tablespoon lemon zest grated
- 3 eggs room temperature
- 2 teaspoons vanilla extract
- 1 tablespoon rum
- 1/2 teaspoon salt

Topping

1 egg lightly beaten2 tablespoons of sugar

The filling

- 1 cup milk
- 3/4 cup granulated sugar
- 200 grams walnuts or almonds finely ground, about 2 cups
- 1/4 cup rum
- 1 teaspo on orange extract
- 1 tablespoon orange zest
- 1/2 teaspoon ground espresso powder
- 1/4 cup cocoa dutch processed
- 1/2 teaspoon vanilla extract

How to make

- In a small saucepan over medium heat, whisk together the milk and sugar.
- Add the butter and stir until butter is almost melted. Remove from heat and set aside.
- In a large mixing bowl of stand mixture, with the paddle attachment, combine about 1½ cups of flour with the yeast.
- Add the milk mixture and combine on low speed for 2-3 minutes. Note: liquid ingredients should be lukewarm
- Allow the mixture to rest for a few minutes.
- In the meanwhile, grate the orange and lemon zest and set aside.
- With the mixer on low speed, add the eggs. Scrape down bowl and mix for about 1-2 minutes.
- Add the vanilla extract, rum and salt.
- Switch to dough hook.
- Add the rest of the flour and knead for a few minutes.
- Add the citrus zests and continue to knead for about 6-8 minutes or until dough is smooth and elastic.
- NOTE: If you find that the dough is still sticky, add a few more tablespoons of flour.
- Place the dough in a lightly greased bowl (with butter). Make sure to turn the dough over in order to completely
 coat the dough with the grease.
- Cover with plastic wrap.
- Allow to rise for about 2 hours or until double in size.
- In the meanwhile, prepare the filling.





The filling:

- Over medium heat, in a small saucepan, whisk together the milk and sugar.
- Add the almonds and stir until a paste-like consistency is reached. This should take about 15 minutes. Stir often.
- Add the rest of the ingredients and continue to stir until a paste like consistency is achieved.
- Set aside to cool.

How to make the cozonac:

- Preheat oven to 350° F. Place oven grate to bottom third. Line 2 (9 x 5 inch) loaf pans with parchment paper.
- Punch down the dough and divide into four equal parts.
- On a lightly floured wooden board, roll out each section into a large rectangle (about 11 x 14) and spread out the nut mixture to within 1/2 inch from the ends.
- Starting from the long end, roll the dough to form a log. Repeat with the rest of the dough and filling. Pinch the ends and the seams together.
- Twist two pieces of log together and place in prepared loaf pan.
- Brush the tops with a beaten egg and allow to double in size.
 This can take 45-60 minutes.
- Sprinkle a little sugar over the top and bake for about 45 minutes. Feel free to place a piece of aluminum foil loosely over the tops to prevent over browning.
- Allow to cool completely before slicing them.

Romanian Traditional Dessert - Easter and Christmas Sweet Bread COZONAC





https://youtu.be/LBHHpZ8dgKk



Greek pastitsio



Ingredients

- 2 cups of sugar
- 5 cups of water
- 8 cinnamon sticks
- 8 cloves
- 1 cup of olive oil
- 2 cups of semolina
- 1 cup of almonds

Instructions



In a pot, add the 5 cups of water, 2 cups of sugar, 8 cinnamon sticks, 8 cloves, and bring to boil for 5 minutes. Turn off the heat.



In a deep pot, on medium to high heat add the extra virgin olive oil and 2 cups of semolina. Constantly stir with a wooden spatula until the color changes from a golden blonde to a golden brown.

Instructions



Once the color changes add the 1 tablespoon ground cinnamon. Stir.



Very carefully, slowly add small amounts of the simple syrup to the semolina (the hot syrup will steam and splatter so be careful).



On a medium-low heat, continually stir until the mixture thickens. Add the almonds and stir.



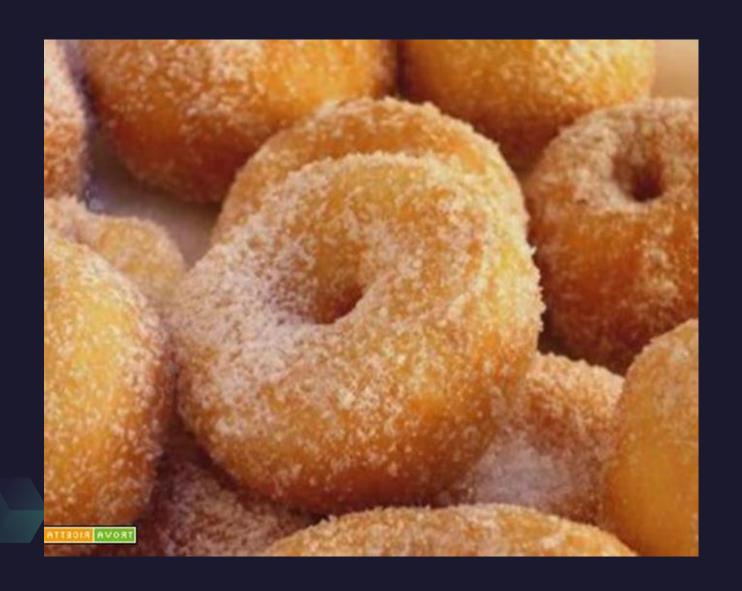
Transfer to a cake pan and let it cool. Turn over onto a cake platter and dust with cinnamon.

Greek Traditional Dessert- pastitsio





https://youtu.be/7icjdEPbefE



ITALIAN TRADITIONAL DESSERT

ZEPPOLE WITH POTATOES

ZEPPOLE WITH POTATOES

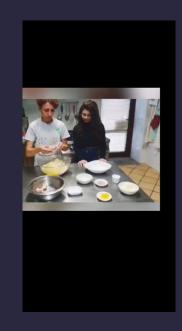


The zeppole are a typically southern dessert, but, due to their goodness, they are now widespread throughout Italy. They have a round shape, as the origin of the name indicates. This cake is originally linked to the day of the feast of St. Joseph, or Father's Day, but above all in central-northern Italy they are connected precisely to carnival.

INGREDIENTS:

- Video Recipe
- https://youtu.be/XXcRspnE6mM

- •500 grams of flour
- •500 grams of potatoes
- 2 tablespoon of granulated sugar
- orange pell or grated lemon
- •3 eggs
- half a cube of yeast
- •100 grams of soft
- **butter**
- •a cup of milk





PROCEDURE:

- Put the flour, sugar, yeast, eggs, milk, grated orange pell and potatoes in a bowl
- Knead the dough by hand until the dough is soft and elastic
- Then you have to take a part of the dough and create some cords that need to be twisted together
- The next step is to let the dough rise in the oven off and heat the oil.
- After this, the zeppole should de fried, coated in sugar and it is ready to eat





FINAL RESULT:

ITALIAN TRADITIONAL DESSERT-ZEPPOLE WITH POTATOES





Video Recipe

https://youtu.be/XXcRspnE6mM

HAVE A GOOD MEAL!!!!! BUON PRANZO!

ΚΑΛΌ ΓΕΎΜΑ!

ДОБЪР ОБЯД! PRÂNZ BUN!

BOM

ALMOÇO!

DOBRÝ OBĚD!



ACHIEVE+

Around Cultural Heritage Investigate European Values with Erasmus+

Achieve+ Book of Legends

"Around Cultural Heritage Investigate European Values with Erasmus+

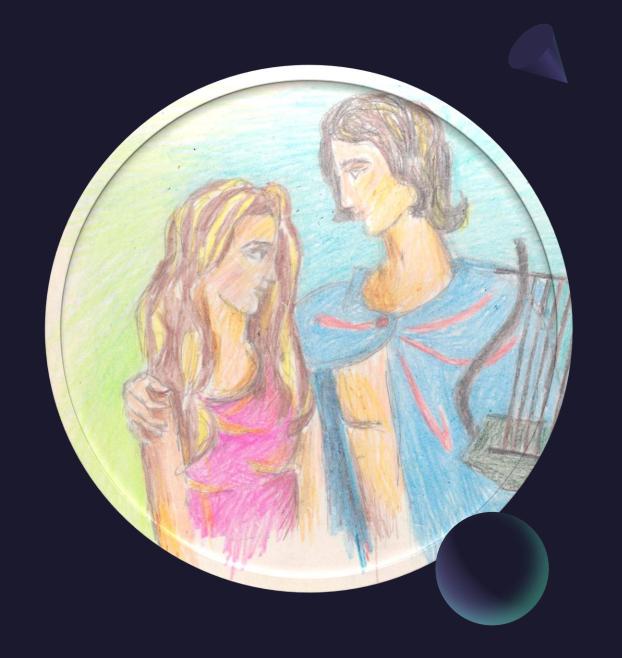


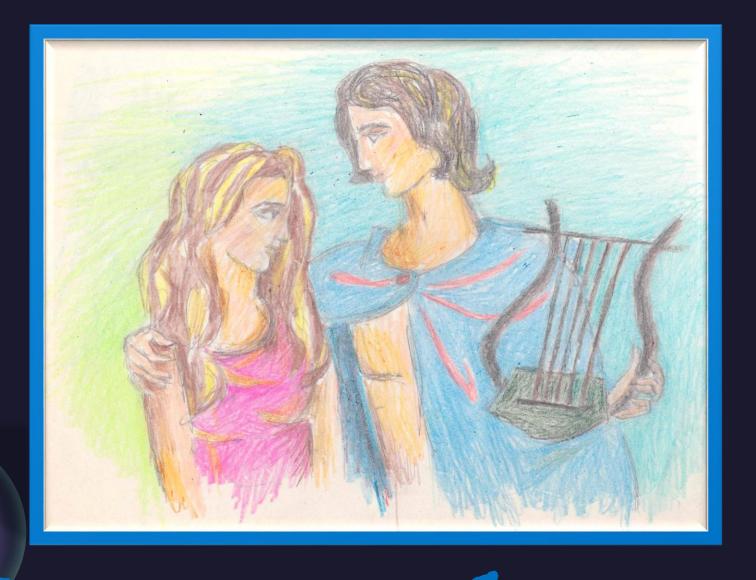




Orpheus and Eurydice

Greek Ancient Legend





Orpheus and Eurydice



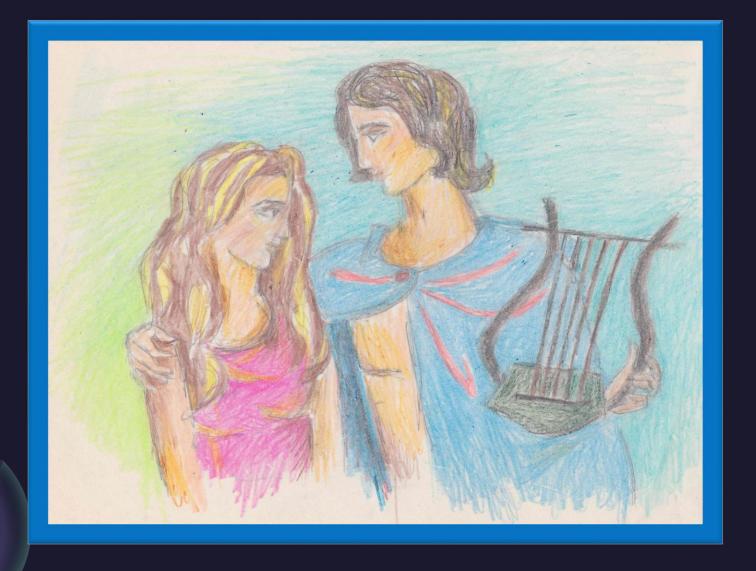
Orpheus was the son of Oeagrus, the king of Thrace, and he was a very gifted musician. He apprenticed with Apollo,

mastering the art of the lyre.

His beautiful melodies overwhelmed even the wildest animals of the forest.



He took part in the Argonauts campaign, fighting along Jason and other mythical heroes. He calmed down the dragon that guarded the Golden Fleece with the music of his lyre, making it possible for Jason to steal it. On the way back, he escaped the Argonauts from the Sirens and their trap. He played so loudly and harmoniously that he overcame the Sirens' singing in beauty, power and magic.



He used to walk in the forest where he met the nymph Eurydice, who he fell in love with and married.

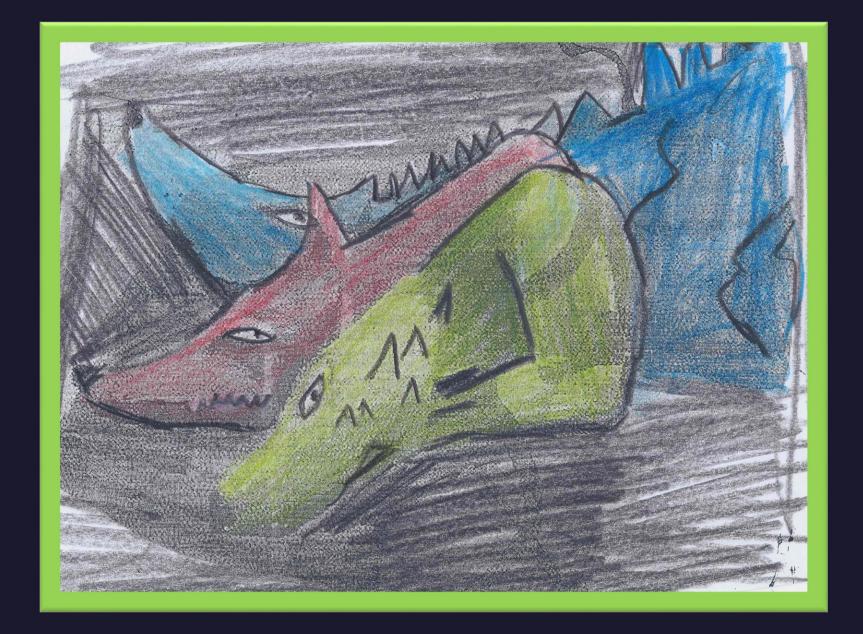


The couple lived happily, until the fierce warrior Aristaeus met Eurydice and fell in love with her. He chased her, trying to seduce her.

Eurydice managed to escape and started running towards the woods, but a snake bit her and she died, seaving Orpheus in deep sorrow. He sang, in his grief, and his songs cracked the stones of the earth. Unable to bear the pain, he decided to go down to Hades, the kingdom of Pluto, determined to find Eurydice again and either bring her back to the world of the living or stay down there with her forever.



With the help of god Hermes, he descended into the dark kingdom of Hades, and with the music of his Tyre soothed the threeheaded dog, Gerberus, the guardian of the souls, which fell asleep, allowing him to pass through the gates. The music was also heard by the souls of the dead, who gathered around him, almost forgetting, for a moment, the suffering of the underworld.



Plute gladly hosted Orpheus and his "divine" music in his palace. Hearing the pain in his melodies and watching the sorrow in his eyes, Pluto decided to let him leave with Eurydice. His permission, however, came with a strict term: On the way back to the upper world, Orpheus would have to walk ahead of Eurydice, who would be escorted by Mercury. Until they reached their destination, Orpheus would have to restrain from turning around to see Eurydice. Otherwise he would forever! *fose* her



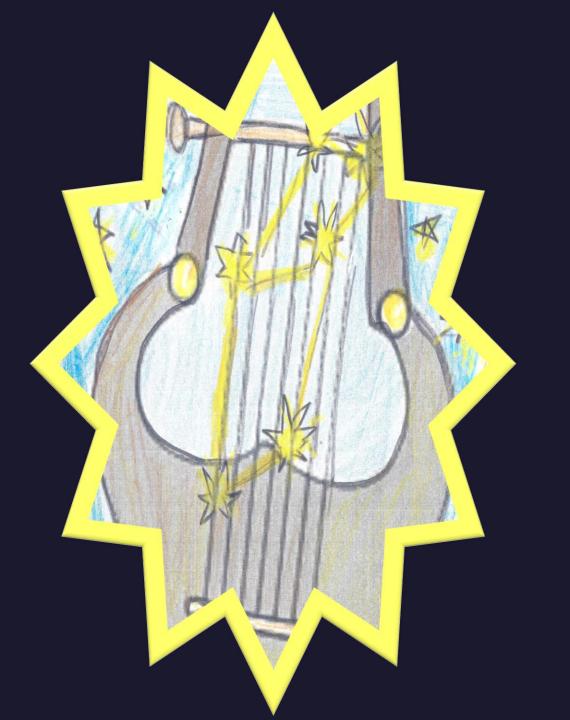
Orpheus gladly accepted Pluto's condition and with Mercury's escort, they began their journey back to earth. But when he reached the exit, Orpheus impatiently drawn by his love and longing to see Eurydice, turned back to look at her ... Suddenly, she was lost, returning to the dark palace of Hades and Orpheus was left on his own ... forever!



Orpheus was left forever alone and hopeless, knowing that he had lost his beloved due to his own fault. He wandered in the forest for the rest of his life playing sorrowful melodies. According to the legend, many nymphs tried to charm him, but Orpheus never wanted anyone else other than Eurydice. It is said that the Maenads, who were followers of God Dionysus, were angry at him because he despised and ignored them, whenever he met them in the forest. One day, they came up against him, raving in angry, they fell upon him and shred the unfortunate Orpheus. They threw the pieces of his body and his lyre into the river Evros.



The river brought his remains to the sea and the waves washed them out to the island Lemnos. There, the Muses gathered his pieces and buried them with reverence. The Syre was kept by the inhabitants of the island as an heirsoom.



Later, the gods took Orpheus' Syre and placed it among the other constellations, a monument in remembrance of Orpheus.

Khan Kubrat's Covenant: Unification Makes Strength.

Ancient Bulgarian Legend





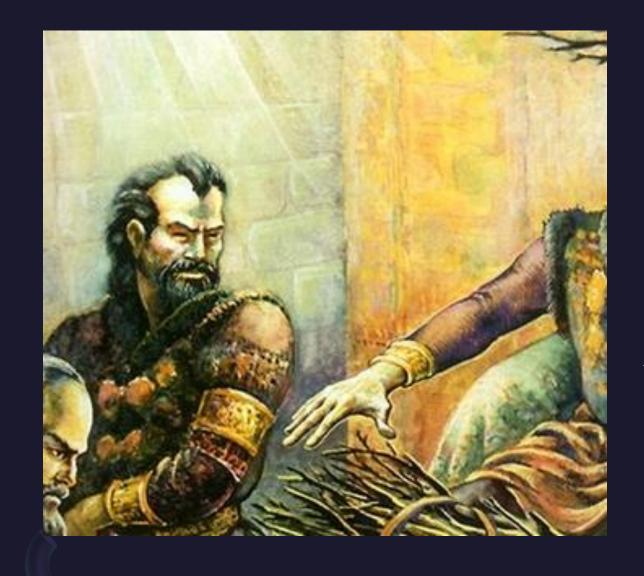


Kubrat is the ruler of the Dulo clan, leader of the Ungonduri tribe, uniting the Proto-Bulgarians north of the Caucasus and the Black Sea and creating a mighty tribal alliance called Old Greater Bulgaria, also known as Onoguria. About 632g. Khan Kubrat united the Proto-Bulgarians into a military-tribal alliance called Greater Bulgaria. It covers the steppes north of the Azov and Black Seas. The capital was the of Fanagoria. city

https://en.wikipedia.org/wiki/Kubrat

Khan Kubrat loved watching the night sky and reading the fate of people and peoples through the stars. One night, staring at the setting Pleiades, he saw his star go out, Kubrat thought, "Will my country die after my death, too?" Alzek - and told them: My sons, my earthly days are over. - Oleh, Dad, don't! Cried the youngest, Alzek. -What will we do without you? "I'll tell you now," Kubrat said. "Boyan, get her that wand. Bayan went and took his wand, which lay beside the hearth, where the sacred, extinguishing fire





"Ha, now try to break them all at once," Kubrat told him. Bayan was the oldest, the strongest of Kubrat's sons, so he was called Batbayan. He hit a bundle of sticks on his knee - they didn't break. Hit a second time - they didn't break again. The third time hit hard - the same.

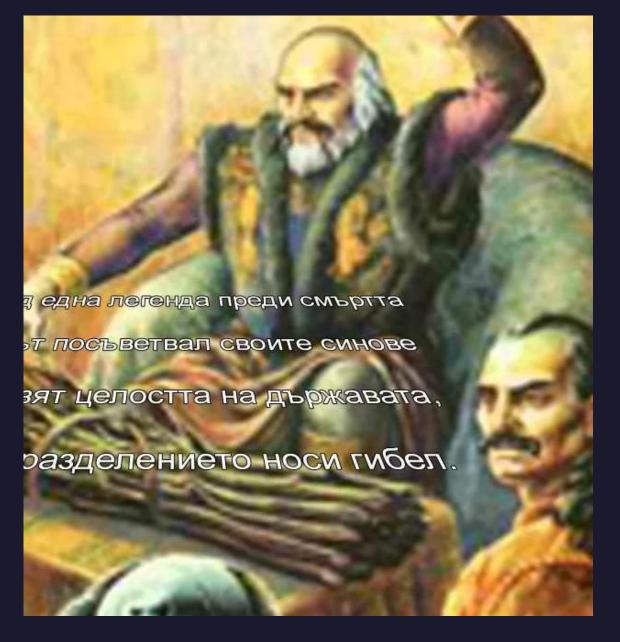
https://en.wikipedia.org/wiki/Kubrat



Passing his order, he took the sticks out one by one and easily broke them off one by one. "Well, Grandma knows!" His sons called out in one voice. "One by one, everyone can. "That's right," Kubrat said. "And if you split up after my death, one by one everyone will break you." If you are together like this stick, no one can beat you. Did you understand? - That's right, we got it! His five sons answered in one voice. "What did you understand?" - Unity makes strength. Hearing these kind words, the great Khan Kubrat smiled happily and breathed his last.

https://en.wikipedia.org/wiki/Kubrat

The covenant Khan Kubrat makes to the Bulgarian people is that while you are together and support yourself, you will be like this bundle of arrows, no one will be able to defeat you. If you part ways, become weak and be easily conquered by any enemy, know that strength is one of unity! ...



https://en.wikipedia.org/wiki/Kubrat

The legend of BABA Dochia and the return of Spring

Ancient Romania Legend



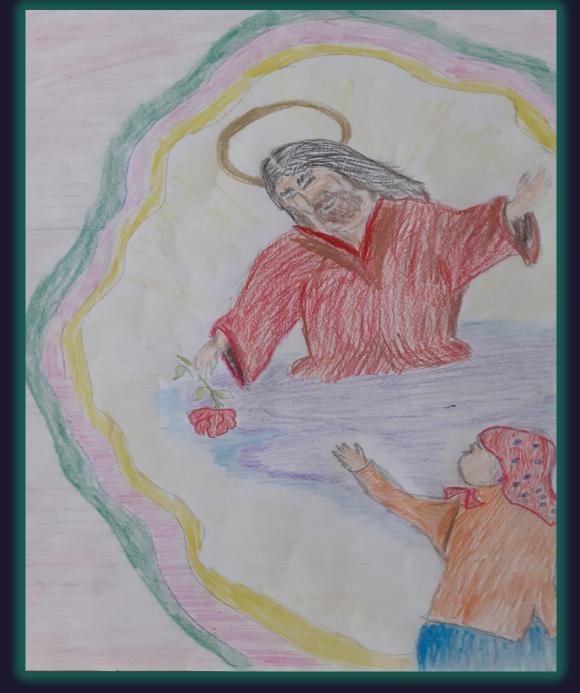
• Once upon a time, there was an old lady named Baba Dochia. She had a son, Dragobete, a very handsome and kind boy who fell in love with a girl. Their love was so powerful that they got married immediately and only after that they said the news to Baba Dochia.



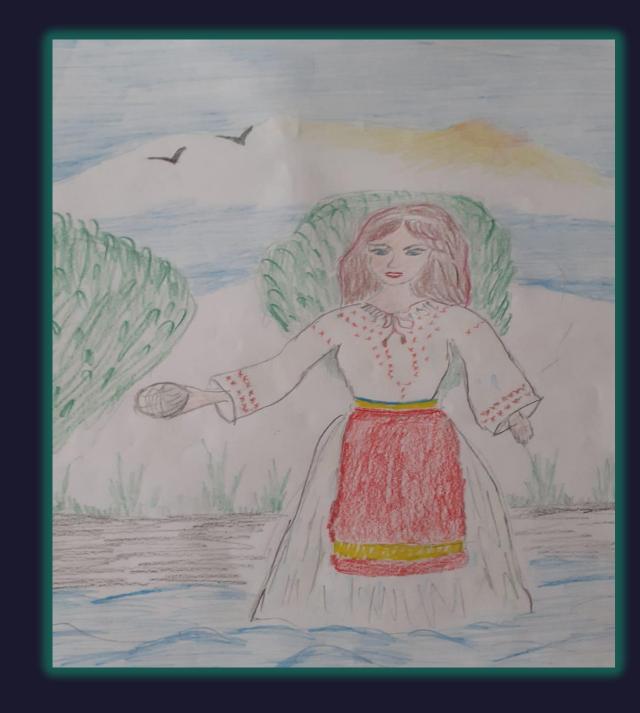
She got madly furious so she decided to teach a lesson to her new daughter-in-law. Thus, on a cold winter day, Baba Dochia gave the girl a ball of black wool and asked her to go to the river to wash the wool until turns white, threatening her not to dare to return until the job is done. The young girl realized that whithening the wool was an impossible task but she still went to the river, hoping for a miracle.



 Her love for Dragobete was truly sincere and the thought of never seeing him was unbearable so she consciously began to wash the wool in the frozen waters of the river. Her delicate hands rapidly began to bleed but the wool remained black. But suddenly, out of nowhere, a strange man, (some legends say Martisor, the messenger of Spring, other legends say Jesus Christ) touched by the girl's grief, came close to her and gave her a beautiful red flower saying that if she will put the flower into the water, the wool will turn white and that's exactly what happened.



The girl gladly returned home to her love but Baba Dochia, as expected, wasn't too happy about that. But when she saw the red flower pinned to the girl's blouse, Baba Dochia believed that spring had already come.



- So she hurried to take her sheep up in the mountains.
- She took twelve coats on her, but as she climbed the mountains, the weather began to be warmer and warmer and each day she got off one coat until the 12th day when she remained only in a blouse.



But in the evening, a cold wind started to blow as winter was still present. Then Baba Dochia, as well as all her sheep, got frozen and then, God knows what forces, turned them into stone.





THE END

by

Students:

Ancient Czech Legend



Horymir a Semik

Czech National Legends



A brave knight Horymír once ruled the castle "Neumětel" happily until a sudden incident happened



People were leaving the castle to work in mines and earn money by extracting gold and silver instead of harvesting wheat



When Horymir asked the duke Křesomysl to return farmers back to his castle, he declined and few of the farmers also set his castle on fire



As a revenge, Horymír locked up the mines with rocks, but unfortunately he had no idea what is going to happen next



Horymír got imprisoned for his action and before the execution, he was asked for his last wish



As Šemík heard that, he saw a wall and jumped over it while being chased by the guards



Unfortunately, Šemík was wounded, but he knew that he was brave and that he saved his friend Horymír



The end of the story is quite sad as Šemík died to his wounds, but luckily Horymír returned to his castle Neumětel and burried Šemík under a huge rock in front of Neumětel gates

The end!

Libuše

Czech National Legends

...once upon a time, there was wise princess Libuše who was watching over Czech land. A lot of countrymen came to her when they had an argument and she always resolved their conflict fairly.











found her husband. They got married and watched over Czech land together. No one has ever complained about justice again.

"The cherry tree that bloomed in May"

Ancient Portuguese Legend

Freely inspired by



Legend "The cherry tree that bloomed in May"

Freely inspired by

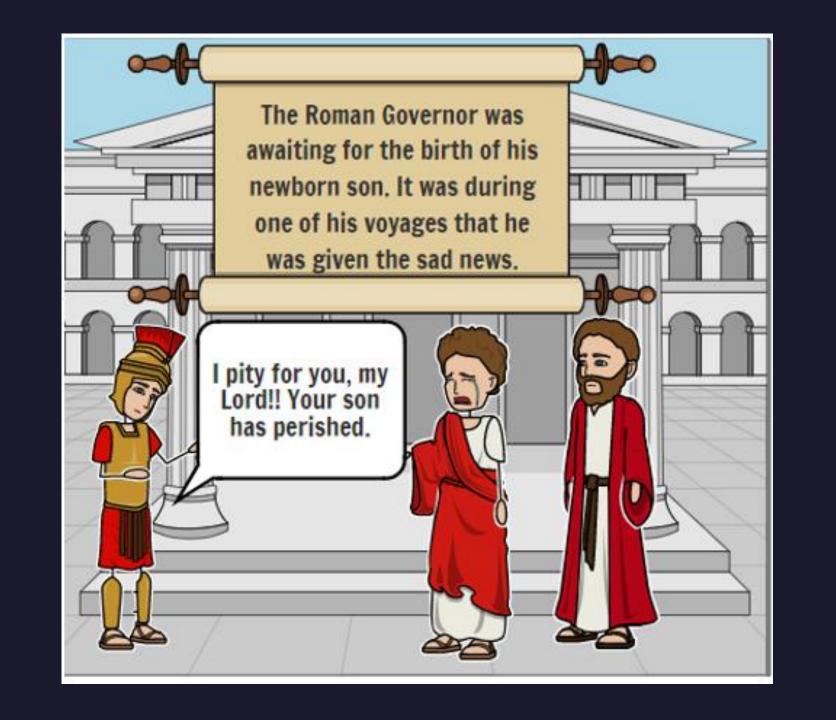




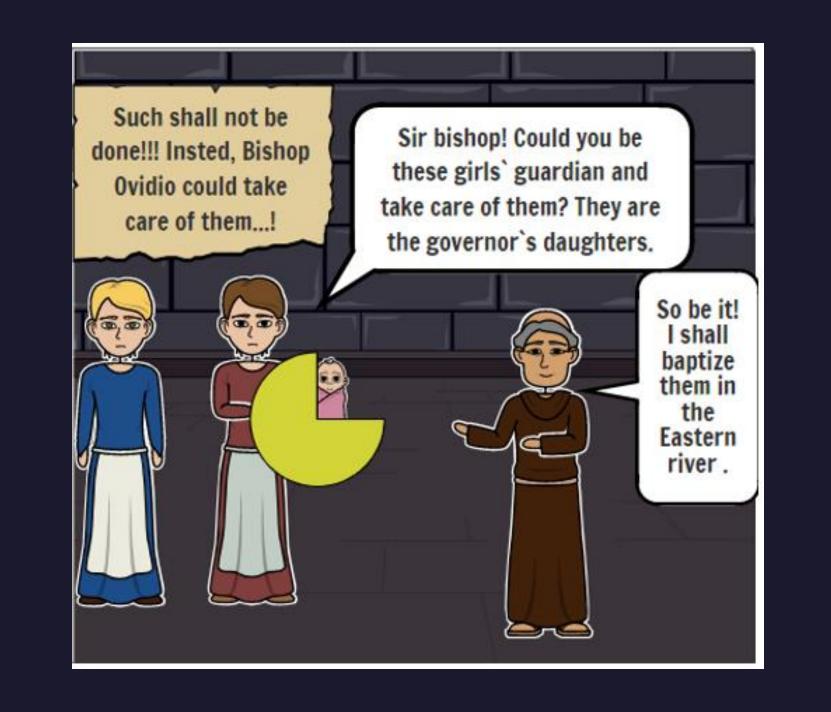


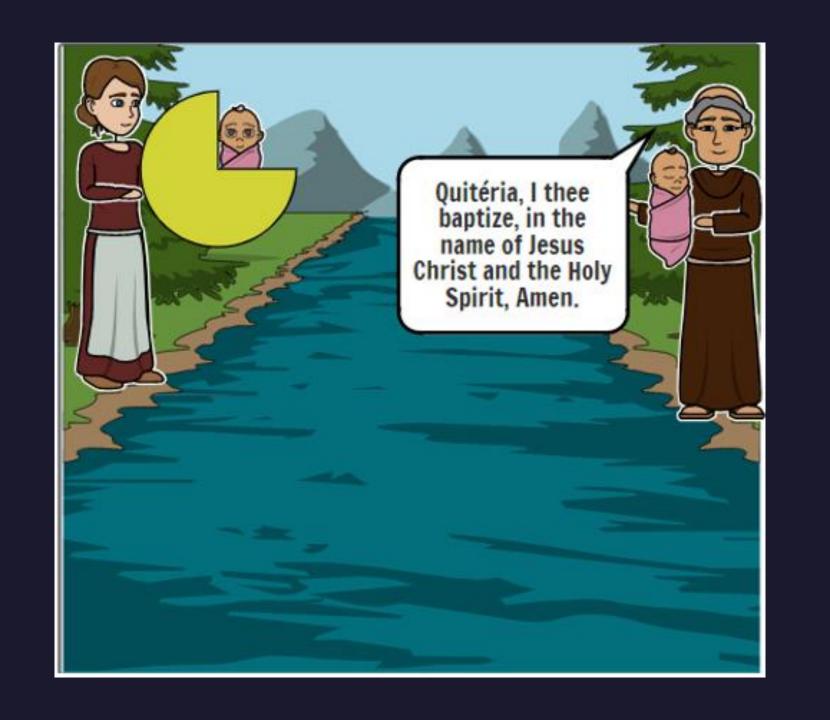


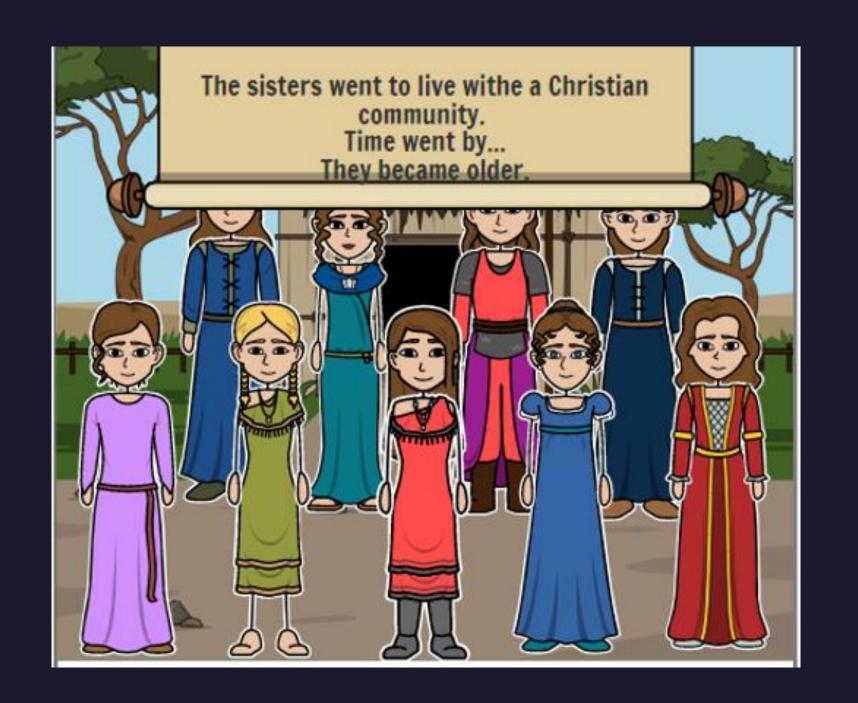


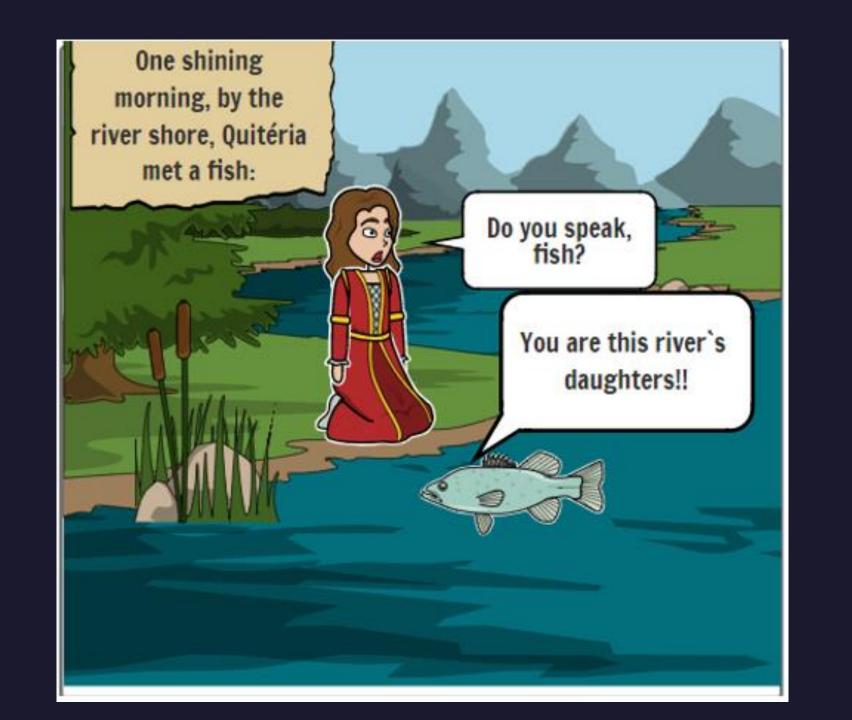








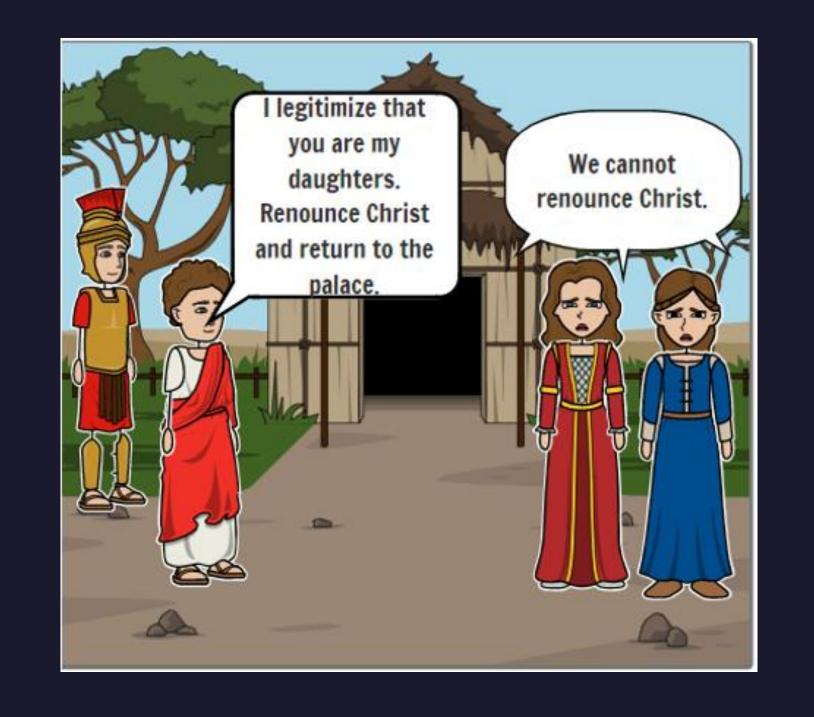


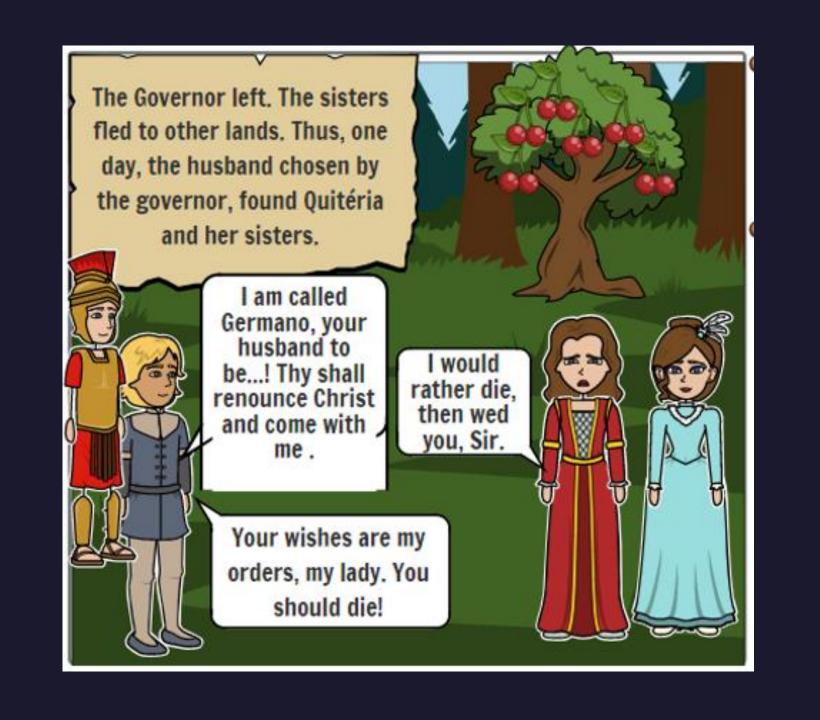












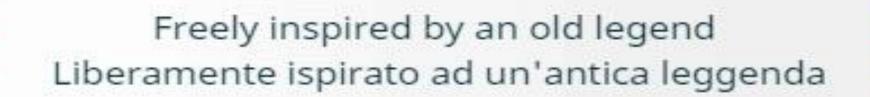


"The legend of Madonna and the Dragon

Ancient Italian Legend

Freely inspired by an old legend told by our grandparents





Erasmus Achieve+ IC Camera - Sala Consilina









An ancient medieval legend tells about a dragon that lived in the mountains of Sala Consilina. It was fierce and scary and all the inhabitants were afraid of it.



To get rid of the dragon and save the city, the inhabitants initially turned to a magician. Unfortunately, he replied that he could only bring the dragon into town with a spell, but it was up to them to kill it.



And when the hour was come, the inhabitants shut up their doors and windows, and hid themselves in their houses.





However, the magician was not so lucky because the dragon devoured him in no time.

Then the inhabitants turned to the Virgin Mary with prayers and supplications and saved their lives thanks to her help.



She brought the dragon in front of the Church of Saint Peter and, after a terrible fight, she killed it.



To commemorate this episode the inhabitants made a painting on the wall of a house near the church of San Pietro. Today this painting can still be admired.



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